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Warren Weekly

Your Hometown Newspaper

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Thought for the Week: Politeness and consideration for others is like investing pennies and getting dollars back. Thomas Sowell

CARNIVAL PLANNED

PROS (Parents Reaching Out at Salamonie) is hosting a Carnival at Salamonie School on Friday, March 7, 2014.

Food items will be sold in the cafeteria from 5:30 through 8 p.m. Carnival activities will begin at 6 and last until 8.

Presale tickets are available through the school at a price of \$1.00 for 5 tickets. Tickets can also be purchased at the door at \$1.00 for 4 tickets.

Tickets will be required to play all carnival games and to purchase food. There will also be many raffle items donated by area businesses that can be signed up for with tickets.

All money raised will directly support Salamonie School students and school activities.

Please come and enjoy the fun while supporting a great school! (In case of a school closing, the Carnival will be postponed until Friday, March 14.)

HCSC MAKE-UP SCHEDULE

The State of Indiana requires that students attend 180 Instructional Days per school year. Due to inclement weather, HCSC students have missed 13 days.

The Huntington County Community School Corporation School Board of Trustees approved a plan to make these days up according to the following schedule:

- 1 day will be made up by applying for the 1-day IDOE waiver
- 3 days will be made up through built-in snow days
- 1 day will be made up on Good Friday (this will be an early release day)
- 7 days will be made up by adding one (1) hour to the end of each school day beginning

March 3rd – May 7th

• 1 day will be made up by adding one (1) day to the end of the school year. The last student day will now be May 29, 2014.

*This schedule may be adjusted if additional days are missed.

CALICO SHOP

Wonder how many area shoppers are aware of the "one of a kind" gift shop nestled right here in town? The appealing gifts are not imported from factories in foreign countries but CREATED right here; no long drives, using costly fuel to shop. The selection is too lengthy to describe and has to be seen to be appreciated. There are even small pieces of furniture, yes, hand made and others made to order. The business hours are limited to 1 1/2 hours, during the week.

It is our treasured Calico Shop at Heritage Pointe, located on the first floor a short distance from either of the 2 front entrances. If you would like instructions, feel free to contact our Operator at 375-2201. When you shop here, you will learn of a wonderful advantage that you will learn when you come.

You will be so pleased...Lilly Nutter

BAKE SALE

Hungry? Don't miss this chance to buy your favorite goodies. This Saturday, March 1st, the Get Real Youth Ministries (G.R.Y.M.) is hosting its first bake sale at Heritage Point, 9am – noon. G.R.Y.M., the youth group from Dillman United Brethren Church is raising money for its summer mission trip to the Pine Ridge Indian Reservation in South Dakota. Please join us and help support this great cause.

SHROVE TUESDAY SUPPER

Warren United Church of Christ is having their Shrove Tuesday Pancake and Sausage Supper Tuesday, March 4th from 5-7 pm. Dinner will be located in our new Fellowship Hall (202 East Second Street). All are welcome to join us for pancakes, sausage, fruit and drinks as well as fellowship time with friends and family. This event is a Free Will Donation. Hope to see you there!

TENDERLOIN DINNER

On March 15 the Van Buren Lions Club will sponsor a tenderloin dinner and silent auction at the elementary school. It will be held from 4 to 7 p.m.

Proceeds will go to SwitchUp. Tickets are adults \$7.00 and children 5-10 \$4.00.

PROPERTY ASSESSMENTS

The assessment forms for Business & Farmers Personal Property are due to the County Assessor's Office on May 15, 2014, this includes Churches & Exempt Entities. The forms will not be mailed this year nor will any reminder cards be sent. The forms may be picked up in the County Assessor's Office Monday through Friday from 8-4:30. The blank forms can also be accessed from the county website www.huntington.in.us through the Assessor's page, or from the Department of Local Government Website www.in.gov/dlgf/4971.htm. All forms must be completed, signed, and mailed to the County Assessor's Office on or before May 15, 2014. No extensions will be granted. If you need assistance filling out these forms, someone from the County Assessor's Office will be available to help you. Questions,

please call 260-358-4800. Please note some changes have occurred at the Huntington County Courthouse since last year. The only door open to the public is located on the Jefferson Street side of the Court House, and upon entering the Court House you will be required to pass through a metal detector.

SCHOLARSHIP DEADLINE

The Huntington County Community Foundation reminds those students interested in obtaining scholarships to help with paying for post-secondary education beginning this fall that the deadline for applying is the close of business on Tuesday, 25 March 2014.

The entire application process for all HCCF named scholarships is available online at www.huntingtonccf.org. Only a single application is required regardless of the number of scholarships being applied for and the application is in the form of an interactive .pdf and may be completed online.

Please call our office at 356-8878 or stop by the HCCF office at 356 West Park Drive in Huntington if you need assistance or have any questions regarding the process.

HUNTER EDUCATION

A Hunter Education Course will be offered Monday, March 3, Wednesday, March 5, and Thursday, March 6, 5:30-9 PM at the Wells County Community Center at the 4-H Park in Bluffton.

The course will be taught by Indiana Conservation Officer Andrew Harmon; Certified Volunteer Instructors Rich Falk, Chris Pace, Tracy Myers, and Mike & Jodi Pinkerton.

Youth under age 16 must be accompanied by a guardian. Attendance at all three (3) classes is required for certification.

The course is free and is sponsored by the Indiana Department of Natural Resources.

To register for the class go to: www.inhea.com or www.register-ed.com/programs/indiana.

For information, call 824-0692.

\$550,000 CONTRIBUTED

Organizers of a proposed Huntington County Community Learning Center are nearing the midpoint in raising money for the \$1.3-million project.

The public-private sector project would be in an existing Huntington County Community School Corp. building at 2201 N. Jefferson St. in Huntington. That building would be expanded from 18,000 square feet to 24,000 square feet as part of the project.

Envisioned is a self-sustaining center for high school students and adults that would provide skills training and education for a number of in-demand occupations, including precision machining, certified welding, certified nursing assistants, EMTs, and information technology. Some college-level coursework would also be provided.

The project, organizers said, would address a number of regional goals outlined in Vision 2020 and the Big Goal Collaborative. The goal of the latter is to increase from roughly 35 percent to 60 percent the number of northeast Indiana adults with high-quality degrees and credentials by 2025.

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WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at the Warren Market, Huggy Bear Ice Cream, Dollar General and next to the Post Office in downtown Warren. The Warren Weekly is also available in a few businesses in Van Buren. Total circulation is 3000.

It is sent anywhere in the Continental United States for three (3) months for \$12, six (6) months for \$24 or \$48 for one year. Email subscriptions are \$24 per year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at Town Hall in Warren, mail to PO Box 695, Warren, fax to 260.247.2426 or email to wwky@citiznet.com.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

The publisher takes no responsibility for statements or claims made in any advertisement.

KUDOS, KICKS & KARATS

It Was a "Sock Hop"!!!!

"Historic Warren" hosted its first Sock Hop at the old Warren High School (KBC) on Saturday, February 22, 2014. Over 150 people attended this family friendly event full of all types of fun activities, including a Dessert and Sweets auction with Jody Holloway volunteering his time as auctioneer. For three hours, Mark Vickrey helped us reminisce back into the 1950's. Dancing with the help of Amy Vance and Chrissie Ford Linker, 50's crooner Tanner Crawford, and great contests for all ages were other events.

There were 40 plus auction items that went to the highest bidder; all proceeds will go to the general fund of Historic Warren to defray costs of the event and for its beautification efforts of Historic Warren.

This event was made possible through the amazing efforts of over 25 volunteers and those individuals and businesses that donated wonderful sweets. If you would like to see pictures (photographer Sarah Clark) of the event, please look on Historic Warren's Face Book page. Also, if you would like to volunteer for upcoming events or attend a meeting (held the first Monday of each month at 6:30p.m. at the Cove at Heritage Pointe), contact Danielle Shaw at PNC Bank at 269.375-2130.

Thank you to everyone!!!!!!!!!!!!

Historic Warren's Promotion Committee



THE UPTOWN GARDENER

by Ruth Herring

It was almost spring for a few days, I think all of us really needed that boost of encouragement. Best part I have had robins in the yard I counted about 20 of them and they seem to be coming back each day. It is almost like welcoming back an old friend. It is nice to see the good earth again and I'm sure we will have more of that nasty old white stuff , but lets all look forward to sunny days and longer daylight time.

I am getting ready to start a few seeds for some summer flowers and do some repotting of few plants I held over the winter. Always still anxious to get my hands in the dirt.

It was always this time of year my dad did some serious planning for the garden and most time I was sitting at the old kitchen table thinking I was playing a big part of deciding what brand names we would choose. I realize now he already knew what he needed to order, for the most part it was the same every year. Mom always tried to make the final decision on it all, but dad had a slick way of very casually not paying much attention to her. At our house the rule of the land was dad planted and kept the garden weeded, we kids also helped and did the picking and harvesting to bring in the produce to the house and mom prepared it for meals and canning for the winter food supply. That was how the law was at our house.

One of the fun things at the beginning of the garden season was we always raked the garden clean along with all the limbs and any winter accumulation we would build a fire and have a hot dog roast , us kids really looked forward to that and mom made some special

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<p>Zoller Construction</p> <p>Owner: Larry Highley 375-3477 or 260/359-2331 Pole Barns, New Homes, Remodeling, Garages, Siding, Windows & Roofing</p>	<p>D & D BIKE Over 200 in Stock Phone 375-3828 or 1-800-356-4440 Downtown Warren</p>	<p>HEYDE OIL INC. d/b/a Huggy Bear Ice Cream Stop and Huggy Bear Motel</p>
<p> CITIZENS TELEPHONE CORPORATION 375-2111 "Your Hometown Connection Partner"</p>	<p> P O Box 326 801 Htgn Ave Warren, IN 46792 UMMH.org 260-375-2201</p>	<p>This Space Available Call the Warren Weekly for more info</p>

<p>ASBURY CHAPEL UNITED METHODIST 8013W 1100S - 90, Montpelier Phillip Freel Jr, Pastor Worship 9:30 a.m. Sunday School 10:30 a.m. Wed Carry-in & Fellowship ... 6:30 p.m.</p>	<p>HILLCREST CHURCH OF THE NAZARENE 375-2510 Rev Mark Davis Bus Service 375-2510 www.hillcrestnazchurch.org Sunday School 9:30 a.m. Worship 10:30 a.m. Evening Worship 6:00 p.m. Youth Group (Wed)..... 6:00 p.m. Wed. Midweek Service..... 6:30 p.m.</p>	<p>SALAMONIE CHURCH OF BRETHREN 468-2412 Mel Zumbrun, Pastor Worship 9:30 a.m. Church School 10:45 a.m.</p>
<p>BANQUO CHRISTIAN CHURCH 8294S 900W 35 Brad Kelly, Pastor Sunday School 9:30 a.m. Worship 10:30 a.m. Wed. Bible Study 6:30 p.m. Thurs. Kings Kids 6:30 p.m. BYG Youth Svc. (2&4Sun.) 6:00 p.m. CWF Ladies (3 Tue) 6:00 p.m.</p>	<p>SOLID ROCK UNITED METHODIST 485 Bennett Dr, Warren, IN 375-3873 Kathy Newton, Pastor Sunday School 9:00 a.m. Worship Service 10:00 a.m.</p>	<p>UNITED CHURCH OF CHRIST 375-2102 Pastor Scott Nedberg Youth Pastor - Rev Harold Smith Jr Sunday Worship 9:30 a.m. Contemporary Service - Wed 6:30 p.m. Junior Church 10:00 a.m. Sunday School 10:30 a.m. Youth Meetings-Wed 6:30 p.m.</p>
<p>BOEHMER UNITED METHODIST Rev. Barry Humble, Pastor Denise Heininger, S.S. Supt. Sunday Worship 9:30 a.m. Sunday School 10:45 a.m.</p>	<p>LANCASTER WESLEYAN 468-2411 Doug Sharrard, Pastor David Thrift, S.S. Supt. Sunday School 9:30 a.m. Worship 10:30 a.m. Wednesday: CYC/Teen/Adult Meetings 7:00 p.m.</p>	<p>VB CHURCH OF THE NAZARENE 765/934-3321 Parsonage Jeff Wass, Pastor Sunday School 9:30 a.m. Adult Worship 10:30 a.m. Children's Church 10:30 a.m. Evening Praise Hour 6:00 p.m. Hour of Power (Wed) 7:00 p.m.</p>
<p>CENTRAL CHRISTIAN CHURCH Van Buren, Indiana 765-934-2199 Pastor - Heath Jones Youth Leaders - Kelly Jones Worship 9:30 a.m. Sunday School 10:40 a.m. Adult Bible Study Sun 6:30p.m. Youth Group Sun 6:00p.m. Handicap Accessible Little Panther Preschool 765.934.2099</p>	<p>LIBERTY CENTER UNITED METHODIST CHURCH Pastor Chad Yoder Morning Worship 9:30 a.m. Sunday School 10:45 a.m.</p>	<p>VB UNITED METHODIST CHURCH 765-934-1431 Pastor Leon Pomeroy Worship Service 9:30 a.m. Sunday School 10:30 a.m. Not Home Alone - Wed 2:30 p.m. Prayer-Bible Study (Thur)..... 7:00 p.m. UMW 2nd Wed 7:00 p.m. Little Ones Book Club 1st Tue ... 10:00 a.m. Just Older Youth 3rd Tue 12:00 p.m.</p>
<p>HEALING WATERS MINISTRY - MAJENICA Pastor Wayne Couch 260/224-3376 Sunday Prayer 9:15 a.m. Sunday School 9:30 a.m. Worship Service 10:30 a.m. Wednesday Bible Study 7:00 p.m.</p>	<p>MCNATT UNITED METHODIST 375-4359 Bill VanHaften, Pastor Lois Slusher, Supt. Coffee Fellowship..... 8:30 a.m. Worship 9:15 a.m. Sunday School 10:30 a.m. Bible Study - Wed. 7:00 p.m.</p>	<p>WARREN CHURCH OF CHRIST 375-3022 Ethan T Stivers, Minister Ben Renkenberger, Youth Minister Tara Bower and Melinda Haynes - Secretaries www.warrenchurchofchrist.org Fellowship 9:15 a.m. Worship & Communion 9:30 a.m. Sunday School 11 to 11:40 a.m. Youth: (Start back up in the fall) K-5th grade, Mon 6-7pm Jr/Sr Hi, Sunday 6-7:30pm</p>

Please Attend the Church of Your Choice

AREA NEWS

MORE PAGE 1

"We envision a one-stop planned center for everyone to come together to receive postsecondary instruction," said John Niederman, president of Pathfinder Services Inc. and a member of the project's planning team. "We want to brand ourselves as a lifelong learning community."

Niederman said people throughout northeast Indiana would have access to the center, although he said ideally some might ultimately choose to live and work in Huntington County. "We want to reverse a trend of a declining 18-and-under population and a declining 18-to-44 population," he said. "The birth rate is not keeping up with the migration rate and we want to give people the best opportunity to gain skills and be employed and live here."

WELLS CATTLE ID

The Wells County 4-H Beef and Dairy Beef Identification Day will be held Saturday, March 1, 2014, 9 AM - 11 AM. The event will take place at the Wells County 4-H Park Multi-Purpose Arena located behind the Horse Barn.

All beef steers, dairy beef steers, and market heifers must be ear tagged and weighed to be eligible to show at the 2014 Wells County 4-H Fair, July 19-24.

Commercial heifers (non-registered) will also be ear tagged so they may be exhibited.

Registered heifers will be ear tagged and they will also need a tattoo.

Two ear tags will be used this year. One will be a county tag specific for Wells County and the other will be a RFID (Radio Frequency Identification) tag provided by the state. These tags can be read at livestock shows with a scanner at a distance of 1-4 feet.

Official livestock enrollment forms will be available at the ID Day and must be completed there or turned in to the Extension Office by March 17, 2014.

Members who participated in the Dairy Feeder Steer Calf project last year are also encouraged to enroll their animals in the Dairy Beef Project. These animals will exhibit in a separate show at the 4-H Fair.

Market animals will also be weighed for the Rate of Gain Contest. In 2013 Colt Rinkenberger exhibited the Champion Rate of Gain animal with ADG (Average Daily Gain) of 3.31 lbs. Reserve Champion was exhibited by Knute Ripperger with an ADG of 3.09 lbs.

Youth may also enter a calf in the Beef Starter Class. This special class is for beef calves born after January 1 and up until June 1, 2014.

This year's 4-H Fair will be held July 19-24 at the 4-H Park in Bluffton.

For more information about 4-H or the 4-H Beef/Dairy Beef Projects, contact the Wells County Office of the Purdue Cooperative Extension Service, 1240 4-H Park Road, Bluffton, 260-824-6412, or Beef Superintendent Mike Piquene, 260-375-3373 or Dairy Beef Superintendent Karl Steiner, 260-346-2366.

RABBIT WORKSHOP

Wells County 4-H will hold a 4-H Rabbit Project Workshop on Monday, March 3, 6:30-8:00 PM at the Wells County Community Center, 4-H Park, Bluffton.

The 4-H Rabbit Committee will be sharing management tips on raising meat pen rabbits and getting started in the project.

Youth may become 4-H members when they enter third grade and may continue their membership through the completion of grade 12.

Mini 4-H is for youth in grades

1 & 2. Members may take the Rabbit Project in Mini 4-H.

Enrollment forms for 4-H are due April 1 (May 1 for Mini 4-H).

WELLS FROZEN FOOD SALE

The annual 4-H Frozen Food Sale is underway by Wells County 4-H members and volunteers. Order forms are due March 4 at the Wells County Extension Office located at 1240 4-H Park Road, Bluffton.

Over 100 items are included in the selection which ranges from frozen fruit and vegetables to fish and chicken. May of the fruit and vegetables are bulk packaged in ten, twenty, or thirty pound containers. Most of the fruit can be ordered with or without sugar and are excellent for pies and desserts.

Many of the fruits and vegetables are individually quick frozen (IQF) which means you can just pour or scoop out the amount you need. Some of the most popular items ordered include: chicken breasts, skinless, boneless, and uncooked; red tart cherries, quick frozen so that you can pour out what you need each time; and raspberries, red and black.

Special offerings during this sale include: Italian sausages (Di Russo's), yellow corn, peas, mixed vegetables, hash brown potatoes, mozzarella cheese sticks, sweet potato tater puffs and chicken fryz/stix.

Customer satisfaction is assured by a money back guarantee from Wilson's Zero Foods on all products. Wilson's Zero Foods have been a longtime supporter of 4-H and work closely with over 60 counties in Indiana,

Ohio, West Virginia, and Pennsylvania with this unique and practical fund raiser.

Food orders should be picked up on Thursday, March 20 from 2-4:30 PM at the Wells County 4-H Park in Bluffton. Proceeds from the Frozen Food Sales will go to the local 4-H clubs based on the sales and a portion will go to the 4-H Park Restroom Improvement Project.

For more information and an order form, contact any 4-H family or the Wells County Office of the Purdue Cooperative Extension Service, 260-824-6412 or www.extension.purdue.edu/wells.

WELLS ALPACA/LLAMA

CLUB

The Wells County 4-H Alpaca/Llama Club will meet Sunday, February 23, 4:00 PM at the Zook Farm, 7250 SE State Road 116, Bluffton.

The club is unique because 4-H allows youth to lease an animal in this project. Members may lease one of the nearly 30 alpacas that are housed at the Zook Farm. The animals remain at the farm and youth work with their animal during the club meetings leading up to the 4-H Fair in July.

Youth who own their own Alpaca or Llama may also exhibit at the 4-H Fair.

Club meeting dates will include: February 23; March 16; April 1, 13; May 4, 18; June 1, 8, 15, 22, 29; July 6 and 13.

Meetings will be indoors during the months of February, March and April. May 4 will be a required meeting and the shearing meeting. Members will have an

opportunity to assist with shearing their Alpaca. The remaining meetings in May, June, and July will be held outside.

Youth may become 4-H members when they enter third grade and may continue their membership through the completion of grade 12. A member may continue membership for a maximum of ten (10) years.

4-H membership forms are due April 1 at the County Extension Office.

For more information about the Alpaca/Llama Club contact Project Leaders, Sherry Zook 260-565-3532, Stephanie Morphew 260-273-0020 or the Wells County Office of the Purdue Extension Service, 824-6412 or www.extension.purdue.edu/wells.

TRAINING OFFERED

By popular demand Purdue Extension is again offering "Bridges Out of Poverty" trainings based on the book of the same title, taught by certified trainers, Karen Hinshaw and Teresa Witkoske, Purdue Extension Educators. The two-day event will be held April 1 and April 2 from 9:00am-4:00 pm at the Wabash County REMC Community Room at 350 Wedcor Avenue, Wabash IN. Registration for Day 1 is \$40 per person, and includes the book "Bridges Out of Poverty" by Dr. Ruby Payne. People who have taken Day 1 may choose to attend only Day 2 and it will be held on April 2 same times and location. Cost is \$25.

Attendees will be equipped to:

CONTINUED PAGE 4

Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is cancelled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

Feb 14 Valentine's Day
Feb 17 President's Day
Feb 17 6:30pm KBC Board Meeting, at KBC
Feb 19 7:00pm Van Buren Council meeting
Mar 5 Noon Warren Chamber Luncheon, Assembly Hall
Mar 5 7:00pm Van Buren Council Meeting
Mar 10 6:30pm Warren Town Council Meeting

Bread of Life Food Pantry - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC
Bargain Basement - Friday & Saturday 9 - 4 at KBC; **Cancer Support Group** - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus



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AREA NEWS CONTINUED

MORE PAGE 3

Redesign programs to better serve their clientele; build skill sets for management to help guide employees; increase the likelihood of moving others from welfare to work.

Whether you currently work with people in poverty, or are considering this line of work, having a deeper understanding of their challenges and strengths will help you partner with them to create opportunities for success. This training is also appropriate for church members who serve impoverished people locally or abroad on mission trips. Forms available to download can be found at: www.extension.purdue.edu/huntington under the Local Links section. Advance registration is required by March 21st, 2014.

For more information please contact Karen Hinshaw Huntington County Purdue Extension at 260-358-4826.

COUNCIL NOTES

On Wednesday evening, February 19 the Van Buren Town Council held their only meeting in February. The first meeting was cancelled due to a storm.

The meeting was held in the Council Room at Town Hall. President Marvin Surber opened the meeting at 7 p.m. All in attendance repeated the Pledge to the American Flag.

At a previous meeting Council had requested quotes for a new Police Car. At Wednesday's meeting Council voted to purchase an Explorer from Fincannon Ford in Hartford City. Council voted that on March 1, debit and credit cards will be accepted for payment on water bills.

There is a need to appoint someone to the Library Board. Council voted to table the situation until further notice.

March water bills will be estimated due to snow.

In March there is to be a study of water and sewage rates. It is believed there will be a neces-

sary small increase in rates.

After the study there will be a public meeting. Local citizens are urged to attend the meeting. They will also be told why the increase is needed.

The next Council meeting will be March 5.

HP POOL TOURNNEY

There were 20 residents that entered the pool tournament at Heritage Pointe on February 13th. The tournament was held on Thursday this week so the players could participate in Valentines Day festivities if they chose to. The winners were Mel Dooley and Clarence Myers with Floyd Blake and Norm Hiser finishing second.

There were 16 residents that entered the pool tournament at Heritage Pointe on February 21st. The winners were Dick Hinton and Elwood Karchner with Mel Dooley and Clarence Myers finishing second. The in-house play is held every Friday at 1:30 in the Fults recreation room.

WIND TURBINE THANK YOU

For you who sent responses to our NO WIND TURBINE poll, please accept our sincere thanks for your participation. We especially appreciated those which contained personal notes about why you objected to these monsters of public and private land destruction. Some were very emphatic in negative tones; some contained personal horrible experiences with wind turbines and several brought tears to the eyes.

The number of ballots submitted was very impressive.

For some time - before our poll was taken - the Herald Press was conducting an online poll on wind turbines. At the time our poll reached you, the HP poll showed 71.4% opposed to them and 25.9% for them. (Our poll had as many responses in one week as the HP poll in some 5 months). We watched that poll for some time with the results being about the same each day. Then overnight it suddenly appeared with 50% opposed and 49% for! ????? We knew it was a secure poll (limit one vote) so it baffled us. Considering a possible 'hit' on their site, we contacted the publisher to alert them. He checked and found a problem with the (outside) polling company. A few days later, their poll was graciously taken down.

The Huntington County Planning Director has scheduled a Public Hearing for March 12, 2014 at 6:30 PM (Location to be announced. That notice will be in the legal section of the HP) Check our website for updates: Huntington County Concerned Citizens www.huntingtonCCC.org.

If you oppose these turbines, it is imperative that we pack the hall - wherever it is held. Large numbers of voters appear to be the only substantial influence on the county commissioners. At this hearing, you are entitled to speak and present your views on this matter. Along with other members of our team, I plan to present mine. For those who indicated on the ballot that you wanted to help in our efforts, this is your perfect opportunity....Attend This Meeting! And contact the commis-

sioners directly. Contact info is on our website....

Regardless of our substantial and informative efforts, the commissioners are still requesting Letters, Emails and Telephone calls be provided them. They state this is the best way for them to reach a decision on this matter. Will their decision be to continue down the road desired by Apex Wind Systems and their wealthy investors, seeking to get aboard the taxpayer/stimulus supported turbine train? Or will it be to kill this problem dead NOW - as has been done in every surrounding county? History shows that a majority of people are complacent before Industrial Wind Turbines are installed and more than 80% want them removed after the fact. Sorry folks, once the 1,000 tons of concrete is set in the ground for each turbine, it'll be about 2 decades before they will be abandoned. Then we can do something about them (except for the concrete) - at taxpayer expense!

WILDFLOWER CLASS

Join the Blackford County Master Gardeners as they learn about Spring Wildflowers in Indiana. The program, presented by Jody Heaston, Indiana Department of Natural Resources Volunteer Coordinator, will focus on identifying common wildflowers in our area. The program begins at 6:30pm on Thursday, March 6 at the Blackford County Extension Office—Courthouse Annex. Please RSVP by March 4 to (765) 348-3213 or cluppers@purdue.edu. There is no cost to attend this program.

BIG CHANGES TO HIGH SCHOOL EQUIVALENCY EXAMS: WHAT YOU NEED TO KNOW

(StatePoint) In today's job market, having an edge is crucial. The right credentials can mean the difference between living pay-

check-to-paycheck and having a meaningful career. More than ever, a high school diploma or equivalency credential is essential to landing the job or career you want. In fact, approximately three out of four U.S. jobs required at least a high school diploma or equivalent in 2012, according to U.S. Bureau of Labor statistics.

So if you didn't earn your diploma the first time, taking a high school equivalency exam is the best way to open up new opportunities now, as well as to lay a foundation for meeting future educational and professional goals.

Before getting started, get the facts: the General Educational Development (GED) test has undergone dramatic changes over the past two years. In addition to becoming more expensive this year, it's shifted to a more rigorous, computer-only format. This has led CTB/McGraw-Hill, the testing division of McGraw-Hill Education, to develop TASC, the Test Assessing Secondary Completion, a new Common Core-aligned high school equivalency exam that's available in both paper-and-pencil and computer-based formats.

This is great news for the 40 million U.S. adults currently lacking a high school diploma or equivalency. If you're among them, here are five things you need to know in 2014:

- **Selection:** Investigate which equivalency test is offered by your state or district. Some states have chosen one test as its sole exam, while others allow test takers to choose. Testing centers will decide which authorized tests they'll offer. Potential test takers can check their department of education's website for a listing of centers.

- **Pricing:** For some, high school equivalency testing is a financial hurdle. The cost for taking the GED is now \$120, while TASC will cost \$52 with two free retests. Some states subsidize some or all of the expense, while others add an administrative fee. Find out what subsidies you're eligible for before registering.

- **Accessibility:** The TASC test and other high school equivalency exam alternatives are available as a paper-and-pencil exam as well as online, providing added flexibility.

CONTINUED PAGE 5

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GENEALOGY REPORT

AREA NEWS CONT.

THANK YOU

Thank you to all who remembered us with cards, phone calls, food, flowers, memorials to McNatt United Methodist Church or said a prayer, as we celebrated Norm's life.

Thank you to the ladies of the church for all the delicious food.

Our thanks to Pastor Bill, Pastor Troy and Ryan for a wonderful Memorial service.

Thank you to Glancy Funeral Homes, Jeff, Brian and Shannon, you made this time easier.

Norm loved the Lord, his family and everyone he met. He always had a smile on his face and a song in his heart. We have all been Blessed.

The Family of
Norm Schweikhardt

SURFUS

Darlene C. Surfus, 80, of rural Markle, passed away peacefully at home at 8 a.m. on Thursday, Feb. 20, 2014.

She was born Saturday, March 25, 1933, in Manistee, Mich., the daughter of Elijah "Gail" and Cecilia Steinburg Boxell.

Darlene attended School in Manistee, Mich. She married Albert R. "Steve" Surfus Nov. 26, 1953, at the St. Peter & Paul's Catholic Church in Huntington; he survives in Markle.

Darlene was a homemaker her entire life. She had worked at the Shultz Restaurant, Model Engineering, Nowak's Hallmark and A Touch of Elegance.

Darlene was a member of the Wells County Extension Homemakers, holding the title of president as well as being the Homemaker of the Year in 2000. She was a member of the Perseverance Band and the Rockford Friendship Club. Darlene was a member of the Buckeye Christian Church, rural Markle.

Survivors include a daughter, Linda (Rick) Till of Fort Wayne; two sons, Richard (Diane) Surfus of Huntington and Alan (Beth) Surfus of Markle; two daughters, Kathy (Tom) Reed of Huntington and Carol (Jeff) Southard of Bluffton; eight grandchildren, Michael (Sarah) Till of Bangkok, Thailand, Jamie Till of Fort Wayne, Eric (Lauren) Till of Fort Wayne, Traci Reed of Indianapolis, Noah Reed of Huntington, Lauren Southard of Bluffton, Dalton Southard of Bluffton, and

Jenny DePoy, Huntington; and three great-grandchildren, Ethan Till, Isabel Till, and Jacob Till.

She was preceded in death by her parents; a daughter, Donna Mae Surfus; a sister, Delores Shaw; and a brother, Donald Shaw.

Family and friends may gather to share and remember from 3 p.m. to 8 p.m. at Glancy-H. Brown & Son Funeral Home, 203 N. Matilda St., Warren, Monday, Feb. 24. A service to celebrate Darlene's life will be at 10 a.m. at the funeral home Tuesday, Feb. 25, with Pastor Richard Bunnell officiating. Calling will also be held an hour prior to the service. The final resting place will be in the Woodlawn Cemetery in Warren.

Preferred memorials are to the Huntington County Sheriff's Department K9 Unit or the donor's choice.

CHAMBERS

Donald D. "Tony" Chambers, 82, of Warren, IN, passed away at 7:32 AM on Sunday, February 23, 2014 at Heritage Pointe in Warren, IN.

He was born on Saturday, January 02, 1932, in Marion, IN. Tony graduated from the Jefferson Township High School Class of 1950.

He married Norma Gale Ruble on Saturday, January 06, 1962 at the United Church of Christ, Warren. Tony was the owner/operator of Tony's Lime & Stone. He was the former owner of the Majenica Grocery and had also worked at the United Methodist Memorial Home & the Warren Pharmacy. Tony was a member of the Warren Church of Christ, Warren, IN.

Survivors include his wife Norma Gale Chambers, several Nieces & Nephews and several beloved pets.

He was preceded in death by his parents Roy V. Chambers and Mearl (Hott) Chambers, a brother Richard Chambers and nephew Mike Chambers.

Family and friends may gather to share and remember at Glancy - H. Brown & Son Funeral Home 203 N Matilda St. Warren on Tuesday, February 25, 2014 from 2:00 PM to 8:00 PM.

Preferred memorials: Helping Paws Pet Haven 2242 S. Marion Road, Huntington, IN 46750 or

Huntington County Humane Society, 390 Thurman Poe Way, Huntington, IN 46750

HEALEY

Dorothy I. Healey, 93, of Warren, IN, died Wednesday, Feb. 19, 2014.

Survivors include a daughter, Shirley (Eric) Harman; a sister-in-law, Bert Martz; seven grandchildren, Megan Callahan, Michelle (Trevor) Lee, David (Stacy) Callahan, Phillip Harman, Jennifer (Brian) Kozel, Valerie (Lucas) Rumble, and Eric J. Harman; and nine great-grandchildren.

Calling is Friday, Feb. 21, 2014, from 6 p.m. to 8 p.m. at D.O. McComb and Sons Covington Knolls Funeral Home, 8325 Covington Rd., Fort Wayne. A service will be held at the funeral home on Saturday, Feb. 22, at 11 a.m.

SHAHER

Larry W Shafer, 74, Marysville OH, passed away Wednesday evening, February 19, 2014 at Dublin Methodist Hospital.

Born September 28, 1939 in Bluffton, he retired from TWA/American Airlines after 30 years of service and then became an usher for the Columbus Clippers for many years. He was an avid sports fan for Indiana Hoosiers, Detroit Tigers and Indianapolis Colts.

(Larry was raised just east of Warren and graduated from Warren High School. The farm where he was raised is now owned by Mr and Mrs Richard Bradof just east of SR 3. The number of the road is now 900.)

He was preceded in death by his parents Weir and Pauline (Huff) Shafer; daughter Melinda Shafer; brother Wade Shafer and twin brother Loren Shafer.

Survivors include his loving wife Rebecca "Becky" (Calomarde) Shafer whom he married in 1970; children Melissa (Jerry) Parkinson, Lance Shafer, Brian (Rebecca) Shafer, grandsons Zach Shafer and Jake Shafer; brothers Phil (Mary Ellen) Shafer, Less (Doris) Shafer and sister Wauline (Bob) Mather.

Serves were held at Ferguson Funeral Home, Plain City with Rich Cencula officiating. Burial was in Oakdale Cemetery, Marysville.

MORE PAGE 4

- **Test Design:** Be aware of the test design and areas of study that a high school equivalency test will address. The TASC test, aligned to Common Core State Standards, offers English, Spanish, large print, Braille and audio versions, and will assess English language arts, math, science and social studies.

- **Registration and Preparation:** Register and study well in advance. Visit your education department's website to locate the nearest TASC testing facility. Register on the center's website or in-person. Some testing centers also offer prep courses, so take advantage of these.

The TASC test offers a wide assortment of test preparation materials, including a study companion, practice tests and sample questions.

In today's competitive job market, there's no reason to give yourself an unnecessary handicap. Earning a high school equivalency is the first step toward expanding professional opportunities and increasing earning potential. Register now for the TASC test, the new high school equivalency exam, at your nearest testing center.

GREAT GIFTS FOR CURRENT AND FUTURE COLLEGE STUDENTS

(StatePoint) Whether the students in your life are in high school and dreaming about their future majors, or in the middle of their college careers, you can shower them with gifts that quench their thirst for knowledge and foster their academic interests.

Stumped? Here are a few ideas

to brighten the bookshelves and desks of your favorite scholars: Make Cramming Easier

For dorm dwellers, book lights are crucial. When roomies are snoozing, night owls can use a book light that attaches to the pages of the book, or a task light that sits atop the desk, to keep studying in an unobtrusive manner.

Consider creating a care package full of snacks. But skip the junk food and instead fill up on "brain food." Nuts, almond butter and popcorn are all great choices containing brain-boosting vitamins and minerals.

Simplify Complex Concepts
A standard text book covering weighty subject matter sometimes can make things even more confusing for a student. Help demystify some of the hard-to-grasp subjects with a new book series from DK Publishing, "Big Ideas, Simply Explained." The fully-illustrated series uses innovative graphics and creative typography to cut through the haze of misunderstanding, untangles knotty theories and sheds light on abstract concepts.

There are five books currently available: "The Philosophy Book," "The Psychology Book," "The Politics Book," "The Religions Book," and "The Economics Book," which covers more than 100 economic concepts from Aristotle to the top economic thinkers of today, and is a 2013 Parents Choice Gold Book Award Winner. More information about these books and forthcoming titles including, "The Business Book" and "The Science Book" is available at www.us.dk.com.

CONTINUED PAGE 6

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AREA NEWS CONTINUED

MORE PAGE 5

Broaden Horizons

No matter what your scholar plans to study or is currently studying, you can round out his or her education with a great dose of classic cinema. Consider a set that features the collected works of a gifted director such as Ingmar Bergman or Akira Kurosawa. Or opt for a topical box set on a favorite subject, such as World War II or nature.

With the right tools, you can enrich and round out classroom learning in fun and interesting ways.

FOUR REASONS TO KEEP UP WITH HOME MAINTENANCE

(StatePoint) After a busy work week, it can be hard to get motivated to complete chores and tasks around the house. And knowing what tasks to do and when to do them may not come intuitively for everyone. But neglecting home maintenance is a mistake, say experts.

"Regular home maintenance can benefit your family's health, safety and pocketbook," says Elizabeth Dodson, Co-Founder of HomeZada, a digital hub to store pertinent information about your home. "Consider creating a home maintenance schedule to stay organized and motivated."

With this in mind, here are several examples of how to maintain your home and why it's important:

Avoiding Replacements

- Mineral deposit build-up in your refrigerator's ice maker can eventually cause a leak that could damage the refrigerator and its contents. Annually clean water lines to prevent the need for a major appliance replacement.

- Lubricate your garage door for smooth operation and to delay the need for parts replacement.

Improving Safety

- Lint build-up in dryer ducts is flammable and a common cause of house fires. An annual cleaning eliminates this dangerous situation. You should also regularly clean your dryer's lint filter after every couple of loads. Likewise, you can prevent fires with checks on electrical and gas equipment and fireplaces.

- Maintain the air quality of your home by replacing or cleaning the filters on your home's heating system quarterly, or as needed.

- A regular schedule of battery replacement in your home's smoke and carbon monoxide detectors could be life-saving.

Reducing Utility Bills

- Periodically ensuring that your home is properly sealed and insulated can lower utility bills. Use weatherstripping to close gaps around windows and doors.

- On an annual basis, inspect heating and cooling equipment to ensure it's running optimally.

- Ensure your fireplace damper closes and opens properly. When your fireplace is not in use, keep the damper closed to maximize your climate controlled environment.

Improving Value

A house in worn condition can lose 10 percent of its previous appraised value, whereas proactive maintenance can increase the appraised value each year by one percent, according to the National Association of Realtors.

And you don't have to invest a ton to improve your home's value. Plenty of projects offer great returns on investment. This becomes especially important if your home is on the market. From replacing elements of your home's exterior to updating your

kitchen, your realtor can offer suggestions for updates that can help you sell.

Consider new tools to help you track home improvement projects in one place. For example, by signing up for HomeZada, you will automatically receive comprehensive home maintenance checklists, as well as automated alerts and reminders when it's time to complete a task, so you never miss anything important.

Additionally, the site provides how-to videos and other free resources for do-it-yourselfers. For more information, visit www.HomeZada.com.

Don't let key maintenance tasks fall by the wayside. Let new tools help you keep your home safe and up-to-date.

WHAT EVERY HOMEOWNER NEEDS TO KNOW ABOUT MOLD AND WINDOWS

(StatePoint) What's growing on your windows? If you have wood windows, or even dirty window sills, the answer could be mold.

"When materials in the home, such as wood window frames or wood window sills, come in contact with moisture for an extended period of time, mold can grow," says John Stark, marketing manager for Simonton Windows. "The key is the presence of an organic food source."

And mold growth can be hazardous to your health, causing respiratory problems and allergic reactions. So how do you reduce your home's risk for mold?

- You may see your windows "sweat" during the winter or summer months because of varying humidity levels inside the home. Without proper ventilation, moisture can accumulate on windows and walls from daily household activities such as hot showers, boiling water and opening dishwashers after a cleaning cycle. Use ventilation fans and dehumidifiers to minimize condensation and help reduce humidity in the home.

- If your windows have major air leaks, don't close properly or are failing to act as a solid barrier to the environment, then it's time to replace them. Opt for vinyl window frames, such as those from Simonton Windows, which won't provide an organic food source for mold. More information can be found at www.Simonton.com.

- Keep window frame surfaces

clean. Even if tiny particles of organic debris are found on or around the surfaces of a vinyl window in a moisture-rich area, you could potentially find mold growth. What makes up this debris? It can be anything from fragments of pollen to animal dander to insect pieces to normal household dust.

- Reduce the chance of condensation in your home. Use ceiling fans, particularly in the kitchen and bathroom to increase ventilation. Leave interior room and closet doors open. Consider reducing the number of house plants in your home.

- If your blinds or window coverings are closed all the time, condensation can get "trapped" in between the window treatments and the windows, creating a damp environment that may encourage mold growth. Routinely open window coverings to increase ventilation near windows. Additionally, ensure air vent deflectors are placed on floor vents to reroute air into the room rather than straight up against a window.

While installing vinyl windows in the home is a smart start, homeowners also have to do their part -- keep the home well ventilated and clean during all seasons to reduce mold.

ANYONE CAN MAKE A DIFFERENCE: WAYS YOU CAN GIVE BACK

(StatePoint) In today's connected world, we are flooded with global news 24/7. As a result, many suffer from what experts refer to as "compassion fatigue." But simple acts of kindness can make your community and world a better place to live. And research says it could even be beneficial to your health.

In fact, in a recent study conducted by Claremont Graduate University, people who felt empathy for a stranger experienced a release of the hormone oxytocin, which is associated with lower blood pressure, lower cortisol (stress hormone) levels, reduced pain and improved psychological well-being.

"Reaching out to a stranger benefits both people. It's a win-win," says Erin Healy, author of the new novel "Stranger Things," which she was inspired to write in order to raise awareness of sex trafficking and human slavery.

Many people are loathe to

forge connections with strangers and help others, due to introversion, fear, or concerns that what they have to offer might not be enough. However, Healy points out that a small change in attitude can help spur you to take meaningful action. She offers some quick tips for surmounting your hurdles and giving back:

- Be you. Harness your talents, abilities and the resources already at your disposal to give back or raise awareness. When it comes to helping others, there's no cookie-cutter way to do it.

"Teach a class, buy supplies, be an advocate -- it's all about pinpointing what you can do to shine a light on an issue and help improve it, rather than getting mired in what you can't accomplish," says Healy. "At present, I can't travel to India to infiltrate a brothel and pull girls out. I can't be a live-in 'mom' at an aftercare home. But I can write a book. I can help to raise awareness."

- Shop Smart. With a little research you can better ensure your consumer dollars are not supporting companies that don't share your values. Consider shopping from companies that donate a portion of their proceeds to non-profit organizations and foundations that support causes about which you are passionate.

- Think local. "When I started researching 'Stranger Things' I was surprised to learn how many small organizations in my own city are already making efforts to aid victims of human trafficking," Healy says. "Let your heart lead you to a local cause. You can empower yourself by helping those already doing the work."

- Think random. You may not have the time to make a long-term volunteering commitment, but every day presents opportunities, big and small, to show kindness to strangers when you take the time to notice them.

- Connect with a stranger. By looking outward you gain perspective on your own troubles and realize that you have more to offer than you may have thought. Be intentional, and take time to notice those around you. As you get to know them, you'll find yourself moved to help.

More information about Healy and her new novel, "Stranger Things," can be found at www.ErinHealy.com.

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AREA NEWS CONTINUED

AVOID FAD DIETS:

HEALTHY WEIGHT LOSS TIPS THAT WORK

(StatePoint) Losing weight to look good may be a great motivator. An even better motivator is to get healthier, as excess fat tissue breeds inflammation, which can contribute to many debilitating and deadly diseases. And according to many doctors, even just a modest amount of extra weight can be damaging to your health.

When it comes to diets, if you've "tried them all" and failed, some experts say that could be part of the problem.

"Most diet books and programs promise a quick fix for weight loss -- for example, avoiding all carbs, eating only raw foods or amping up protein. These fad diets show little respect for the fact that a well-balanced, nutritious diet is critical for our bodies to function properly," warns Dr. Jennifer Sacke, an associate professor of Nutrition at Tufts University and co-author of the book, "Thinner this Year: A Diet and Exercise Program for Living Strong, Fit, and Sexy."

In "Thinner this Year," Sacke, along with motivational speaker and co-author Chris Crowley, offer a laymen's explanation of the science of diet and exercise, believing that if people truly understand what's going on inside their bodies, then they're more likely to make long-term lifestyle changes.

"You don't need a fancy gadget and there is no single magic exercise," says Crowley. "Health and wellness means a serious lifetime commitment to good nutrition and plenty of exercise."

With that in mind, the writing duo is offering some tips for losing weight the healthy way and keeping it off for life:

- Make up your mind. Set your goal and go for it. This will mean embracing changes in your habits and routines.

- Exercise for the rest of your life. Stay motivated by keeping things interesting and changing your workout routine periodically. Try new exercise classes or sign up for a big race.

"Exercise works like crazy and it changes lives. Big time," says Crowley.

- Eat less and be mindful. Don't "super-size yourself." At the same time, don't skip meals. Doing so can lower your metabolism and make you more susceptible to binge eating later.

- Don't eat "dead food," -- food that is loaded with calories and offers little nutritional value. Skip or limit refined flour, refined sugar, high fat meat and solid fat. Eat healthy fats in moderation and avoid saturated and trans fat. Likewise, don't drink your calories. Instead, load up on fruits, vegetables, whole grains, low-fat dairy and lean meats.

- Learn more. Truly understand the changes that are taking place inside your body as a result of your hard work, so you can be motivated to keep going.

For more tips on healthy ways to lose weight and keep it off, www.ThinnerThisYear.com.

Sustainable weight loss is no easy feat, but with motivation, dedication and hard work, you can feel better and live longer.

FOUR THINGS THAT MAY HELP YOU MAINTAIN

DIGESTIVE BALANCE

(StatePoint) Around this time each year, New Year's resolutions get lost amidst busy schedules and unexpected obligations. Even if your resolutions are a thing of the past, it's possible to get back on track by identifying easy to follow changes that don't require huge alterations in lifestyle.

Sherri Shepherd knows a thing or two about busy schedules and how they can complicate healthy intentions. Shepherd, actress, comedienne, Emmy award winning co-host of "The View" and Align spokeswoman, is constantly on-the-go and has developed a few health resolutions that fit into her already packed life.

Hydrate

Hydration is key to overall health and wellness and is a simple substitute for any unhealthy beverages already being consumed. Water can help your body fight constipation and is great for your skin. Next time you have a soda craving, try water with lemon added for a healthy, flavorful hydrator.

Stay Healthy On-The-Go

Staying healthy when you are constantly away from home or running around town can prove to be challenging and stressful. After a long day, unhealthy options can seem more appealing and derail our healthy intentions. Preparation is the key to avoiding diet pitfalls. Carry a healthy snack with you or pencil in a stop at a healthy restaurant before you leave the house for the day.

Fortify Your System

Probiotics, the healthy bacteria found naturally in our bodies, are essential for many vital body functions and can help to build a healthy digestive system as well as maintain natural balance. But these bacteria are fragile and common issues such as changes in diet and schedule, stress, and travel can disrupt them.

"Juggling my busy schedule and the stress that sometimes comes with it can throw my body out-of-sync. Taking a probiotic supplement regularly is an easy way to maintain my digestive balance and keep me in my groove," says Shepherd.

To learn more about how to naturally help build and support digestive health with probiotics, visit www.AlignGI.com.

Get Active

With life constantly throwing us curve balls and unexpected turns, it's important to recognize the need for balance in life. Take time to relax and adopt healthy hobbies like meditation and exercise. Get gutsy and try something you've wanted to do, but never had the confidence to try -- then bask in the sense of accomplishment you feel.

These steps, combined with small lifestyle changes, like staying hydrated and adding a probiotic supplement to your diet, can help contribute to overall health and well-being and keep your healthy goals attainable.

MISCONCEPTIONS EXPOSED - MULTIVITAMINS AND

NUTRITIONAL SUPPLEMENTS

(BPT) - How often do you eat a cup of sauteed spinach? How about three servings of fatty fish, like salmon, per week? Probably not very often, but those are examples of foods and portions that are packed with the recommended amounts of essential nutrients. Research shows that Americans aren't making the nutrition grade and, therefore, can lack important vitamins and minerals like folic acid, vitamin E, vitamin K and even vitamin C.

Data on dietary intake from the National Health and Nutrition Examination Survey, which used the USDA's Healthy Eating Index to compare what people say they eat to recommended dietary guidelines, found that children and adults scored 56 points out of a possible 100 (equivalent to an "F" grade), while seniors

fared only slightly better at 65 points (equivalent to a "D" grade). The American Heart Association agreed with those findings in its 2013 report on heart disease and stroke, concluding that poor diet and lack of exercise are two of the main factors contributing to the high prevalence of heart disease in the U.S.

MORE PAGE 2

treats to got with it, I suppose it was sort of a bribe to do a good job cleaning the garden off.

One of the things that was sure to be a treat was her peanut butter fudge. Here is her recipe from hand written page in her Farmers Guide cook book.

Blend together 1 cup white sugar, 1 cup brown sugar, pinch salt, 1/2 cup peanut butter, blend this with a spoon till very smooth, stir in 3/4 cup sweet milk cook until forms soft ball stage stir as little as possible, let cool a bit and add 1 teaspoon vanilla and beat until creamy pour into a buttered tin allow to cool and cut in squares. This is very good. This I can testify to as we sure ate plenty of it growing up. Also a lot of soldiers were treated to this as she often sent treat packages to my uncles and cousins serving our country during WW2.

Think Spring!



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