## Hometown News from Warren, Liberty Center, & Van Buren

Friday, March 13, 2009

Volume 24, Number 5



PRESRT STD **SCRWSS U.S. POSTAGE PAID** PERMIT NO. 51 **WARREN, IN 46792** 



Your Hometown Newspaper

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Thought for the Week: The man who smiles when things go wrong has thought of someone to blame it on. Robert Bloch



(L-R) David Scribner as Mr. Kirby, Kim Nedberg as Mrs. Kirby and Chase Adams as Tony Kirby

### You Can't Take It With You

### CONTINUES AT THE PULSE OPERA HOUSE

What if you had to chose one item to take with you to a desert island. Would you chose to take something of monetary value or a cherished item that reminds you of family, friends or faith? That's the question the classic comedy You Can't Take it With You asks.

Written during the depression, You Can't Take it With You mirrors some of the challenges we are facing in 2009. Mr. Kirby is a Wall Street executive who is under investigation. The Sycamores are a Main Street family more involved in their many hobbies rather than making money. When Tony Kirby and Alice Sycamore fall in love, the sparks really fly.

You Can't Take it With You runs March 12, 13, 14, 19, 20, 21. Tickets for the show are \$12 for general admission and \$5 for children 12 and under. Tickets may be purchased at the door. The box office opens at 7:00 p.m. on show nights and is located in the theatre lobby. Doors to the theatre open at 7:30 p.m. All shows start at 8:00 p.m. Reservations can be made online at www.pulseoperahouse.org or by calling (260) 375-7017. The Pulse Opera House is located at 127 1/2 Wayne Street in Warren, Indiana.

Anyone bringing items for the Food Pantry (non-perishables) will get \$2 off the admission. (Limit of 4 tickets. Not good with any other offer.) Thursday evening only performances are Student Nights where all students (including college) with valid Student Ids can attend for \$5.

Following the three week run at the Pulse, the production will be performed at the annual Indiana Community Theatre League Festival in Muncie, Indiana. The Pulse is scheduled to perform at 10:30 a.m. on Saturday, March 28.

Send an out-of-town relative or friend a subscription to your Hometown news.

### SUPPER AT BANQUO

A Fish and Tenderloin Supper by Dan's Fish Fry will be held Tuesday, March 17 from 4:30 -7:30 p.m. at Banquo Christian Church.

Tickets are \$8.00 for adults, \$4.00 for kids 6-12 and 5 and under eat free. This gets you a choice of green bean or baked beans, applesauce, veggies on tables, dessert by donation and all the fish and tenderloin you can

Carry-outs will be available too.

### Egg Hunt

The Salamonie Active Men are having a Easter Egg Hunt on Saturday, April 11 (raindate April 18) at the KCC. The hunt starts right at 10:00 a.m. so don't be late. Free to the public.

### **SCHOLARSHIP**

The Beta Delta Chapter of Sigma Phi Gamma Int'l Sorority is offering a \$300.00 scholarship for a local High School Senior. Applications can be picked up in the Guidance Office at Southern Wells High School and Huntington North High School. **Applications** must be postmarked by March 31, 2009.

### FREE CONCERT

Hillcrest Church of the Nazarene will host "Water IN2 Wine" in concert Sunday March 22, 2009 at 10:30 AM. "Water IN2 Wine" is an inspirational gospel music group. We are having a carry-in dinner following the service. If anyone would like to stay for the dinner, please bring a dish to pass. Everyone is Welcome & a free will offering will be received. For more Info: Call Pastor Mark @375-2510.

### SUNDAY BRUNCH

Dogwood Glen and Kim's Katered Affair will be hosting Sunday Brunch with an Irish twist on March 15th from 11am - 1pm, in honor of St. Patrick's Day. The buffet menu will include: French Toast Casserole, Biscuits and Sausage Gravy, Corned Beef, Cabbage, Red Potatoes, BBQ Chicken, Ham Loaf, Lasagna, Green Beans, Assorted Salads, Breads, Desserts and Beverages. Cost is: \$10 for Adults, \$5 for 10 & under. Please call Dogwood Glen for reservations at 375-4750. Carryout is also available!

### **CLOSED FOR PAINTING**

Warren Clerk's Office (Town Hall) will be closed Thursday, March 12th due to painting in the main office.

### JOY CLUB TO MEET

The Van Buren United Methodist Church will be hosting J.O.Y. (Just Older Youth) Club on Tuesday, March 17, 2009. A free lunch will be served at noon followed by a message from Pastor Blake Neff at 1pm. If you are free for lunch, come on over to the fellowship hall and join us! Please call the church office for reservations, if you are not already on the standing reservations list, 765-934-1431.

### **AUDITIONS AT THE PULSE**

Auditions for The Sunshine Boys by Neil Simon are on Monday, March 16 at 7:30 p.m. There are roles available for 5 men and 2 women. Performances are May 8-23. Those auditioning should be familiar with the show. Auditions will consist of readings from the script.

### 2009 GOLF

### **MEMBERSHIPS**

Just a reminder, the Spring Special for 2009 Golf Memberships at Dogwood Glen is going on now through April 1st. At this time you can take 15% off the regular membership rates. Stop by or call 375-4750 for more information. Also, as long as the weather cooperates, the golf course should be opening soon. Remember when the flag goes in on the #8 green on Hwy. 5, the course is open!

### MARCH MENU

It's time to order your Angel Food Ministry items for March. You can order at the Warren Church of Christ this Thursday, March 12 from 3-7:00 P.M. and Saturday, March 14th from 9-11:00 A.M. at 301 N. Wayne St., Warren, IN. Call Janice Jordan, Director, 358-6783, for any questions.

The March Menu includes the Regular Unit at \$30, The Seniors Menu at \$28 and an ALL NEW Allergen-Free Box for \$25 plus 6 Specials listed below.

The REGULAR BOX includes: 1.5 lb. Ribeye Steaks (4 x 6 oz.), 3 lb. Split Chicken Breast, 1.5 lb. Country Fried Steak Patties (6 x 4 oz), 1 lb. Package 80/20 Ground Beef, 1 lb. Fully Cooked Meatballs, 1 lb. Mild Italian Sausage, 12 oz. Deli Sliced Ham, 1 lb. California Blend Veggies, 1 lb. Green Beans, 20 oz. Shoestring Fries, 1 lb. Pasta, 28 oz. Marinara Sauce, 21 oz. Condensed Soup (makes 5 servings), 1 lb. Pinto Beans, 32 oz. 2% Shelf Stable Milk, Dozen Eggs, Dessert

The SENIORS BOX - Includes: BBQ Pork Rib Patty with Sweet Potato Casserole and Green Peas, Red Beans & Rice with Smoked Sausage, Cabbage and Diced Carrots, Home-Style Meatloaf with Zesty Tomato

CONTINUED PAGE 3

### Troubled? Try Prayer! DDLIANCE SALES WATER

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WARREN WEEKLY • Owner/Publisher: Nicki L. Zoda Mailing Address: P O Box 695, Warren, IN 46792 Shipping Address: 7920S 900W 90, Warren, IN 46792 **Phone:** (260)375-3531 or 1-877-811-9089 **FAX:** (260)-375-7007 e-mail: wwkly@citznet.com

WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren Indiana. The Warren Weekly is available at Huggy Bear Ice Cream, Dollar Genera and next to the Post Office in downtown Warren. The Warren Weekly is also available in several businesses in Van Buren. Total circulation is 3200.

It is sent anywhere in the Continental United States for three (3) months for \$12, six (6) months for \$24 or \$48 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at PJ's Flower and Gift Shop, mail to P O Box 695, Warren, fax to 260.375.7007 or email to wwkly@citznet.com. Van Buren residents may call Mary Jo Zoda at 765-934-3637.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication The publisher takes no responsibility for statements or claims made in any

## KUDOS, KICKS & KARATS

### LAUGH YOUR WAY TO GOOD HEALTH

by V. Neil Wyrick

Would you have more happiness? Get a gratitude attitude. Minimize your complaints. Maximize your thanksgiving. "Earth's crammed with heaven," said Thoreau. Love, light, laughter. The smile of a child. The ripple of a stream. A sparkling star. A rainbow.

Would you have more happiness? Then daily train yourself to laugh at yourself, in particular if the years are slowing you down and you are tired of being tired. Like telling the story on yourself that when you get up some mornings you feel like it's the morning after... and you didn't do anything the night before.

Would you have more happiness? Be a beacon of joy. The next time you feel an overwhelming desire to find fault, sew your mouth shut until the feeling goes away. Or perhaps another way of putting it' don't needed - use one.

Happiness is being committed to a cause, to something that sets you on fire, that warms your very being because you are concerned with the happiness of someone else as much or more than you are for yourself. Happiness is having a principle you are willing to stand

Did you ever see Stir Crazy? It starred Gene Wilder as a man named Harry. It was one crazy movie that exaggerated the art of accentuating the positive. First, Harry is thrown into prison for a crime he didn't commit. Does this get Harry down? Not on your life. He just keeps smiling and driving all the prison personnel crazy with his positive attitude. They hang him by his wrists for several days and he just breaks out with thanksgiving. "Thanks you. Thank you. Thank you. You just solved my back problem!"

The guards then lock Harry in a little hot box beneath a boiling sun. When they release him several days later he begs them to leave him there a little longer. "I was just starting to get to know myself," he

Finally, they throw happy Harry into a cell with a 300 pound murderer who gives a new meaning to the word crazy. Doesn't faze Harry at all. When the guards return they find Harry and the crazy murderer laughing over a game of cards.

Harry may well be called a man who has pursued happiness to a crazy extreme...but why not? Isn't it just as crazy to look only for the miserable? To fall in love with negative thinking? To argue that the glass is half empty and that what is there isn't worth the space it's taking up.

When was the last time you laughed at a tragedy? Maybe just the other day when you were relating something that happened many years ago. Now it is funny. Then it wasn't. Time does that. It gives a new perspective.

What am I saying? I am saying make jokes such as "My insurance policy covered falling off the roof. It just didn't cover hitting the ground." A good attitude won't make you able to laugh at every miserable moment of yesterday but it will help you to learn from it, and sometimes even enjoy the humor in it.

Have you smiled a few times while reading this? Are you smiling now? Good, go give your smile to someone you love before it fades

> Read all the Advertisements in the Warren Weekly. They're full of all kinds of useful information.

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**UNITED METHODIST** 

Phillip Freel Jr, Pastor

Worship ...... 9:30 a.m.

Sunday School ......10:30 a.m.

BANQUO CHRISTIAN CHURCH

8294S 900W 35

Gary Riley, Pastor

Sunday School ......9:30 a.m.

Worship ...... 10:30 a.m.

Youth Choir Practice ...... 5:00 p.m.

Wed. Bible Study ......6:30 p.m.

Thurs. Kings Kids ......6:30 p.m.

BYG Youth Svc. (2&4Sun.) .. 6:00 p.m.

CWF Ladies (3 Tue) ......6:00 p.m.

1st Sun. (Qtrly) Praise Hour.. 6:30 p.m.

**BOEHMER UNITED METHODIST** 

Rev. Barry Humble, Pastor

Jerome Markley, S.S. Supt.

Sunday Worship ...... 9:30a.m.

Sunday School ...... 10:30a.m.

**CENTRAL CHRISTIAN CHURCH** 

Van Buren, Indiana 765-934-2199

Pastor - William Shelor

Youth Group ...... Sun 6:30p.m.

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Little Panther Preschool 765.934.2099

WORD OF LIFE — MAJENICA

Rev. Malcolm & Jackie Howell

260/356-1246

Sunday Evening Service ......6:00 p.m.

Tuesday Eve. Bible Study .....6:30 p.m.

**DILLMAN UNITED BRETHREN** 

8888S 1100W-90, Warren 375-2779

Dick Case, Pastor

Sun - 1st Worship Service..... 8:15a.m.

Wed - Circle of Friends

Tues, Thurs, Fri & Sat

Chapel Services ...

2nd Worship....

Sunday School......9:30a.m.

2nd Worship Service ....10:30a.m.

Youth Group (6th-12th).6:00p.m.

(3yrs old - 5th grade) . 6:30-8p.m.

HANFIELD UNITED METHODIST

101 N 400 E - Marion 765/664-8726

HERITAGE POINTE

THE NEW BEGINNING

SR 218, 2 1/8 mile west of Poneto

Steve Sutton, Pastor

765/728-2065 for more info

...6:30 p.m.

Wed Evening Carry-in & Fellowship

### HILLCREST **CHURCH OF THE NAZARENE** 8013W 1100S - 90, Montpelier 375-2510

Rev Mark Davis Bus Service 375-2510

www.hillcrestnazchurch.org Sunday School ......9:30 a.m. Worship ......10:30 a.m. Evening Worship.....6:00 p.m. Youth Group (Wed.).....6:00 p.m. Wed. Midweek Service.......6:30 p.m. SOLID ROCK UNITED METHODIST

Jefferson Site. 9019 S 300 W, Warren, IN Kathy Newton, Pastor

Sunday School ......9:00 a.m. Worship Service ..... ...10:00 a.m. LANCASTERWESLEYAN 468-2411

Doug Sharrard, Pastor David Thrift, S.S. Supt. Sunday School ......9:30 a.m. Worship ......10:30 a.m. Wednesday:

CYC/Teen/Adult Meetings .... 7:00 p.m. LIBERTY CENTER BAPTIST CHURCH 694-6622

Youth Leaders - Heath & Kelly Jones Pastor Dan Sommer Worship ......9:30 a.m. Sunday School ......9:00 a.m. Sunday School ......10:40 a.m. Fellowship ...... 9:55a.m. Adult Bible Study ...... Sun 6:30p.m. Worship ...... 10:15a.m. Wed. Bible Study ...... 7:00 p.m. LIBERTY CENTER

UNITED METHODIST CHURCH Rev. John Parks, Interim Pastor Morning Worship ......9:30 a.m.

....10:45 a.m. Sunday School ..... McNATT UNITED METHODIST 375-4359

Bill VanHaften, Pastor Lois Slusher, Supt. Coffee Fellowship......8:30 a.m. Worship ......9:15 a.m. Sunday School ......10:30 a.m. Bible Study - Wed. .... . 7:00 p.m.

MT. ETNA UNITED METHODIST 260/468-2148 Tony Johnson - Pastor Trad. Worship ..... Mdrn Worship ...... 10:30 a.m.

Timothy Helm, Senior Pastor 1st Worship......9:00 a.m. **MOUNT ETNA WESLEYAN** ...10:30 a.m. Rev. Charles Dederick, Pastor Sunday School ..... Sunday Morning Worship .....9:30 a.m. OTHER SERVICES BY ANNOUNCEMENT

Worship ......10:30 a.m. Sunday Evening ......6:00 p.m. Mid-Week (Wed) ..... PLUM TREE

UNITED CHURCH OF CHRIST 375-2691

Jeane Spoor, Pastor ThursdayPrayer Meeting ..... 7:00 p.m.

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### **SALAMONIE CHURCH OF BRETHREN** 468-2412

Mel Zumbrun, Pastor UNITED CHURCH OF CHRIST 375-2102

Rev. Rick Pulling, Interim Pastor Sunday Worship..... 9:30 a.m. Junior Church ...... 10:00 a.m. Sunday School ...... 10:30 a.m. Communion 1st Sunday of the Month Fun Factory 1st/3rd Sundays ...6:00p.m.

### **VBCHURCH OF THE NAZARENE** 765/934-3321 Parsonage Jeff Wass, Pastor

Sunday School ...... 9:30 a.m. Adult Worship ......10:30 a.m. Children's Church ...... 10:30a.m. Evening Praise Hour..... 6:00p.m. Hour of Power (Wed) ...... 7:00p.m. VB UNITED METHÓDIST CHURCH

### 765-934-1431

Pastor Blake J. Neff Worship Service ...... 9:30 a.m. Sunday School ...... 10:30a.m. Jr/Sr High UMYF (Sun)...... 6:30 p.m. Prayer-Bible Study (Thur).... 7:30 p.m.

UMW 2nd Wed ...... 7:00 p.m. www.vanburenumc.org WARREN CHURCH OF CHRIST 375-3022

Gerald O. Moreland, Minister Janice Jorden, Angel Food Director Ruth Moreland, Secretary Shanna Fortney, Bible School Supt. Nathan Ratcliff, Youth Minister www.warrenchurchofchrist.org Fellowship ......9:15 a.m. Worship & Communion ......9:30 a.m. Sunday School ......10:45 a.m. WARREN 1st BAPTIST CHURCH

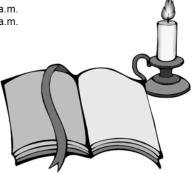
Corner of N. Wayne & Matilda Sts. Rev. Bill Fisher, Pastor of Preaching and Discipleship

Rev. Robert Bothast, Pastor of Family Life Lori Buzzard, S.S. Supt.

Sunday School ......9:00 a.m. Sunday Worship ......10:00 a.m. Sunday Evening Service ..... 6:00p.m. **WARREN WESLEYAN CHURCH** 375-2330 6th & Nancy Sts. Warren Rev. Andy Trowbridge, Pastor Wesley Welch, Supt.

Sunday School ......9:30 a.m. Worship ......10:15 a.m. Wednesday Prayer Service..7:00p.m.

www.warrenwesleyan.com



Please Attend the Church of Your Choice

## AREA NEWS

### More Page 1

Sauce. Diced Rutabagas and Lima Beans, Asian-Style Pork Fried Rice with Ginger Carrots and Cabbage, Peppered Beef Patty with Loaded Potato and Mixed Greens, Flame-Broiled Salisbury Steak with Brown Gravy, Sour Cream & Chive Potatoes and Mixed Vegetables, Chicken Sausage with Seasoned Baked Beans, Red Skin Whipped Potatoes and Peas & Carrots, Pot Roast and Gravv with Vegetables, Diced Potatoes and Green Peas, Chicken & Bean Burrito with Cheesy Sauce, Mexicorn and Applesauce, Char-Broiled Beef Meatballs with Rice & Gravy, Peas & Carrots and Lima Beans, 10 2-pack, individually-wrapped cookies.

The ALL NEW ALLERGEN-FREE BOX Includes: 1 lb. Coated Chicken Tenders, 1 lb. Coated Breast Filet, 1 lb. Coated Chicken Nuggets, 1 lb. Coated Chicken Wings, 1 lb. Coated Cubed Steak (Chicken Fried Steak)

Specials are: MARCH SPECIAL #1 - 7 lb. Assorted Meat Box \$22.00 MARCH SPECIAL #2 - 4.5 lb. Meat Combo \$21.00 MARCH SPECIAL #3 Mom's Easter Sunday Dinner Box \$22.00 MARCH SPECIAL #4 Mom's Easter Sunday Dinner Side Box \$19.00 MARCH SPECIAL #5 Chicken Tenders Box \$18.00 MARCH SPECIAL#6 Fresh Fruit and Veggie Box \$22.00

Area churches continue to have the menu and order blanks at their sites so you can order from them on their designated times. Delivery will be on Saturday, March 28th and you can pick up your order between 11:00 and 12:00 noon. This is a new time so please make note of the one hour for pick-up. We've found that most can get here and we can get your order ready for you in that short time with so many volunteers that come to help. Thank you and enjoy!!!

### **B**US TRIPS

The Warren Church of Christ is planning two day Bus Trips coming up soon. On Tuesday, APRIL 7th, our bus will leave our church parking lot at 302 N. Wayne St. in Warren at 9:00 a.m. for a trip to the Essenhaus Inn at Middlebury, the Cheese Factory between Middlebury and Shipshewana and ending up at Shipshe for shopping. Meals are on your own and the cost for the trip is \$25. Colleen Franklin and Sandy Hethcote are your escort and driver for the day. Deadline is March 26th. Contact Colleen Franklin at 375-2335.

Another trip is planned for Sunday afternoon, April 26th to see Gaither Christian Comedian Dennis Swanberg at Bearcreek Farms Good Times Theater. Cost is \$40 for meal and show. Deadline for this trip is March

26th. Contact Colleen Franklin at 375-2335. Make checks to Warren 55+ and mail to Warren 55+, PO Box 313, Warren, IN 46792. Come join us for a good time with these 2 day trips.

### ENHANCED 9-1-1

State Treasurer Richard Mourdock, Chairman of the Indiana Wireless Enhanced 9-1-1 Advisory Board (Wireless Board), announced that Huntington County's 9-1-1 program received a total of \$137,905.99 for the 2008 calendar year.

"As the Chairman of the Indiana Wireless Enhanced 9-1-1 Advisory Board, I am extremely pleased that we were able to provide vital funds to each of the emergency management service programs in Indiana's 92 counties," explained Treasurer Mourdock. "Our monies are generally used to fund the dayto-day operations and the technological needs of local Public Safety Answering Points." In addition to providing funding for local Public Safety Answering Points (PSAPs), the Wireless Board is responsible for the oversight of Indiana's Enhanced 9-1-1 (IN911) network. The IN911 network routes all wireless emergency 9-1-1 calls made in Indiana to the nearest PSAP, which, in turn, notifies local emergency authorities and services. Funds that support the IN911 network and that get distributed to local 9-1-1 programs are collected as monthly subscriber fees on wireless phones as required by Indiana statute.

"In Indiana, we are at the forefront of emergency wireless technology and considered a national model by many," stated Treasurer Mourdock. "I and the other members of the Indiana Wireless Enhanced 9-1-1 Advisory Board take our responsibilities to our fellow Hoosiers very seriously. We will continue to upgrade and improve our services as new technologies emerge in the emergency wireless field."

### WFVD Receives GRANT

U.S. Sen. Dick Lugarwas notified that 15 Indiana fire departments will receive funds from the U.S. Department of Homeland Security's Assistance to Firefighters Grant (AFG) program totaling \$1,100,202. 14 fire departments received grants for operations and safety and the Schererville Fire Department received a Staffing for Adequate Fire and Emergency Response (SAFER) grant.

The Warren Volunteer Fire Department will receive \$34,580

for operations and safety.

AFG funds are utilized by the nation's firefighters to increase the effectiveness of firefighting and emergency response operations, and to improve firefighter health and safety programs. Schererville's SAFER grant will provide funds to hire additional staff.

In Fiscal Year 2008, AFG was administered by FEMA's Grant Programs Directorate in cooperation with the U.S. Fire Administration. The AFG Program provides grants on a competitive basis to rural, urban and suburban fire departments throughout the United States.

Fire departments with questions about the Assistance to Firefighters Grant program may reach the fire grants help desk toll free at 1-866-274-0960 or firegrants@dhs.gov. Forthe most current information regarding the AFGP, visit www.firegrantsupport.com.

Questions regarding the application process may be directed to Andrew Mills, Grants Coordinator, by phone at 202-224-4814 or by email at grants@lugar.senate.gov.

### COUNCIL NOTES

On Wednesday evening, March 4, the Van Buren Town Council met in the Council room at Town Hall. President Tony Manry opened the meeting at 7 p.m. and all in attendance repeated the Pledge to the American Flag.

A citizen in attendance was concerned about the unsightly condition of a neighbor's house.

Plans were made for Town Clean-up to be May 15, 16 and 17.

The part-time Deputy Marshal has resigned his position.

There was concern about the upcoming sewer plant project. A dog running loose was picked up and taken to the Animal Shelter which cost the town \$25.00. A discussion was held about the matter and it was decided to ticket dog owners if their animal is picked up. A Local Ordinance allows for the ticketing.

There will be a public meeting on March 12 at 2 p.m. in the Council Room at Town Hall. This concerns Stimulus money which the state is scheduled to receive. Van Buren has submitted a couple of projects they are required to do.

It was decided to change the April 15 meeting to April 22 due to a conflict on April 15th.

The next Council meeting will be March 18.

### NEW AT WPL

New books at the Warren Public Library include:

Fiction - One Day At a Time by D Steel; Promises in death by JD Robb; Terminal Freeze by L Child; Night and Day by R Parker; Handle With Care by J Picoult; North Star by R Wheeler; The Company We Keep by M Monroe: Life Sentences by Laura Lippman; Murder in Four Parts by B Crider; Critical Mass by W Strieber; Heart and Soul by Maeve Binchy; Jesus Chronicles: Luke's Story by LaHaye/Jenkin; While My Sister Sleeps by B Delinsky; The Second Opinion by M Palmer; The Hour I First Believed by W Lamb; Run For Your Life by J Patterson; Dead Silence by R White; Talk of the Town by Wingate; A Cousin's Promise by Brunstetter; Montana Creeds: Dylan by LL Miller; Temptation Ridge by R Carr.

Nonfiction – The Yankee Years by J Torre; Ted Kennedy: Scenes From An Epic Life; Why We Make Mistakes; Hitchhikers Guide to Evangelism; Child Care Today: Getting It Right for Everyone; Creating a Habitat for Humanity; God Speaks Your Love Language.

Children's – April Fool! Watch Out at School; American Girl: Clues in the Shadows; American Girl: Cry of the Loon; American Girl: The Tangled Web; American Girl: Lady Margaret's Ghost; The Composer is Dead by L Snicket; George Washington's Teeth; I Lost My Sock

Teen – Breaking Dawn by Meyer; Best Friends and Drama Queens.

### Sigma Phi

Beta Delta Chapter of Sigma Phi Gamma International Sorority met for their regular meeting at the Knight-Bergman Center on March 3, 2009.

The meeting was called to order by Susan Ralston, president. Roll Call was answered by have we had that big snow yet? Our thought for the month was "O God, what a comfort to know that you care and to know when I seek you, you will always be there" by Helen Steiner Rice.

Minutes of the last meeting were

read and treasurer reports were given. Correspondence was read from Province and International. Refreshments were severed by Peggy Sue Clark and Tara Korporal to the following: Sandy Booher, Opal Brubaker, Sandy Eichhorn, Sharon Gebhart, Suzette Gephart, Carol Irick, Jenny Plummer, Susan Ralston, Betty Yoder, Sondra Zabel, Rosemary Zeller.

CONTINUED PAGE 4



## Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is cancelled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

Mar 12 Recycle Day
Mar 12,13 & 14You Can't Take It With You, 7:30p.m. Pulse Opera
Mar 14 Angel Food Ministry Order Deadline
Mar 16 KBC Board Meeting, 5:30 p.m @ KBC
Mar 16 Salamonie Summer Festival Meeting, 6 p.m.
Mar 17 Banquo Christian Church Fish Fry, 4:30-7:30
Mar 17 St Patrick's Day

Mar 18 Van Buren Town Council, 7 p.m.

Mar 19,20 & 21 You Can't Take It With You, 7:30p.m. Pulse Opera

Mar 20 SPRINGBEGINS!!!!!!!

Mar 23 Warren Town Council, 4 p.m., Town Annex

Mar 26 Warren Recycle Day

Mar 28 United Church of Christ Spaghetti Supper, 4:30-7 at

Knight Bergman Center

Mar 28 Mt Zion Fish Fry, 4:30 - 7
Mar 28 Angel Food Ministry Order Pick-up

Bread of Life Food Pantry - Wed 2 - 5:00pm at KBC or by appointment - Call 375-2381. Bargain Basement - Friday & Saturday 9 - 4 at KBC Depression Support Group 2nd & 4th Thurs at Hope Missionary Church, Bluffton 6-7:30 Cancer Support Group - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus

## AREA NEWS CONTINUED

### More Page 3

The next business meeting will be held on April 7th at the room in the Knight-Bergman Center.

Sigma Phi Gamma will be having a buffet on Sunday, April 5, at the Knight-Bergman Center from 11:00 am to 1:00 pm. We will be serving baked steak and ham along with all the trimmings and home made desserts. Mark your calendar.



### BY DENNIS STROUD

In 1888, the Warren school passed out of the hands of the township trustee to town management. The members of the school board were appointed by the town council and served three years, one going out each year. This first board built a new two story, six room brick school house where the one story wood frame house stood. About eight years later, an addition was added, towards the east, containing two more rooms. It served that way until 1907. That year a modern high school building was erected to the south of the older structure.

In 1922, mounting cost and the desire for a consolidated township school led to the abandonment of the town school board and the schools were turned back to the township trustee. Samuel Thompson, the township trustee, took over the ground, bought some more and ended up with a little more than three acres. The contract was let on March 30, 1924 to construct the building that is still there today. The total cost of the project was \$155,746.00.

It wasn't until Perry S. Tracey became principal, in 1882, that a full three year high school course was planned and students were promised diplomas if they finished the full course. In 1886, the first commencement was held with a class of four. They were Grant M. Fleming, Charles A. Cale, Fred E. Swaim and Miss Gertrude Pulse. The next year Alvin D. Thompson and Rosa Woods were to graduate, but the school ran out of money and had to be stopped before time for commencement. No more commencement were held until 1892 and from that time on there have been a graduating class every year up to 1966, with the exception of 1899 when the change to a four year course was made. The Warren Alumni was organized in 1892 and still meet once a year in the old school.

### JR LEADERS

The Huntington County 4-H Junior Leaders will be at the Family Living Building, Hier's Park, from 7:00-8:30 pm on Thursday, March 12. A special program will be presented by Alan Foster of the Huntington City Police Department. In addition to a short business meeting, the group will finalize plans and work schedules for two upcoming concession stands on March 14 at the high school for the Wrestling Invitational and on March 28 for the Beef Preview Show at Hier's Park. The County Junior Leader organization is open to any 4-H member currently in grade 7 or older.

For more information about the **Huntington County 4-H Junior** Leader program, contact Purdue Extension – Huntington County Office, 354 N Jefferson - Suite 202, Huntington, phone 260-358-4826 or email laldridg@purdue.edu.

### SEEKING QUILTERS

Quilting items are being sought for the 8th Annual Quilt Show at the Historic Forks of the Wabash. The quilt show is co-sponsored by the Historic Forks of the Wabash and the Peacemakers quilting Club. The show will be held on Saturday, April 18th and Sunday, April 19th. The show will be held at the Historic Forks of the Wabash Museum at the intersection of State Road 9 South and 24 West.

The show is an opportunity for anyone who has vintage quilts or has made quilts and wants to display them. Also included are other quilting items such as: wall hanging, jackets, purses, table runners, etc.

As in the past, there will be vintage quilts in the Chief's House. In the museum, there will be all other quilting items. Judging will be by people's choice in several areas.

Included both days will be the quilter leftover garage items. A great place to find that hard to locate item needed for your quilting. If you have any items to donate for the sale, please provide that information with your registration.

Anyone interested in participating in the show or wanting further information is asked to phone the Historic Forks of the Wabash on Tuesday or Thursday morning at 356-1903.

### CARDIO WORKSHOP

Parkview Huntington Hospital invites the residents of Huntington County to a free educational workshop at the hospital to hear William Collis, MD, of Fort Wayne Cardiology, discuss "Understanding Cardiovascular

Health.'

Topics will include, among others, how to manage cholesterol, how to be nutritionally heart healthy and what procedures are available for detecting heart disease.

The workshop is scheduled for Wednesday, March 18, and will be held at Parkview Huntington Hospital, 2001 Stults Road, Huntington, in lower-level classrooms 1, 2 and 3, beginning at 6:30 p.m.

Light refreshments will be provided and reservations are required. To make a reservation, call Parkview Huntington Hospital Community Relations at (260) 355-3311, or (800) 533-2252, Ext. 53311.

### Instructor Program

The Indiana 4-H Program will hold a 4-H Shooting Sports Instructors Workshop March 27 - 29 at Ross Camp near Lafayette.

The program is designed for individuals who have an interest in shooting sports and are willing to help share their knowledge by helping instruct youth in the 4-H Program.

Individuals choose a discipline to focus on during the workshop. These include: Archery, Hunting, Muzzleloading, Pistol, Rifle, Shot Gun or Outdoor Skills.

### FROZEN FOOD SALE

The annual 4-H Frozen Food Sale is underway by Wells County 4-Hmembers and volunteers. Order forms are due March 24th at the Wells County Extension Office located at 1240 S. 4-H Road, Bluffton.

Over 100 items are included in the selection which ranges from frozen fruit and vegetables to fish and chicken. Many of the fruit and vegetables are bulk packaged in ten, twenty, or thirty pound containers. Most of the fruit can be ordered with or without sugar and are excellent for pies and desserts.

Many of the fruit and vegetables are individually quick frozen (IQF) which means you can just pour or scoop out what items you need. Some of the most popular items ordered include: Jones chicken breasts, skinless, boneless, and uncooked; Ocean Perch Fillets; Red Tart Cherries, quick frozen so that you can pour out what you need each time; and Raspberries, red and black. Special offerings during this sale include: Blazing Hot Chicken Wings; Potato Wedges; Chicken Breast Nuggets; Fruit Variety Pack; Steakwich; Breakfast Link Sausage; Fajita Vegetable Mix; California Blend Vegetables; Chicken Fryz / Sticks; Orange Juice; Blueberries; and Berry Patch Mix (blackberries, red

raspberries, blueberries, and sliced strawberries).

Customer satisfaction is assured by a money back guarantee from Wilson's Zero Foods on all products. Wilson's Zero Foods have been a long time supporter of 4-H and work closely with over 60 counties in Indiana, Ohio, West Virginia, and Pennsylvania with this unique and practical fund raiser.

Food orders should be picked up on Wednesday, April 8 from 2 - 5 PM at the Wells County 4-H Park in Bluffton. Proceeds from the Frozen Food Sales will go to the local 4-H clubs based on the sales and a portion will go to the Wells County 4-H Junior Leader Food Booth Building Fund.

For more information and an order form, contact any 4-H family or the Wells County Office of the Purdue Cooperative Extension Service, 260-824-6412.

### **N**ELSON'S

Kids Kampus child care center is having a Nelson's Chicken, Pork Chop and Ribs Fundraiser on Saturday, March 21st in K-Mart of Huntington's parking lot from 10:00 A.M. until 2:00 P.M. A portion of all sales go directly to Kids Kampus.

The cost for ½ Chicken and chips is \$6.00 presale and \$6.50 at the curb, Pork Chop and chips is \$5.00 presale and \$5.50 at the curb and Rack of Ribs & chips is \$8.00 presale and \$8.50 at the

New this year Kids Kampus and Nelson's are offering a pittatoes option as a side to the chicken, pork chop's and ribs. Pit-tatoes are potatoes cooked

CONTINUED PAGE 6



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## GENEALOGY REPORT

### BAKER

Helen Kay Baker, 56 of Huntington passed away at 11:35 a.m. on Saturday, March 7, 2009 at Millers Merry Manor in Huntington.

Helen was associated with Pathfinder Services for many years. She was a volunteer at the Quayle Center, she also volunteered at the Good Shepherd Church, and she folded church bulletins at several different area churches. She loved music and could tell you right away who sang the song and what year the song was made. She also enjoyed bowling, going out to eat with her friends and spending time with her family.

Helen was born on Nov. 14, 1952 in Bluffton, Indiana, a daughter of Gus and Nettie (Thomas) Baker.

Survivors include four brothers: Dan (Jan) Baker of Madison, Ind.; Tom Baker of Warren; Clarence (Barbara) Baker of Hartford City; John Baker of Huntington; and four sisters: Thelma (Sam) Lloyd of Huntington; Fern Vincent of Hartford City; Gennie (Steve) Poff of Huntington; Peggy (David) Tyler of Huntington and 29 nieces and nephews.

She was preceded in death by her parents and two sisters: Grace Baker and Ioleen Fear.

Services were held at the Myers Funeral Home Huntington Chapel with Pastor Clarence Baker officiating.

Memorials are to Pathfinder Services of Huntington County in care of Myers Funeral Home, 2901 Guilford Street, Huntington, IN 46750.

Interment was at the Asbury Cemetery in Wells County.

### SHAW

Delores M. Shaw, 77 of Bluffton passed away at 5:20 p.m. on Friday, March 6, 2009 at the Bluffton Regional Medical Center. She was born on November 14, 1931 in Manistee, Michigan, a daughter of Elijah G. and Cecilia A. (Steingberg) Boxell.

She was a past member of the Saint Peter and Paul Catholic Church in Huntington. She belonged to the Rockford Friendship Homemakers Club.

Survivors include a sister: Mrs. Albert (Darlene) Surfus of Markle; three nieces, two nephews, four great nieces, four great nephews and a great-great nephew.

She was preceded in death by a son: Phil Allen Shaw; a brother: Donald Boxell and a niece: Donna Surfus.

Services were held at the Myers Funeral Home Markle Chapel. Interment was at the Woodlawn Cemetery in Warren.

Memorials are to the Donor's Choice of Charity in care of Myers

Funeral Home, P.O. Box 403, Markle, IN 46770.

### **EDMONDS**

Kenneth H. Edmonds, 74, died at 11:30 p.m. Thursday, Feb. 19, 2009, in Millers Merry Manor, Marion.

He was born March 22, 1934 in Marion to the late Kenneth and Lucille (Kelly) Edmonds, Sr.

He married, Mary Ann White, Sept. 29, 1956, his wife of 52 years. She survives.

He owned and operated Kenny-Bob Automotive on 7th and Adams Street, Marion from 1959-1997. He was also the owner of Warren Automotive and a former owner of the NAPA auto part store in Elwood. After retirement, he worked in Hartford City at the local NAPA store. He was also co-founder of the National Advertising council for NAPA stores.

Kenneth was a graduate of Marion High School and a 1956 graduate of Indiana University. Bloomington. He was a US Army Veteran. He was a member of Sigma Chi Fraternity, IU, Lambda Chapter, Mecca Club, Aero Club and Meshingomesia Country Club. He served as past president of Marion Grant County Chamber of Commerce and was a member of Economic Growth Council. He was also selected as Boss of the year with the Marion Jaycees in 1987. Kenneth was an avid golfer and IU Basketball fan.

Survivors include sons, K. Douglas (Rhonda) Edmonds, G. Gregory (Sue Ann) Edmonds, both of Marion; daughter, Catherine (Bill) Bindley, Malibu, Calif.; grandchildren, Brittani Bockover, Tyler Edmonds, Will Bindley, Elizabeth Edmonds, Grace Bindley; eight granddogs. Services were held in Needham-Storey-Wampner Funeral Service North Chapel, 1341 N. Baldwin Ave., Marion, with the Rev. Jim Warnock officiating. Burial was in Estates of Serenity, Marion.

Memorials may be made to any local Grant Co. charity.

### **N**ICHOLS

Martha J Nichols, 84, Huntington, passed away at 4:15 a.m. Tuesday, March 10, 2009 at



Mrs Nichols was born January 23, 1925 in Texas to Tom and Suzie (James) Curtis. She married Delbert Nichols on July 4, 1946 in Markedtree, Arkansas. He preceded her in death on

Parkview Huntington Hopsital.

Mrs Nichols was a homemaker in her own home. She also raised three granddaughters – Gale (Jan) Long of Huntington,

September 12, 1987.

Michelle McPeak of Huntington and Cendy McPeak of Fort Wayne.

Surviving in addition to the above mentioned granddaughters are a daughter, Janice (Wayne) Hearn of Texas, two sons Winston Nichols of Texas and Dwight Nichols of Huntington; granddaughter Tuesday Hearn of Texas, grandson Jeffrey Nichols of Auburn, four greatgrandchildren and one greatgreat-grandchild.

She was preceded in death by her parents, husband, sister Willie Clark and brother jack Curtis.

Calling hours will be held at Glancy H Brown & Son Funeral Home on Thursday from 5-7p.m. and Friday from 10-11a.m. Services will take place at 11 a.m. Friday, with Rev John Backes officiating. Burial will be at Gardens of Memory, Marion IN.

Memorials can be made to the Donor's Choice.

### **HARVEY**

Marvin Leroy Harvey, 79, of Upland, died at 5:40 a.m. on Tuesday, March 10, 2009 at University Nursing Center in Upland.

He was born Wednesday, July 10, 1929 in Wells County to Homerand Nola (Hoover) Harvey. He married Janice (Woodruff) Harvey on June 3, 1967 in Van Buren.

Marvin worked for Weaver Popcornin Van Buren and retired after 31 years of dedicated service. He also gave 31 years to the Van Buren Volunteer Fire Department. He was an active member of the Central Christian Church, enjoyed camping and was an avid Eastbrook softball fan.

Surviving in addition to his wife are sons, Dallas (Sandi) Duggan of Upland, and Keith (Jo) Harvey of Indianapolis; daughters, Dawn (Jay) Small of Fairmount and Karen (Dave) Bupp of Jerrsonville. Granddaughters Shannon and Caitlyn Duggan, Micaela Martin, Samantha and Alexandra Small, Tiffany (Keith) Shelton, Melissa (Jason) Keller, Mindy (George) Hayes, Leah and Heather Bupp, and Christie Boyd; grandson Ryan and Bret Small and Adam Bupp; nine great-grandchildren with one on the way; sister Martha Robinson of Treaty, IN and sisterin-law Eilene Harvey of Warren.

He was preceded in death by his parents, a brother Max Harvey, and two sisters, Maxine Grover and Marcell Allen.

Arrangements are being handled by Ferguson and Glancy Funeral Home, Van Buren, where the family will receive friends from 3 to 4 p.m. and 6 to 8 p.m. Thursday, March 12 and from 10 to 11 a.m. Friday, March 13. Services will be held at 11 a.m. Friday with Pastor Don Miller and Pastor Will Shelor officiating. Interment will be at Gardens of Memory in Marion.

Memorials to Eastbrook Athletic Department-Softball Fund, 560S 900E Marion 46953 or the Central Christian Church, 201S First St Van Buren 46991.

### **S**UTTON

Nanna Lee Sutton, 73, of Berne, IN, died at 7:12 p.m., on Friday, February 27, 2009 at



Adams Memorial Hospital in Decatur, IN.

She was born on Friday, October 18, 1935, in Adams County, IN to the late Elbert L. Aurand and the late Elizabeth J. (Peterson) Aurand. She married Steve J. Sutton on January 4, 1963 in Indianapolis, Indiana.

Mrs. Sutton had been a homemaker and enjoyed doing Jigsaw Puzzles and Word Searches. She was a 1954 Graduate of Decatur High School. She was a member of the St. Mary's of the Presentation Church in Geneva.

Survivors include Husband-Steve J. Sutton of Berne, sons Kevin (Judy) Fuhrman of Monroe, Gary Fuhrman of Fort Wayne, Stephen (Sandra) Sutton, Samuel (Tamara) Sutton, Luke (Verena) Sutton of Geneva, daughters Jodi Callow of Liberty Center, Sheri (Richard) Hermann of Decatur, brothers Thomas Aurand of Avon, Jack Aurand of Monroeville and 11-Grandchildren.

She was preceded in death by her parents, a daughter Shauna Yoder and one grandchild. Arrangements were handled by Downing & Glancy Funeral Home, 100 N. Washington Street, Geneva, Ind. Funeral services were held at St. Mary's of the Presentation Church with Father J. Bosco Perera officiating. Interment was at St. Mary's Cemetery at the church. Memorials to: St. Mary's of the Presentation Church or Family Hospice of Northeast Indiana 265 W. Water St. Berne, IN 46711

### **JOHNSON**

Evelyn N. Johnson, 93, of Montpelier, IN, died at 9:15 a.m., on Saturday, March 7, 2009 at Bluffton Regional Medical Center in Bluffton, IN.

She was born on Sunday, May 9, 1915, in Grant County, IN to the late Sidney W. Roberds and the late Geneva (Walker) Roberds. She married Cecil M. Johnson on August 21, 1937 in Hartford City, Indiana.

Mrs. Johnson had been a bookkeeper for 12 years for Hoosier Grain and 15 years at the Delaware County Farm Bureau. She had been a resident at Heritage Pointe in Warren, IN since 2001. She was a 1933 graduate of Hartford City High School, and was a former resident of Washington Township-Blackford County. She attended the First United Methodist Church in Montpelier.

Survivors include son Robert (Susan) Johnson of Santa Clarita, Calif., daughter Nancy Swoveland of Bluffton, Ind., granddaughters Lynn Perkins of Kingman, Kan., Julia Robinson of Woodland Hills, Calif., Sarah Johnson of Santa Clarita, Calif., grandsons Matt Swoveland of Bluffton, Ind., Max Swoveland of Auburn, Ind., Nicholas Johnson of Santa Clarita, Calif., seven great grandchildren and one great-great grandchild.

She was preceded in death by her parents, husband and a sister Esther Black.

Arrangements are being handled by Walker & Glancy Funeral Home, 109 West Windsor Street, Montpelier, Ind., where the family will receive friends from 4:00 to 8:00 p.m. Friday, March 13, 2009. Funeral service will be at Walker & Glancy Funeral Home at 10:30 a.m. Saturday, March 14, 2009, with Rev. Joe Haney officiating. Interment will be at Brookside Memorial Park in Montpelier, Ind.

Memorials to First United Methodist Church, 215 East Green St., Montpelier, IN 47359.



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## AREA NEWS CONTINUED

### More Page 4

on the Nelson's grill. Kids Kampus is offering the following options:

½ Chicken and pit-tatoes for \$9.00 presale and \$9.50 at the curb,

Pork Chop and pit-tatoes for \$8.00 presale and \$8.50 at the curb.

Rack of Ribs and pit-tatoes for \$11.00 presale and \$11.50 at the curb

Pre-Sale tickets are available through Friday, March 20th at Kids Kampus, 435 Campus Street, Huntington Monday through Friday from 5:30 A.M. until 6:00 P.M. and at Pathfinder Services, Inc., 1152 East State Street, Monday through Friday from 7:30 A.M. until 4:30 P.M.

### A MORNING DANCE

by The FlyLady, Marla Cilley I can tell you exactly why I put together a Control Journal! I was tired of building "To Do" Lists! Every day I would put the same thing on the list and every day I would check things off. Was I lazy! NO I call it resourceful. We love to make lists. It doesn't take long until those lists become boring. Maybe I was just bored with the same thing and I needed a little creativity to make it fun again.

Now listen closely! My Control Journal took shape over several months. I did not build it on my fateful New Years Day that I decided to get organized. It was on that day in 1999 that I made the biggest list of all and promptly decided that it was mean to expect me to do it all in the beginning. That is when I came to the conclusion that it would be much kinder to just practice one habit at a time. That is exactly what I did! I kept my sink clean and shiny for the whole month of January. It was my only requirement and because I didn't pile on with that huge list I could just do what I wanted. I was FLYing from start because I was loving myself enough not to push too hard. Everything I did was fun because I was not under the gun of my perfectionism.

As my habits were established I began to think of them as dance steps. I put them together into logical flow to start my day. One, two, three! One, two, three! One, two, three! Dancing on the FLY! Basic Steps to my Daily Dance

- 1. Get up 2. Make bed 3. Go to the bathroom
- Weigh 2. Check calendar 3.
   Shower
   Get Dressed 2. Fix Hair and
- face 3. Swish and Swipe
- 1. Take vitamins 2. Turn on computer 3. Put on shoes,
- Check Laundry 2. Fix coffee
   Dust Mop the floors

- 1. Empty dishwasher 2. What's for Dinner 3. Eat breakfast.
- 1. Fill water bottles 2. Start my music 3. Sit down to work at the computer.

Do you see how it all flows or shall I say FLYs by! One, Two, Three! This takes me about 20 minutes from start to finish because I have done my before bed routine and I am not trying to function in clutter.

My Control Journal became a place to hold my routines. I still had to be reminded when I was in the bathroom what the steps were. I am still a SHE and I will always be a SHE! This is why I love Post-It Notes. I don't beat myself up because I need them. I have a morning one and a before bed one in my bathroom. This is where I start my day and end my day. I even keep my calendar in my bathroom. I use it to chart my weight and put appointments in red to remind me. I am just starting to list my menu planning on it. This is because I have been cooking more.

Your Control Journal is just a place to keep your routines. It also helps others to see exactly what has to be done in a home. When you keep your routines in a sheet protector, you don't have to rewrite them every day or print them out from our Flight Plan. Use your Control Journal as your Check List for Take Off!

Are you ready to FLY with your Control Journal as your Personal Flight Plan!

For more help getting rid of your CHAOS; check out her website and join her free life coaching at www.FlyLady.net, listen to her channel http://www.blogtalkradio.com/channels/flylady show or read her books, Sink Reflections published by Bantam and her New York Times Best Selling book, Body Clutter published by Fireside. Copyright 2009 Marla Cilley Used by permission in this publication.

### MILK = HEALTH

A new health claim acknowledging the vital role of Vitamin D together with calcium for maintaining good bone health and reducing the risk of osteoporosis soon could appear on milk cartons.

The US Food and Drug Administration has approved a health claim urging Americans to boost their intakes of calcium and Vitamin D for bone health, suggesting that "adequate calcium and Vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis."

During tough economic times, many families are economizing on groceries - but one thing they should not cut back on is nutrition. Milk is simply one of the most nutrient-rich beverages consumers can buy – and at about 25 cents per eight-ounce glass, on a gallon basis, milk offers more nutrients per penny than almost any other beverage option in the supermarket.

In addition to being one of the most economical sources of protein and an exceptionally costefficient source of calcium, milk offers even more "bang for the quarter," with a total of nine essential nutrients including Vitamin A, protein and potassium. Other beverages can cost up to seven times the amount of one serving of milk while falling short on nutrients. When compared to beverage options such as soda, sports drinks, enhanced water, or even Vitamin D- and calcium-fortified orange juice, not one can stack up against the nutritional and economic value of a glass of milk. Its outstanding nutrient value is why the Dietary Guidelines for Americans states it is vital to drink three glasses of low-fat or fat-free milk each day. Now more than ever consumers should focus on the economic and nutritional value of the foods and beverages in their grocery carts, to make sure they're getting the most for their money. One of the products they can't afford to be without is milk. Go to www.winnersdrinkmilk.com for smart grocery shopping tips and to learn more about how milk is a smart nutritional buy for the entire family!

### **HEALTHY BONES**

The hot flashes. The incredibly dry skin. You've probably heard a mother, sister, aunt, or friend talk about menopause's wild effects on her body. But she probably hasn't mentioned its effects on her bones. Bone health can have a huge effect on your quality of life as you age, so learning how to take care of your bones is essential. Send for Menopause and Your Bones, a new, free package of brochures from the National Institute of Arthritis and Musculoskeletal and Skin Diseases that's been assembled to help you learn more.

During menopause, you lose bone mass much more quickly than at any other time in your life. You often see the results of the bone loss, called osteoporosis, later in life—think women in their 70s or 80s who are prone to broken hips. But your bones begin losing their density and strength as soon as menopause hits. Family history, the medications you take, excessive dieting, and other risk factors also determine how quickly your

bones become brittle. Menopause and Your Bones has more information on the causes of osteoporosis, including steps to take at many points in your life to increase bone density or slow its loss. Back pain can be a sign of osteoporosis, especially if it's sudden. But how can you distinguish between the regular back pain that comes with age and something more serious? The Menopause and Your Bones package also includes a brochure focused solely on back pain. Its advice on causes, treatments, and ways to prevent back pain to is sure to come in handy-8 out of 10 people deal with it at some point.

The good news is that there are many things you can do to keep your bones strong and your back healthy, whether you're years away from menopause or already past it. Yes, the standard advice

about eating right is true, especially foods that contain calcium and Vitamin D, and exercise is also important. But make sure it helps you strengthen your back and abdominal muscles. Things like stair climbing, brisk walking, or anything that makes you work against gravity also help you maintain the amount of bone you

CONTINUED PAGE 8

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## Warren's Winter Wake Up!

I prefer winter when you see and feel the bone structure of the landscape - the loneliness of it, the dead feeling of winter. But you must remember, something waits beneath it, the whole story doesn't show. ~Andrew Wyeth

This is how we should be looking at our downtown. It is only in the grips of winter, but there is promise and possibility waiting just beneath the surface! Let us all greet spring and our community projects, with an enthusiasm like this town has never seen!

Did you know that the last Indiana Department of Transportation's traffic count study, conducted in 2001, showed an average of 3197 vehicles passing thru our downtown in a single day! Just think what could happen to our town if we got these people to stop and take a closer look!

The Warren Area Chamber's main mission for this next year is to work hand in hand with the "Downtown Beautification" project. This project will work to update our new sidewalks with new trash containers, benches and planters. This project will also oversee the replacement and updating of the Christmas lights on the buildings to a new LED style which will burn brighter and will take less electricity to run. A new speaker system is also being installed downtown to use all year. This can play music during events and thru the holiday season, make announcements of upcoming activities, and even advertise our local business establishments. All of these items will complete our new look downtown and make those that drive thru want to stop and take a closer look!

The "Downtown Beautification" committee and Warren Chamber are looking for help from the community to see these projects and dreams fulfilled. They are asking for contributions from local residents, businesses, and service organizations to help purchase these items. Remember what a little paint did last year to liven up the town. Just think what a few well placed benches and overflowing planters will accomplish.

It is our goal to have these projects completed in time for the Salamonie Summer Festival. With all the people visiting our community over those few days we have a chance to make a lasting impression! We hope to make that a positive impression and they say, "Wow, what a great place to live!"

Any amount you can contribute will be greatly appreciated and put to good use! Remember anything you donate is tax deductible! Please mail your contribution to: Warren Area Chamber of Commerce / % Downtown Beautification / PO Box 40 / Warren IN 46792.

Help us wake up our town from its "Winter Slumber" and find the beauty that lies beneath!

## CLASSIFIEDS

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Millsite Dr., Warren IN 3.13\*

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Beautiful one bedroom upstairs apartment with the best view in Warren. Hard wood flooring all through the apartment. Please no smoking or pets. Utilites included \$500 per month rent.

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#### **BABYSITTING**

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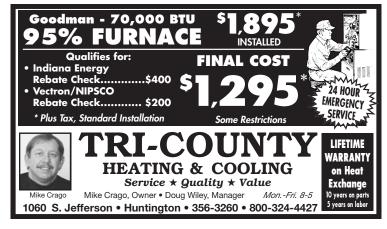
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Send in your ad -- include name, address, and phone number (for our records) and number of times you wish ad to run. We reserve the right to edit all ads. Send to: WARREN WEEKLY, P O Box 695, Warren, IN 46792, OR drop off at PJ's Flower and Gift, Downtown Warren by 10 a.m. on Tuesday for the Friday edition.

### **EXAMPLE**

For Sale -- 1986 Ford Fairlane, 4 door, power steering and brakes, 1 2 3 4 5 6 7 8 9 10 11 10321 N. Victory, Warren. Phone 260-000-0000. 12 13 14 15 16 17 18

## AREA NEWS CONTINUED

### More Page 6

have. And Menopause and Your Bones has plenty of other suggestions to keep your bones in good shape.

Osteoporosis doesn't have to be a fact of life when you age. Luckily, Menopause and Your Bones can show you how to have healthy bones for as long as possible. There are three easy ways to place your order:

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Call toll-free 1 (888) 8 PUEBLO. That's 1 (888) 878-3256, weekdays 8 a.m. to 8 p.m. Eastern Time, and ask for the Menopause and Your Bones package.

Get even more information and take advantage of online government services resources www.USA.gov www.GobiernoUSA.gov-your official English and Spanish web portals to the Federal government.

### TEACH YOUR TEEN TO SPEND SMARTER

(NewsUSA) - If you are a parent with teenagers, you've probably had more than one conversation with them about money, especially in today's economy. Likely, these talks have revolved around them asking for more money than you wish or can afford to give right now. Although it may seem impossible, teens can learn to manage their own money with a little discipline and guidance from mom and dad.

To make money-management conversations easier for parents who may be struggling themselves, Discover Card offers some tips:

- Show Them the Money. Depending upon your comfort level, you may want to offer your teens a look at some of the household bills. This will give them a clearer view of exactly how much things cost. Since many teens are in the habit of asking for money from their parents without understanding exactly how much all of those movies and clothes actually cost — and how they fit into the family budget — try keeping track of their expenses for a month. Have your teen tally up things such as movies, clothes, video games, and cell phones to show them exactly how much they are spending.
- Wants Versus Needs. Sit down with your teen, and help them separate their wants from their

needs. Then, decide how much money you will contribute for their needs each month. Providing teens with a set amount of money for discretionary spending forces them to prioritize their purchases. One easy way to provide this cash to your teen is with Current Card by Discover, an innovative debit card that helps teens manage their spending and keep their money safe.

- A Penny Saved Is a Penny Earned. Encourage your teen to save for big-ticket items they may want, such as a cell phone or a senior trip. If you are willing to contribute to the cost, explain exactly how much you will put in, and ask them to save for the rest. Be sure to make it clear that you will not increase your contribution if they cannot come up with their share of the cost, and help them set up a savings account, if necessary.
- Set the Record Straight. Have your teen keep a close record of how much money they spend and where. The Current Card makes this easy by allowing parents and teens to track spending activity online or through e-mail and text message alerts. Financial literacy information is also available to teach teens how to create and manage a budget.

To learn about more ways to help your teen spend smart and more, visit save www.CurrentbyDiscover.com.

### QUICK FIXES

(NewsUSA) - 'Tis the season of birds, bees and dust pans. As spring slowly drifts toward summer, many homeowners and apartment dwellers will embrace big cleaning projects. In fact, 75 percent of Americans make spring cleaning a part of their seasonal routine, according to a 2008 survey conducted by the Spring Cleaning Survey by the Soap and Detergent Association.

To ensure this is the year the car finally fits into the garage, and guests, not storage, occupy the spare bedroom, the Whirlpool Institute of Fabric Science (instituteoffabricscience.com) and Gladiator GarageWorks, a complete garage-organization system, offer their favorite tips to

spruce up the home this year: - Pinpoint areas of the home that need immediate attention, and assign family members to specific jobs. Involving everyone gets the job done more quickly. - Tackle high-visibility areas first, like entryways, living areas and the garage, then assess storage needs. For example, a coordinated storage system with cabinets, hooks and baskets helps organize homeimprovement supplies, sports equipment and seasonal items.

- Take inventory. If an item hasn't been used in more than a year, consider throwing it out or donating it.

- Clean behind furniture and appliances. Vacuuming behind the refrigerator helps improve its efficiency and saves money on utility bills. This is also a good time to change your refrigerator water filter.
- Don't forget to organize overlooked parts of the home, like the laundry room, where designating areas for sorting, treating, folding and ironing makes the seasonal switch to warm weather outfits easier and faster.
- Regularly "wash" the washing machine to remove odor-causing residue, improve efficiency and ultimately save money.

The last tip is especially important, as removing odorcausing residue from the washing machine extends its lifetime and increases its cleaning abilities. While all washers, no matter the make or model, have the potential for odor-causing residue to build up, high-efficiency models seal more tightly and use less water than traditional top-loading machines. Odor can occur when residue from detergents, lint and soil accumulate in areas of the washerwhere water cannot easily rinse. Cleaning the washer every 30 days with a product such as the Affresh washer-cleaning kit, along with the suggested tips in the appliance's Use & Care Guide, will go a long way toward helping all washers run at peak performance.

Bread of Life Food Pantry Hours Wednesdays 2:00 - 5:00 p.m. at

Knight Bergman Center

or call **375-2381** 

for an appointment MONIE



SEND YOUR FAVORITE OUT-OF-TOWNER, COLLEGE STUDENT OR RELATIVE A SUBSCRIPTION TO THE Warren Weekly. It makes a treasured gift EVERY YEAR. (SEE PAGE 7 FOR DETAILS)







## HYBRID HEATING & COOLING SYSTEM

Have the best of both worlds\*\* a 90%+ gas furnace with an electric air source heat pump ...

Call now for more details and to save \$7,000 with the installation of this system vs. a Closed Loop Geothermal System. GE Financing Available for a quick installation!

1-877-375-3010 or 260-375-3010 Easily located at the Stop Light in Warren

### WARREN BASEBALL LEAGUE SIGN-UP Boys & Girls Baseball & Softball

Warren Baseball is about to kick-off another great year! Every boy and girl, ages 5 thru 17 on June 1st will have the chance to play in every game.

Leagues include T-Ball (5 & 6 yr old boys and girls), Coach's Pitch (7 & 8 yr old boys and girls), Junior Girls Softball (ages 9 - 12), Senior Girls Softball (ages 13 - 17), Boys Little League (ages 9 - 12), and Boys Pony League (ages 13 - 17).

\* Note: Only 13-16 yr. old boys will pitch in Pony League NOTE: If you play in the Huntington County League you are NOT eligible to play for Warren Baseball League. You may send in your entry and if your child makes the team in HCB you will receive a refund by calling 375-2989.

A fee of \$10 per player will be assessed for T-Ball and Coach's Pitch with a sales program to help defray the costs of running the

A fee of \$20 per player will be assessed for all other leagues and they will not participate in the fundraiser.

Please Note!! NO "REQUESTS" Except for Siblings! Warren Baseball reserves the right to refuse entry to any player. Thank YOU!

### PAYMENT MUST BE INCLUDED WITH THIS FORM!

Mail form (one per child) and payment to: Warren Baseball League PO Box 719 Warren, IN 46792

*Make checks payable to: Warren Baseball*
Clip & Mail With Payment by March 29
Name Circle: Boy or Girl
Parent Name
Address
City Zip
Phone (or how to be reached)
Birthdate Age on June 1st
Team Last Year
Brother/Sister Same Team
Shirt Size, Circle: CHILD S (6-8) M (10-12 L (14-16) or ADULT S M L XLXXL
List brother or sister you wish on same team
Are you interested in coaching? Circle YES or NO
APPLICATIONS RECEIVED AFTER MARCH 29, 2009 WILL BE SUBJECT TO A WAITING LIST AND MAY OR MAY NOT BE ALLOWED TO PLAY THIS YEAR! Please Sign Below for Permission to put pictures of your child on web site (only 1st names will be used).

www.myspace.com/warrenbaseballleague