

Friday, May 24, 2019

Volume 34, Number 16



www.warrenweeklyindiana.com

# Warren Weekly

Your Hometown Newspaper

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Thought for the Week: Knowledge speaks, but wisdom listens. Jimi Hendrix



## RHODES TO PERFORM

Greg Rhodes will be at Riverside Park, downtown Warren on Friday, May 31<sup>st</sup> at 7 PM. Bring your chairs and enjoy the concert sponsored by The Warren Area Chamber of Commerce and East of Chicago Pizza. In case of inclement weather the concert will be held at the KBC Gym. This concert is for all ages and is FREE! You can enjoy dinner before the concert at one of the 3 downtown Warren restaurants. East of Chicago Pizza, Bravo's Restaurant, & the Wagon Wheel, all within easy walking distance of Riverside Park.

epilog laser cutters. Items at Homespun include laser engraved wooden spoons, rolling pins, pencil boxes and hinged lid gift boxes. They have been married twenty years. Their hobbies include camping and craft fairs and they love antiques. Call Sandy or Lynn for customized orders for events such as weddings, graduation and bridal/baby showers. Stop in to enjoy their unique gift items.

Another spotlight coming next week!

Items added weekly! Stop in and see what's new!

Check out our Facebook page.

Homespun Market at 427 North Matilda Street in Warren.....Hours are Wednesday and Friday from 10-6 and Saturday from 9-2.

## HOLIDAY HOURS

The Warren Pharmacy will be open Friday, May 24th normal business hours 9 AM - 5:30 PM.

We will be Closed on Saturday, May 25th through Monday, May 27th in Observance of Memorial Day. May we Remember our God is the source of every blessing we still have!!!

Happy Memorial Day Weekend!

For as often as ye eat this Bread, and drink the Cup, ye proclaim the Lord's Death until He come. 1 Cor.11:26

We will be open Tuesday, May 28th 9am-5:30pm.

## CLOSED THIS WEEK

There will be no "Come to the table" food pantry this month. We will see you in June, look in the paper for the date. Healing Waters Ministry.

If you have a need, you can call the Pastor (1-260-273-6072), and he can have you come on Sunday. God bless and we will see you in June.

## NEPAC WORKSHOP

Crop advisors, pesticide applicators, and growers have the opportunity to learn more about crop diagnostics at a June 18 workshop featuring specialists from Purdue University.

The NEPAC Crop Diagnostic Workshop will run from 9:00 a.m. to 2:30 p.m. (8:30 a.m. registration) at the Northeast Purdue Agricultural Center (NEPAC), 4821 E. 400 S. Columbia City, IN. The workshop focuses on strategies for nutrient, disease and weed management, along with practices to improve corn and soybean yields.

Topics and speakers are:

"Update on Weed Control Strategies and Herbicide Resistance" by Bill Johnson and Marcelo Zimmer - Purdue Botany & Plant Pathology Dept.

"Crop Disease Management Updates" by Darcy Telenko - Purdue Botany and Plant Pathology Dept.

"Drift Issues/Pesticide Program Updates" by Joe Becovitz, Office of Indiana State Chemist

"Soil Phosphorus Testing for Agronomic Efficiency Improvement and Non-point Loss Reduction" by Chad Penn - Purdue University Agricultural Research Service

"Drone (Unmanned Aerial Vehicle) Technology and Uses for Crop Monitoring" by Crystal Van Pelt, Purdue Extension Educator and Erich Eller, ForeFront Ag Solutions

Applications for approval of recertification credits have been submitted for this workshop including:

Commercial Category 1, 14 and RT credits (CCHs); Private Applicator Recertification Program (PARP) credits; and crop advisor credits (CEUs).

Registration is due by June 14 online at <http://www.cvent.com/d/46qgxw>. The cost to attend the workshop is \$90 per person. Lunch is provided.

Continuing education credits for the Private Applicator Recertification Program will be available for \$10. Farmers are reminded to bring their pesticide applicator cards for registration.

For more information, contact Ed Farris, Purdue Extension Educator in Huntington County, at 260-358-4826, [emfarris@purdue.edu](mailto:emfarris@purdue.edu).

## ELECTRIC DISRUPTION

AEP/I&M has notified Town officials that customers of Town of Warren Municipal Electric will be without service on Saturday, June 8th from approximately 1-5 p.m. to allow transfer over to the newly installed electric transmission system which supplies power to the area.

## WVFD MEAT SALE

2019 WVFD Meat Fundraiser! Order forms are available at Town Hall, DeWeese Softwater & Appliance, Bolinger's Propane and The Warren Pharmacy or get with any of the firemen on the

Department. Get yours today and help support your local fire department. Meat provided by Lengerich Meats. Proceeds benefit the Warren Volunteer Fire Department!!! Orders will be taken May 27th thru July 6th with order pickup on July 20th.

## MARKET

We're still gearing up for Memorial Day weekend. Stop in and see what we have. i.e. grave saddles, fresh or silk flowers or plants or place your custom order today.

Spotlight - Sandy and Lynn Fowler have a business using

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**WARREN WEEKLY** • Owner/Publisher: Nicki L. Zoda  
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WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at Warren Market, Dollar General, and next to the Post Office in downtown Warren, along with various other businesses. The Warren Weekly is also available at Circle K and Time Out Tavern in Van Buren. Total circulation is 3000.

It is sent anywhere in the Continental United States for three (3) months for \$12.50, six (6) months for \$24 or \$48 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792. Or you can request a digital copy (by e-mail) at a cost of \$24 per year.

Deadline for news and/or advertising is Noon Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at Town Hall or mail to PO Box 695, Warren or email to editor@warrenweeklyindiana.com.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

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## Kudos, Kicks & Karats

### FOOD DRIVE

Thank you for supporting the postal carrier food collection on Saturday May 13, 2019. The 46792 area zip code donated five hundred and twenty pounds of non perishable items. to the Bread of Life Food Pantry..

Your donations will help so many families in Warren and surrounding area prepare nutritious meals for their families this spring.

Thank you for caring and helping the pantry fill it's mission. Neighbors helping Neighbors.

Volunteers of Bread of Life Food Pantry

### YOU DON'T WANT TO GIVE UP!

from the American Counseling Association Life is full of challenges. Some big, some small, but all can dishearten us at times and make us feel overwhelmed and discouraged.

While the goal of some challenge may be important to you, it can be easy to lose sight of that goal when things get in the way. Other responsibilities, a task's difficulty, a lack of time or just the fear of failing, can all cause you to give up.

Step one in taking on a challenge is clearly defining what it is that you want to accomplish. Identify and write down the goal you want to reach. It should be something specific, not a generality like "be a better person" or "be a happier person." It might be to stop smoking, to learn a new language, to get that promotion at the office, or any of a thousand other things that would actually make you healthier, happier or more content.

What you write down should become your purpose, something that you are going to give priority in your life. This means redefining your overall priorities. It means not letting yourself be distracted by lesser goals that are going to stop or distract you from achieving what you really want to achieve. This may mean saying no sometimes or rearranging schedules to work toward your goal. The idea is to keep the focus on the thing you most want to achieve at this time.

When your top goal is something large, your next step is to figure out the steps you need to take to finally get you to that goal. If an office promotion is what's important to you, for example, maybe the first steps are doing small things to make yourself and your talents more visible, or volunteering to take on new projects that will help lead you to that bigger goal.

And, no, you don't want to give up. It can be easy to want to stop trying when things get difficult. Some studies find that it might take eight attempts before someone is successful at stopping smoking. Losing weight also often takes multiple

CONTINUED PAGE 8

#### ASBURY CHAPEL UNITED METHODIST

8013W 1100S -90, Montpelier  
 Phillip Freel Jr, Pastor

Worship ..... 9:30 a.m.  
 Sunday School ..... 10:30 a.m.  
 Wed Carry-in & Fellowship .. 6:30 p.m.

#### BANQUO CHRISTIAN CHURCH

8294S 900W 35  
 Harold Smith, Pastor

Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.  
 Bible Study ..... 6:00p.m.

#### BOEHMER UNITED METHODIST

Chad Yoder, Pastor  
 Denise Heiniger, S.S. Supt.  
 Sunday Worship ..... 9:30a.m.  
 Sunday School ..... 10:45a.m.

#### CENTRAL CHRISTIAN CHURCH

Van Buren, Indiana 765-934-2199

Worship ..... 9:30 a.m.  
 Youth Group 4:30-7:30pm at SwitchUp  
 Handicap Accessible

Little Panther Preschool 765.934.2099  
**HEALING WATERS MINISTRY —**  
**5811 W 600 S, MT ETNA**

Pastor Wayne Couch  
 260/515-2517

Sunday Prayer ..... 9:15 a.m.  
 Sunday School ..... 9:30 a.m.  
 Worship Service ..... 10:30 a.m.  
 Wednesday Bible Study ..... 6:00 p.m.  
 Sunday Evening Service ..... 6:00 p.m.  
 Daycare provided during Worship

#### DILLMAN UNITED BRETHREN

8888S 1100W-90, Warren 375-2779  
 Matt Kennedy, Pastor

Worship Service ..... 9:00a.m.  
 Sunday School ..... 10:00a.m.

#### HANFIELD UNITED METHODIST

101 N 400 E - Marion 765/664-8726  
 Timothy Helm, Senior Pastor  
 1st Worship..... 8:30 a.m.  
 Sunday School ..... 9:45 a.m.  
 2nd Worship..... 11:00 a.m.

#### THE NEW BEGINNING

SR 218, 2 1/8 mile west of Poneto  
 Steve Sutton, Pastor  
 765/728-2065 for more info  
 Sunday Worship..... 10:30a.m.  
 Thursday Prayer Meeting..... 7:00 p.m.

#### HERITAGE POINTE

Chaplains Gerald Moreland, Ginny  
 Soultz & Dick Case  
 Sunday Morning Worship ..... 9:30 a.m.  
 OTHER SERVICES BY ANNOUNCEMENT  
 Monday thru Friday

Chapel Services ..... 9:00 a.m.  
**WARREN 1st BAPTIST CHURCH**

727 N Wayne St, Warren  
 260-375-2811

office@warrenfirsbaptist.net  
 Pator Rusty Strickler  
 Youth Dir: Peter & Mindy Fairchild  
 Sunday School .....9:00 a.m.  
 Sunday Worship .....10:00 a.m.  
 Youth Group: Grades 5-12 ..Sun 11:30  
 Ekklesia (2nd Svc) ..... Fri 7pm

#### HILLCREST

#### CHURCH OF THE NAZARENE

375-2510

Bus Service 375-2510

[www.hillcrestnazchurch.org](http://www.hillcrestnazchurch.org)  
 Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.  
 Evening Worship..... 6:00 p.m.  
 Youth Group (Wed.)..... 6:00 p.m.  
 Wed. Midweek Service..... 6:30 p.m.

#### SOLID ROCK UNITED METHODIST

485 Bennett Dr, Warren, IN  
 375-3873

Paul Burris, Pastor

Sunday School ..... 9:00 a.m.  
 Worship Service ..... 10:00 a.m.

#### LANCASTER WESLEYAN

3147 W 543 S, Huntington  
 468-2411

Doug Sharrard, Pastor

Pam Thompson, S.S. Supt.

Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.  
 Wednesday:  
 CYC/Teen/Adult Meetings .... 7:00 p.m.

#### LIBERTY CENTER BAPTIST CHURCH

694-6622

Aaron Westfall, Pastor

Sunday School ..... 9:15 a.m.  
 Fellowship ..... 10:00a.m.  
 Worship ..... 10:15a.m.  
 Tues. Bible Study ..... 7:00 p.m.  
 Wed. Choir ..... 6:30p.m.  
 Monthly Meetings

1st Mon Ministry Team ..... 7:00 p.m.

3rd Sat Mens Prayer Breakfast 8:00 am

4th Mon ABW ..... 1:30 pm

#### LIBERTY CENTER

#### UNITED METHODIST CHURCH

Pastor Diane Samuels

Morning Worship .....9:30 a.m.  
 Sunday School ..... 10:45 a.m.

#### THE CHURCH AT MCNATT

375-4359

Bill VanHaften, Pastor

Lois Slusher, Supt.

Brittney Miller, Youth & Family Dir.  
 Coffee Fellowship..... 8:30 a.m.  
 Worship ..... 9:15 a.m.  
 Sunday School ..... 10:30 a.m.  
 Bible Study - Wed. .... 7:00 p.m.

#### MT. ETNA UNITED METHODIST

260/468-2148 Sr 9 & 124

Rev. Michael Gallant - "Pastor Mike"  
 Multi-Generational Worship 9:30 a.m.  
 Fellowship ..... 10:30 a.m.  
 Sunday School ..... 10:45-11:30a.m.  
 Sunday Youth ..... 6-7:30 p.m.  
 Come as you are for all services

#### SALAMONIE

#### CHURCH OF BRETHREN

468-2412

Mel Zumbrun, Pastor

Worship .....9:30 a.m.  
 Church School ..... 10:45a.m.

#### UNITED CHURCH OF CHRIST

375-2102

Pastor Scott Nedberg

Youth Pastor Troy & Mindy Drayer

Sunday Worship..... 9:30 a.m.  
 Contemporary Service - Wed 6:30 p.m.  
 Sunday School all ages ..... 10:45 a.m.  
 Youth Group-Wed ..... 6:30 p.m.  
 Communion 1st Sunday of the Month

#### VB CHURCH OF THE NAZARENE

765/934-3321 Parsonage

Jeff Slater, Pastor

Jim Knight, Superintendent  
 Sunday School ..... 9:30 a.m.  
 Adult Worship ..... 10:30 a.m.  
 Children's Church ..... 10:30a.m.  
 Evening Praise Hour..... 6:00p.m.  
 Hour of Power (Wed) ..... 7:00p.m.

#### VB UNITED METHODIST CHURCH

765-934-1431

Pastor Cindy Osgood

Worship Service ..... 9:30 am  
 Sunday School ..... 10:30am  
 Not Home Alone - Wed ..... 3:00 pm  
 Prayer-Bible Study (Thur) ..... 7:00 pm  
 UMW 2nd Wed ..... 7:00 pm  
 Little Ones Book Club 1st Tue 10:00 am  
 Just Older Youth 3rd Tue ..... 12:00 pm

[www.vanburenumc.org](http://www.vanburenumc.org)

#### WARREN CHURCH OF CHRIST

375-3022

Ethan T Stivers, Senior Minister  
 Andrew Fisher, Youth Minister  
 Liz Richardson, Childrens MinistryAsst.  
 Tara Bower and Melinda Haynes -  
 Secretaries

[www.warrenchurchofchrist.org](http://www.warrenchurchofchrist.org)  
 Fellowship .....9:15 a.m.  
 Worship & Communion .....9:30 a.m.  
 Sunday School .....11 to 11:50 a.m.  
 Youth:

K-5th grade, Mon ..... 6-7pm  
 Jr/Sr Hi, Sunday ..... 6-8pm

#### WARREN WESLEYAN CHURCH

375-2330 6th & Nancy Sts. Warren

Rev. Allen Laws, Pastor

Wesley Welch, Supt.

Sunday School .....9:30 a.m.  
 Worship ..... 10:15 a.m.  
 Wed Bible Study ..... 6:00 p.m.

#### FARRVILLE COMMUNITY CHURCH

11044 E 200 N, Marion, IN

765-934-3609

Pastor Al Soultz

Sunday Worship..... 10:30 am  
 Sunday School Classes .....9:30 am  
 Sunday Adult Bible Study..... 6:00 pm  
 Thurs. Bible Study .....7:00 pm



*Please Attend The Church of Your Choice*



## AREA NEWS

### TRADE JEOPARDIZING OPERATIONS

Indiana Farm Bureau recently conducted an online survey of farmer members to gauge how the ongoing trade conflicts and increasing tariffs are impacting their operations. The survey received submissions from farmers across the state.

According to survey data, 72% of respondents said the current trade environment's impact on commodity prices is jeopardizing their farm operation.

Commodities across the board have seen a sharp decline in prices since the tariffs between the U.S. and China were announced and enacted. For example, in April of 2018, the soybean price was holding firm at around \$10.40 per bushel. After the tariffs were announced and put into place, those prices dropped. Today, the price per bushel of soybeans is in the \$8 range. Prices for other commodities including corn, which is produced by a large number of Indiana farmers, have also dropped significantly.

"The agriculture industry is dealing with a number of issues that impact a farmer's bottom line right now," said Randy Kron, INFB president. "There's a surplus of commodities in the market due to higher than average yields, and over the last five years farmers have seen a 50% drop in farm income. Add the additional impacts of trade wars and tariffs to the existing issues, and the

financial situation has become even more concerning."

The INFB survey also sought to understand the level of satisfaction with the current trade climate and the importance of passing the United States-Mexico-Canada Agreement. When asked about the current trade situation, 56% of Farm Bureau members who responded said they were not satisfied, and 65% said it was very important that USMCA is ratified.

"Farmers' patience on the trade situation certainly seems to be stretched thin," said Kron. "It's crucial that the administration finalizes and implements the USMCA, and that they continue to work toward additional agreements with Japan, the European Union and other nations. It will take many years to replace the export market that was lost during the trade war with China. Farmers understand the need to take corrective action regarding some of the trade inequities with China and to address the Chinese disregard for intellectual property rights. But if agreements aren't passed and additional efforts aren't made, some Indiana farmers will not be able to weather this storm."

Aside from the trade situation and the decline in farm income, Hoosier farmers also are contending with Mother Nature this year. This spring, Indiana has had significant amounts of rain

and not enough clear days to dry the fields. As of May 19, the United States Department of Agriculture reported that only 14% of the projected corn crop has been planted in Indiana, compared to 86% at this time last year.

Even with the current weather trend, Farm Bureau members who responded remain relatively positive that they'll be able to plant a crop this year, according to the INFB survey. Prevented planting is an insurance tool farmers use if they are unable to plant a crop by a predetermined date.

Farmers are covered for a certain percentage of the crop's worth, depending on when they file the claim. When asked during the week of May 13 if they were likely to make prevented planting claims through crop insurance, 70% of farmers who responded said that they were unlikely to take prevented planting measures.

"In farming, there are factors that are out of your control," said Kron. "While the weather cannot be influenced, farmers can certainly express their concern about trade and tariff escalations with their representatives in Congress. Indiana Farm Bureau has been and will continue to connect with elected officials to discuss how the current trade environment is impacting agriculture. I

would encourage farmers to do the same."

About Indiana Farm Bureau: 2019 marks the 100th anniversary of Indiana Farm Bureau (INFB). Since 1919, it has protected the livelihood, land, equipment, animals and crops of Hoosier farmers and is the state's largest general farm organization. As a farmer's strongest advocate, INFB works diligently to ensure a farmer's right to farm, because agriculture is so vital to Indiana's economy. Learn more at INFB.org

### GOLF RESULTS

Thursday May 16th Senior Golf Results:

1st Place : Steve Laymon, Jack Harmon, Stan Reed, Max ("The Putter") Spahr posted a -5 score of 31

2nd Place: Harold Williams, Charlie Forrester, Dave Stamper, Lynn Bonewitz posted -4 score of 32

Closest to #3 pin winner : Bill Ehler

Closest to #6 pin winner : Gary Sutton

Longest Drive on #7 (over 70) winner : Ez Harris

Longest Drive on #8 (under 70) winner : Jim Sparks

Thanks to "Day Never Done Farm" for sponsoring this weeks golf ball prizes. There were 37 participants with 1 "Yellow Tag" available, which went unclaimed. Steve Laymon and Larry Harshman each won the golf ball door prize.. Sign up begins @ 8:30

with tee-off @ 9:00.. Everyone is Welcome.... !

### TOURNEY WINNERS

Winners of the Heritage Pointe Pool Tourney for week of May 16, 2019 were Kay Mounsey and Jim Ottjes. Runners-up were Wilma Lee and Coleen Midwood. There were 18 players.

Wi-Fi Bowling this week was Floyd Minnich with 186, Bud Lee 176, George Pond 143 and Dick Lintner 134.

Good luck to all for next week.

### GINGHAM GALS

The Gingham Gals met at the home of Joyce Trout recently. Co-hostess Sandy Thompson presented the program enlightening us about Hellen Keller's life and the relationship with Annie Sullivan, who served as a teacher and companion. In the book "Beyond the Miracle Worker" we learned of the dependence of Annie on Helen in their later life.

President Evelyn Thompson conducted the short business session. Those attending were Betty Yoder, Diane Winkler, Roselyn Poulson, Ellen Laymon, Joenita Keller, Martha Jennings, Marcia Jackson, Ann Hollar, Joyce Buzzard, Ruthann Ackley and those previously mentioned.

In June we will meet with Ruthann and Betty.

### FORKS UNCORKED

HARTA and the Historic Forks of the Wabash have teamed up to bring you Forks of the Wabash Uncorked on Friday, July 12 from 5:30 - 9:00pm. Historic Forks of the Wabash is located at 3011 W Park Drive, Huntington.

This is an amazing wine and beer tasting event featuring the products of many great Indiana wineries and US breweries. Did we mention the food and music? Local food trucks will be there with plenty of food options available for purchase.

We invite you to sip your favorite wine or brew and

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### Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is canceled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

May 15	7pm	V - Town Council Meeting
May 17	4-7pm	Clothing Swap at Knight Bergman Center
May 18	10-2	Clothing Swap at Knight Bergman Center
May 20	6:30pm	KBC Board Meeting at KBC
May 27		MEMORIAL DAY
Jun 5	Noon	W - Chamber Luncheon at Knight Bergman Ctr
Jun 5	7:00pm	V - Town Council
Jun 10	5:00pm	W - Town Council Mtg, Assembly Hall

**Bread of Life Food Pantry** - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC  
**Bargain Basement** - Friday & Saturday 9 - 4 at KBC ; **Cancer Support Group** - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus  
 These Events Can Also Be Found at [www.warrenweeklyindiana.com](http://www.warrenweeklyindiana.com)



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# AREA NEWS CONTINUED

**MORE PAGE 3**

enjoy live music in a festive atmosphere. You'll find many items to bid on in our silent auction as well. Mark it on your calendar -- you won't want to miss this tasty summertime event!

Don't forget your lawn chair. Sampling ticket includes: A souvenir wine glass and tasting program, sample selections at each winery and brewery table, opportunity purchase bottles and glasses from your favorite, appetizers, live music, silent auction, and access to lots of great food vendors.

Designated Driver ticket includes: live music, silent auction, non-alcoholic beverages, and access to great food vendors.

Tickets on sale now: \$30 Advance tickets, \$10 designated driver and \$35 gate (day of). Buy tickets at First Federal Savings Bank Huntington locations), Belmont Beverage (Roanoke, Times Corners and Illinois Rd) and online via hartagotrails.org. No Refunds.

Benefiting the development, maintenance, awareness of trails in Huntington County and the education, history and preservation of the Historic Forks of the Wabash.

**PARKVIEW BEST PLACE TO WORK**

Two local, community-owned hospitals, Parkview Huntington Hospital and Parkview Wabash Hospital, have been named to Modern Healthcare's list of the 2019 Best Places to Work in Healthcare. Other Parkview hospitals named to the list are Parkview LaGrange Hospital, Parkview Noble Hospital and Parkview Whitley Hospital, which includes Parkview Warsaw.

This award program identifies and recognizes outstanding employers in the healthcare industry nationwide. Modern Healthcare partners with the Best Companies Group on the assessment process, which includes an extensive employee survey.

"Being recognized as a great place to work is really

exciting because we put a lot of energy into creating a culture in which our co-workers feel valued and respected for their contributions," said Marilyn Custer-Mitchell, president, Parkview Wabash Hospital.

"Teamwork is essential to delivering the highest-quality care, and when co-workers enjoy being part of the team, they really invest themselves in caring for our patients, for each other and for the Wabash County community."

Juli Johnson, president, Parkview Huntington Hospital, agrees: "We have such a great team of people here at Parkview Huntington. They are so committed to delivering world-class care to our patients every day, and to caring for each other and the community. And we recognize their dedication by showing them how much their skills, talents, compassion and commitment are appreciated. They have a strong voice in shaping our work environment, and that really shows in the experience of our patients, and in honors such as this one."

"Despite the political headwinds that the industry faces, healthcare organizations continue to be dominant economic engines in their communities," commented Aurora Aguilar, editor of Modern Healthcare. "Organizations recognized on this year's list have also weathered mergers and reorganizations and have come out stronger. As evidenced every month by the Bureau of Labor Statistics

employment numbers, the industry shows little sign of slowing down when it comes to creating jobs. And that puts pressure on employers to create not only robust compensation and benefit packages, but to create a sense of loyalty in a competitive labor market. We congratulate the Best Places to Work in Healthcare for going above and beyond to create fulfilling environments for the nation's professional caregivers."

## AN AUSTRALIA & NEW ZEALAND TRIP

Day # 15

by Larry Ryan

After sailing all night we docked at 9am. in Port Chalmers, at the town of Dunedin(long E) on the southeastern coast of the South Island. Sunshine arrived, but only 65 degree temperature. We did not sign up for a land excursion today. This was a good decision since both of us are still somewhat under the weather, "Down Under." Ughh! From the various ship decks, our camera was utilized to capture the surrounding landscapes and the town.

Since we were moored next to a large cargo ship and a huge loading dock with hundreds of the large, rectangular cargo pods, time was spent watching the precision and expertise displayed in loading and unloading the unlimited units from vessel to land and vice versa by a gigantic, double crane. After a pod

would be safely positioned by the crane on the dock, a two-legged vehicle that looked like a tractor on stilts, would straddle the pod, lift it, and wheel it to its storage area on the dock. It happened quickly and was orchestrated by the driver who was positioned in a cab at the top which was about four stories high. These super-strong vehicles scurried around the dock depositing their pod and quickly returning for another load. It reminded me of busy ants in an "Ant Farm."

With great effort, I finally pried myself away from this interesting activity on the dock to continue my daily schedule of note taking, napping, and enjoying shipboard meals. As the ship was leaving Port Chalmers in the evening, an albatross was spotted near land on the starboard side. I missed it by living on the port side. Well, somebody saw it so it becomes plausible.

In New Zealand the people are called, "Maori" in contrast to the "Aussie" name for Australians. And today was "Dignoti Day" which celebrated the signing of a Maori and British treaty. Most stores in Dunedin were closed to shoppers. I would have saved money if I had gone ashore.

The evening entertainment was presented by Chantelle Delaney, an Australian vocalist who has performed in the US and been accompanied by David Foster.

The word for today is "Hard Case," for "Funny Person." "Cold is getting better."

**WHAT TO KNOW BEFORE ANY HOME PROJECT INVOLVING DIGGING**

(StatePoint) When you look down at the ground you may not realize the millions of miles of buried utility infrastructure that keeps society clothed, fed, powered, connected, and a whole lot more. Unfortunately, many of us are on an out-of-sight, out-of-mind basis with the pipes, wires, and cables situated right under our feet, and this can have disastrous consequences when we try to dig without doing our homework first.

Having recently connected with several experts in the field as part of the National Excavator Initiative, Mike Rowe, CEO of the mikeroweWORKS Foundation and best known from the hit shows "Dirty Jobs," "Deadliest Catch," and "Returning the Favor," is urging everyone who digs, whether it be a professional excavator or homeowner, to call 811 before starting their projects, as well as to learn more about excavation safety and why it matters.

"Isn't it funny that the things we rely on the most -- our water, electricity, gas, cable -- we ultimately take for granted and, in many ways, wind up resenting?" muses Rowe, who points out that many people are surprised and even annoyed to learn that they can't just start digging on their own property without first calling 811. "What I learned is that calling 811 in advance of a dig

CONTINUED PAGE 5

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## GENEALOGY REPORT

### LANDON

Marilyn I. Landon, 83, of Huntington, IN, died Saturday, May 18, 2019, at 10 a.m. at her home.

Mrs. Landon worked in housekeeping at Parkview Huntington Hospital for 42 years, retiring in 2013. She was a 50-year member of First Baptist Church in Warren. She served as secretary for the American Baptist Women for 10 years and was a member of the White Cross Association.

She was born on April 19, 1936, in Tucson, AZ, to Merrill and Bernice Emily McNay. She married Robert T. Landon Sr. on Aug. 14, 1953 in Huntington, and he preceded her in death on June 23, 2016.

Survivors include two sons, Robert T. Landon Jr., of Huntington, and Mark Allen Landon, of Kokomo; two daughters, Marlene (Steve) Sills, of Huntington, and Teresa (Don) Parvin, of Kokomo; a sister, Mary Jane (Paul) Craig, of Warren; three grandchildren, Loretta Sue Roberts, Scott Lee Roberts and Peggy Lynn Ferguson; and two great-grandchildren.

Calling is Wednesday, May 22, 2019, from 3 p.m. to 7 p.m. at Bailey-Love Mortuary, 35 W. Park Drive, Huntington. A funeral service will be held Thursday, May 23, 2019, at 120 a.m. at the mortuary, with Rev. Rusty Strickler officiating. There will be one hour of visitation prior to the service. Burial will be in Star

of Hope Cemetery in Huntington County.

Memorials are to First Baptist Church in Warren, in care of Bailey-Love Mortuary, 35 W. Park Drive, Huntington, IN 46750.

### KILGORE

Linda S. Kilgore, 72, of Decatur, and a former Bluffton resident, passed away early Wednesday morning, May 15, 2019, at Markle Health and Rehabilitation Center.

Linda was born Jan. 2, 1947, in Oakland, Ohio, to Joseph Dean and Eleanor McGuffey Garrett.

Linda married Gary Kilgore Oct. 18, 1986, in Las Vegas and they lived in California for 27 years, returning to Bluffton in 2007. She was an owner/operator of a commercial cleaning company for many years and was affectionately called "Ma" by her family and friends. In her retirement, Linda enjoyed her cats and watching her favorite TV shows.

Survivors include a daughter, Janet Powers of Decatur; a daughter-in-law, Rhonda Kaltvedt-Powers of Huntington Beach, Calif.; a brother, Richard (Wendy) Garrett of Liberty Center; along with many nieces and nephews.

Linda was preceded in death by her parents and her husband Gary June 1, 2008.

A gathering to celebrate Linda's life will be held at a later date.

In lieu of flowers, memorials may be made to the family.

Linda's arrangements have been entrusted to the care of the Thoma/Rich, Lemler Funeral Home in Bluffton.

### GARD

Michael James Gard, 63, of Warren, Indiana passed away Friday, May 10, 2019 at the Hospice House in Fort Wayne. Mick was born June 20, 1953 to Robert James Gard and Idella Mae (Campbell) Gard both preceded him in death.

He was a draftsman and engineer working on designs of airplanes and cars throughout his career.

He is survived by his sisters, nieces and extended family.

No services will be held at this time. Memorial donations can be made to Visiting Nurse & Hospice Home 5910 Homestead Rd Ft. Wayne, Indiana.

## AREA NEWS CONT.

### MORE PAGE 4

is the single most important way excavators can ensure safety and prevent damage."

One such expert Rowe spoke to, put it in no uncertain terms.

"The message I like to give is 'call 811 so you don't have to call 911'," says Erica Fink, Energy Business Continuity Consultant of Xcel Energy. Fink is one of a series of underground damage prevention experts interviewed by Rowe. A new expert video is being released each month and focuses on key steps of the 811 process. Four videos have been released to date and highlight what's underground, the importance of the issue, safety, and the notification process. Check them out at [www.safeexcavator.com/me-et-the-experts](http://www.safeexcavator.com/me-et-the-experts).

If you are planning a project that requires digging, know that digging laws vary by state, and finding the specific information you're looking for can be a challenge. Get in the know by downloading the free Safe Excavator app

from Apple or Google stores. The app outlines state-specific requirements for excavation, connects to one call (811) notification centers so users can make a locate request, and provides a safe digging checklist to help your project go smoothly.

Most states require you to call 811 two to three days in advance of your dig. Pipeline and utility representatives will be sent to mark the approximate location of underground utilities and cables using color-coded paint, flags, or stakes so you (or your contractor) can safely dig around them. Not only is calling 811 the law, it can protect you, and those around you, from injury, save your community from disruption of the vital utilities it relies on, and help you avoid potential fines and repair costs.

Always dig with care. Doing so is a simple process and will protect you, your community and the environment.

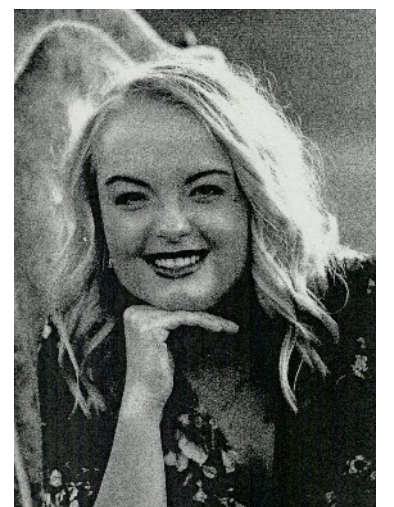
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### SCHOLARSHIP RECIPIENT

Beta Delta Chapter of Sigma Phi Gamma is proud to present Delaney Vickery with the 2019 Scholarship.

Delaney will be a graduate of Southern Wells High School, and plans on attending Lake Land College in Illinois to pursue a career in Animal Nutrition.

Delaney is the daughter of Bret and Carin Vickery.

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## AREA NEWS CONTINUED

### 5 WARM WEATHER

#### WEIGHT LOSS BLUNDERS TO AVOID

(StatePoint) Along with warm weather comes picnics, cookouts and other parties that can take a toll on your healthy lifestyle.

To help you stay on track while you're enjoying the sunshine and good times, Courtney McCormick, manager, Clinical Research and Nutrition at Nutrisystem, is sharing the top five weight loss blunders people tend to make this time of year and simple tips for avoiding them.

- **Blunder 1: Crash dieting:** The thought of putting on a swimsuit may entice you to crash diet. Crash diets are not only unhealthy, they tend to slow metabolism, making it difficult for you to drop more than just a few pounds. Also, any weight you lose short-term will be regained as soon as you resume eating normally. It's best to stick with your healthy lifestyle year-round. Have a bad day? That's okay. Vow to get back on track the next day.

- **Blunder 2: Ordering smoothies and frapps:** When the weather turns hot, a blended drink can seem like an ideal morning or afternoon pick-me-up. However, those from coffee shops and convenience stores tend to be loaded with sugar and fat. A 16-ounce serving may have more than 200 calories and 50 grams of sugar. Quench cravings by ordering unsweetened or lightly sweetened iced coffee or tea or opt for a protein shake.

"Being from the south, I love my sweet tea. To be sure I don't overdo it on the sugar, I will use a little bit of honey as a sweetener instead," said Julie Chrisley, Nutrisystem ambassador.

- **Blunder 3: Not watching alcohol intake:** Alcoholic beverages can be very refreshing in warm weather, but even a light beer or white wine is more than 100 calories, and today's popular sweet drinks like hard cider and wine coolers have as many 180 calories each. To

avoid over-indulging, alternate one or two drinks with fizzy seltzer over ice and a lime wedge.

- **Blunder 4: Perspiring to lose:** When you exercise in the heat, you may think you can feel the pounds melting off with each bead of sweat. And if you weigh yourself right before and after a workout, you may see a difference. The problem is as soon as you replace the fluids you've sweated out, you'll see on the scale that you've lost little, if any, weight. Your best bet is to maintain a steady activity level every day so that you get at least 150 minutes of movement a week. Regular activity keeps your metabolism burning continually, even if you're just walking inside an air-conditioned mall.

- **Blunder 5: Loading plates with BBQ favorites:** Backyard barbecues bring out many favorite classics, like potato salad and coleslaw. While those dishes start with healthful vegetables, they get weighed down with excessive saturated fats from mayonnaise and sour cream. What's more, the loads of sugar in popular barbecue sauces can heap calories on a lean chicken breast. To manage intake, avoid creamy salads and dip chicken in BBQ sauce instead of slathering it on before grilling.

For more tips and tricks for staying on track with weight loss and healthy lifestyle goals, visit [leaf.nutrisystem.com](http://leaf.nutrisystem.com).

To overcome the most common warm weather weight loss blunders, it's best to know what they are, as well as have go-to strategies to avoid them.

#### HOW PATIENTS CAN ENSURE THEY'RE CONSIDERING EVERY CANCER TREATMENT OPTION

(StatePoint) Melanoma, the deadliest skin cancer, is one of the most common types of cancer in the U.S. and rates are on the rise. Choosing a

course of treatment is one of the biggest decisions one makes while battling cancer, but experts say that many patients aren't being told about a critical option: clinical trials.

Only one in four people know anything about clinical trials, according to the National Institutes of Health, and only 15 percent of patients report ever having been asked to participate. But clinical trials are not only a way to gain access to new, potentially lifesaving treatments that may prove more beneficial than drugs on the market, they are also what's made every single FDA-approved drug that exists today possible.

While melanoma therapies have improved dramatically over the past decade, there's still no cure.

"We have made enormous strides in treating melanoma, but too many people still aren't benefiting from even the newest approaches," says Marc Hurlbert, Ph.D., Melanoma Research Alliance, chief science officer. "Lack of awareness about treatment opportunities, particularly for patients seen outside of premier cancer centers, along with myths associated with research studies, continue to present obstacles for patient participation."

Patients should understand all of their options to make the best possible decisions about their care.

"I would not be alive today, I mean hands down, without clinical trials. Stage IV melanoma had a 14 percent five-year survival rate when I was diagnosed in 2012," says Jamie Troil Goldfarb, a stage IV melanoma survivor.

Choosing a treatment direction, including whether or not to enter into a clinical trial, is a big decision. To help people make informed decisions and understand just how important clinical trials are to everyone, the Melanoma Research Alliance created resources and tools about clinical trials, and is dispelling these five common myths:

1) MYTH: Clinical trials are a last resort.

REALITY: Joining a clinical trial is a viable treatment option from day one of your diagnosis.

2) MYTH: I might get a sugar pill (placebo) without any real treatment.

REALITY: In melanoma clinical trials, patients may receive a placebo in addition to an FDA-approved standard of care treatment. Whether you're getting a standard or investigational therapy, by participating in a clinical trial, you'll receive close monitoring of your condition.

3) MYTH: Clinical trials cost more than standard treatment.

REALITY: The trial sponsor usually pays for the experimental therapy. They may also pay for any additional tests or visits required for the study. Patients, or their insurance, are responsible for the usual costs of care needed regardless of being in a clinical trial.

4) MYTH: If clinical trials were right for me, my doctor would say something.

REALITY: Not all doctors are aware of all options. Patients should be their own advocate and research what's available.

5) MYTH: If I change my mind, or the treatment isn't working, I'm stuck.

REALITY: Clinical trial participation is voluntary and

you can quit any time for any reason.

Currently, there are over 400 melanoma-focused trials actively enrolling patients. These trials will help develop new and improve existing treatments, and offer patients an opportunity to access cutting edge therapies. To learn more and be matched to clinical trials in your area, visit [curemelanoma.org/clinicaltrials](http://curemelanoma.org/clinicaltrials).

If you are battling melanoma, or any cancer, remember to ask about clinical trials. You haven't considered all of your options until you do.

#### TIPS TO KEEP KIDS SAFE FROM HOT CAR DEATHS

(StatePoint) Fifty-two children died in hot cars nationwide in 2018 of pediatric vehicular heatstroke -- more than any other year on record in the past 20 years. Experts say that these tragic deaths are entirely preventable.

"Even one child dying in a hot car is too many," says Amy Artuso, senior program manager of advocacy at the National Safety Council (NSC), a nonprofit organization whose mission is to eliminate preventable deaths at work, in homes, in communities and on the road. "The good news is that parents and caregivers can

**CONTINUED PAGE 8**



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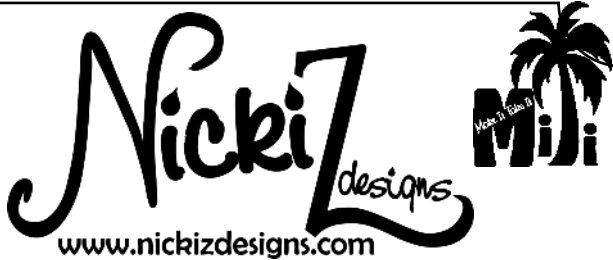
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## AREA NEWS CONTINUED

### MORE PAGE 6

act immediately to end these preventable deaths."

June is National Safety Month and an excellent opportunity to review the facts and learn more about keeping kids safe.

#### Understanding the Causes

According to NSC and noheatstroke.org, there are three primary circumstances resulting in deaths of children in hot cars. Knowing what they are can help you avoid them.

1. A caregiver forgetting a child in a vehicle: Leaving a child behind in a parked vehicle is an often-overlooked consequence of distracted driving. NSC advises parents and caregivers to avoid distractions -- such as cell phone use -- when driving and parking, in order to reduce the risk of forgetting a child in the car. A routine that helps you remember to check for your child in the backseat can help, too. Place a purse, briefcase or even a left shoe in the backseat to force you to take one last look before walking away.

2. The child gaining access to the vehicle: Keep car doors locked so children cannot gain access, and teach them that cars are not play areas. Children should never be able to access a vehicle on their own.

3. Someone knowingly leaving a child in the vehicle: There is no safe amount of time to leave a child in a vehicle, even if you are just running a quick errand. Even on mild or cloudy days, temperatures inside vehicles can reach life-threatening levels. Leaving windows slightly open doesn't help. Children should never be left unattended in a vehicle.

#### Educate Yourself

Acquaint yourself and anyone who cares for your child with free resources providing vital information about vehicular heatstroke. For example, NSC recently released "Children in Hot Cars," an online training course providing information about why cars heat up so quickly, why children in

particular can succumb to increasing temperatures in cars, and what parents, caregivers and others can do to prevent these needless deaths. The course is interactive, free and can be completed in 15 minutes or less, with a certificate of completion available at the end. It can be found at [nsc.org/hotcars](http://nsc.org/hotcars). For more information about pediatric vehicular heatstroke, visit [noheatstroke.org](http://noheatstroke.org).

Hot car deaths have claimed the lives of children in almost all states in the U.S. However, these deaths are preventable. Learn more about the causes to help keep your family and loved ones safe.

### TIPS TO PUNCH UP YOUR

#### NEXT BACKYARD

##### BARBECUE

(StatePoint) If you're like many folks, your backyard will become the heart of the home throughout the summer, as you play host to barbecues, picnics, parties and more.

To punch up your next celebration, give these tips a try.

##### Set the Scene

Make the task of DJ-ing simple by creating a playlist in advance, and getting your outdoor sound system set up before guests arrive. For evening parties, add ambiance to the scene by hanging string lights above your patio, pergola or wherever you want guests to dine and congregate. Tiki lights can add even more illumination to your party, while helping to keep biting bugs at bay.

##### Try a New Recipe

If you've served burgers and hot dogs at your last few

gatherings, your guests have come to know what to expect. This time, surprise friends and family with new flavors using this delicious recipe for Sweet Tea Wings:

##### Ingredients:

- 3 cups Milo's Sweet Tea
- 2.5 pounds chicken wings
- 2 teaspoons garlic salt, divided
- 1.5 - 2 teaspoons cayenne pepper, depending on heat preference

- 2 teaspoons garlic powder
- 2 teaspoons chili powder
- 2 teaspoons paprika
- 2 teaspoons lemon pepper

##### Preparation Instructions:

- In a medium bowl, whisk together Milo's Sweet Tea and 2 teaspoons garlic salt; set aside. Place chicken wings in a large shallow dish. Pour Milo's mixture over chicken; cover and refrigerate for 8 hours.

##### Cooking Instructions:

- Preheat grill to medium or oven to 400 F.

- In a large bowl, combine remaining garlic salt, cayenne, garlic powder, chili powder, paprika, and lemon pepper. Toss chicken and spices in large ziplock bag or bowl until evenly coated.

- For grill, place wings over heat turning frequently. Cook for 20-25 minutes or until the internal temperature is 165 degrees and skin is crispy.

- For oven, arrange wings on a lightly greased baking sheet. Bake 35 to 40 minutes, turning halfway through, until skin is browned and tips are crispy. Serve warm. For extra crisp, toss wings on the grill over medium-high heat for three minutes per side before serving.

Serve alongside backyard classics like macaroni salad, cole slaw, grilled veggies and iced tea or lemonade.

#### Iced Tea Bar

Refresh guests with a summer classic -- iced tea, but go above and beyond by creating a full-scale iced tea bar. Keep in mind that tastes vary, so be sure to include a variety of flavors -- sweet tea, no calorie tea, tea mixed with lemonade and peach tea, to name a few. As a mainstay of any outdoor gathering, be sure you are serving beverages with high-quality, fresh, natural ingredients, such as the teas offered by Milo's, which have no added colors, acids or preservatives. Label each variety so guests can pick their favorite.

With a few twists on your standard hosting habits, you can throw the ultimate backyard gathering this season.

### GREAT WAYS TO KEEP YOUR MIND SHARP

(StatePoint) When you think about exercise, you likely envision using the treadmill or lifting weights. But every bit as important to your long-term health and wellness are activities that keep your mind sharp and your cognitive abilities strong and limber.

Here are several things you can do to help keep your mind sharp:

- Solve a Crossword Puzzle: A crossword puzzle asks you to reach into your long-term memory bank to solve clues. You may be filling in boxes, but well-constructed crossword puzzles will require you to think outside the box, as sometimes clues are a bit trickier than they seem at first glance, relying on word play or double meanings to work. A relaxing way to unwind and concentrate, consider adding this ritual into your morning.

- Get More from Nature: On your next nature hike, don't check out mentally. Set goals and keep your senses alert, paying attention to sounds, sights and smells. New tech, such as Casio WSD-F30 Pro Trek Smart Outdoor Watch, can help. The watch features apps to support your hike,

including Location Memory to record information on trails and viewpoints along the way, as well as Moment Setter to notify you when you reach your targeted altitude.

- Learn a Language: A multilingual brain works more efficiently, and it is never too late to pick up a new language. There are many languages apps available to help, some of them free, as well as more traditional taped audio lessons you can pop on while commuting to work or doing chores around the house.

- Make Math Fun: Want to build your critical thinking skills and improve your ability to problem solve? Delve into mathematics with fun math puzzles found online. Free online software, such as ClassPad.net, includes resources to help you solve problems, from simple calculations to statistics, graphing and more.

- Get Sleep: Sufficient high-quality sleep is one of the most fundamental ways to maintain a sharp mind and keep your brain healthy through the years. Between 7-9 hours a night is ideal for adults, according to the National Sleep Foundation. If you aren't sleeping well, or feel foggy during the day, consider how to shift your evening routine to get more and better quality sleep.

From math puzzles to crossword puzzles to nature walks, prioritizing workouts for the mind will help you stay sharp.



### MORE PAGE 2

efforts before one succeeds.

When you have a clear goal that you write down and keep focused on, then it's easier to see that temptation to quit is just another obstacle in the way, and one that you can find ways to overcome.

Counseling Corner" is provided by the American Counseling Association. Comments and questions to [ACAcorner@counseling.org](mailto:ACAcorner@counseling.org) or visit the ACA website at [www.counseling.org](http://www.counseling.org).