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Warren Weekly

Your Hometown Newspaper

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Thought for the Week: Choose your pleasures for yourself, and do not let them be imposed upon you. Lord Chesterfield

SUPER BOWL PIZZAS

Super Bowl Sunday is fast approaching and you know you will need PIZZA! Order your take and bake Super Bowl pizzas now from the SOS group at Solid Rock United Methodist Church. Your topping choices will be: pepperoni, ground beef, sausage, ham, mushrooms, onions, green peppers, black olives, and extra cheese.

Prices are: basic cheese pizza, \$10 and you may add toppings for \$1. each. Five or more toppings is \$15.; meat lovers or supreme is also \$15. New on the menu this year is breadsticks, 6 for \$4.

To order your pizzas, please call the church office at 375-3873 by Monday, January 29.

Your pizza and breadsticks may be picked up at the church on Super Bowl Sunday, February 4, from 12:30 to 2. And, remember, since these are "we make, you bake" pizzas, they are great to put in the freezer and save for later, so order plenty!

ANNUAL FISH FRY

It's that time of the year for the annual Fish & Chicken Supper sponsored by the Huntington County Council on Aging. Our Corporate Sponsor this year is Citizens Telephone Corporation, we do appreciate their sponsorship. The Fish & Chicken Supper will be held on February 2, 2018 at the Knight-Bergman Center in Warren. Dinner will be

served from 4:00 pm to 7:00 pm. Adults tickets are \$10.00 and Child tickets, ages 6-12 are \$5.00. Children under 6 are FREE. Tickets can be purchased in Warren at Citizens Telephone Corporation office and at the Campbell and Dye Insurance Agency. Tickets are available at the Senior Center in Huntington and from HCCOA Board members. We do need volunteers for this event. If you are interested in helping, please contact Dick Murray at 260-359-4410 or dmurray@huntingtoncountycy

oa.org We are looking forward to seeing you at the Fish & Chicken Dinner.

EXEMPTION FORMS DUE

Application for property tax exemption (Form 136) is due to the County Assessor on or before April 2, 2018. An application can be filed by certain property that is owned, occupied and used predominantly for charitable, religious, educational or scientific purposes. To obtain an exemption, the property owner must file an application timely with the County Assessor, along with the proper information that states the qualifications of the property to be tax exempt. The exemption application must be re-filed every even year unless: the exemption application was filed properly at least once for a religious use under IC 6-

1.1-10-21, an educational, literary, scientific, religious, or charitable use under IC 6-1.1-10-16, or use by a fraternity or sorority under IC 6-1.1-10-24. The application can be used for both real & personal property exemptions.

The form can be obtained from the County Assessor's page on the county website at www.huntington.in.us or from the DLGF website <http://www.in.gov/dlgf/8516.htm>. Contact the Assessor's Office with any questions at 358-4800. Completed forms along with appropriate paper work can be mailed to 201 N Jefferson St., Rm 102, Huntington, IN 46750, or dropped off at the Assessor's Office Monday-Friday 8-4:30.

Note-This type of exemption is different from the deduction you receive from the Auditor's office.

ASSESSMENT REMINDERS

The assessment forms for Business & Farmers Personal Property are due to the County Assessor's Office on May 15, 2018, this includes Churches & Exempt Entities. The forms will not be mailed this year nor will any reminder cards be sent. The forms may be picked up in the County Assessor's Office Monday through Friday from 8-4:30. The blank forms can also be accessed from the county website www.huntington.in.us

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2017 SEWING ACCOMPLISHMENTS

For decades, Heritage Pointe of Warren has impacted its community through gifts made by the sewing room volunteers. The report from 2017 shows nearly 300 bears, more than 275 dolls, and numerous other items were made and donated to area hospitals, homeless shelters, daycares, abuse help centers and many more organizations.

The volunteers in the sewing room for 2017 were Ruth Herring, Janice Ryan, Joyce Buzzard, Diane Winkler, Linda Kreiger, Mona Fletcher, and Carol Tribolet. The group sews on Tuesdays and Fridays and helps clean molds for the ceramics room on Mondays.

The sewing group makes Veteran quilts for veterans in Heritage Pointe of Warren. They make cancer hats, pillowcases, port pillows, lap throws, and many other items.

In addition to items donated to local organizations and hospitals, the sewing group assists with repairing residents' clothing - from hemming 30 to 40 pairs of pants each year, to mending zippers, to sewing on buttons. The group also contributes by finishing items to be sold in onsite gift shop.

To learn more about rehabilitation, independent living, assisted living, healthcare, or memory care at Heritage Pointe of Warren, visit HeritagePointeofWarren.org or call 260-375-2201.

Heritage Pointe Communities are owned and operated by the United Methodist Memorial Home (UMMH). UMMH was founded on the philosophy of helping all people, regardless of race, creed, sex or religious preference, fully enjoy their retirement years, a philosophy of fostering friendship, belonging, security, and dignity, by respecting individual privacy and independence while offering professional and thoughtful guidance.



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WARREN WEEKLY • Owner/Publisher: Nicki L. Zoda
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e-mail: editor@warrenweeklyindiana.com

WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at Warren Market, Dollar General, and next to the Post Office in downtown Warren, along with various other businesses. The Warren Weekly is also available at Hemmick's Hardware, Circle K and Time Out Tavern in Van Buren. Total circulation is 3000.

It is sent anywhere in the Continental United States for three (3) months for \$12.50, six (6) months for \$24 or \$48 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792. Or you can request a digital copy (by e-mail) at a cost of \$24 per year.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at Town Hall or mail to PO Box 695, Warren or email to editor@warrenweeklyindiana.com.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

The publisher takes no responsibility for statements or claims made in any advertisement.

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Warren, IN 46792
LifeAtHeritage.org
260-375-2201

This Space Available.
Call the Warren Weekly for more info.

Kudos, Kicks & Karats



THE UPTOWN GARDENER by Ruth Herring

Lets wish the bitter cold to be gone for this year, It is bad when they say it is warmer at the North Pole.

I have Christmas decorations put away for the year except for some outside trees that are frozen into the soil in pots on the patio, but that is ok helps to break the bleak winter hum drum. I told the kids that the sycamore trees were very white this year and expect snow and cold weather. My grandpa always said the trees told a story and I have been convinced to believe him. My dad said the year of the big blizzard the trees were really white and expect lot of snow. Still enjoying the winter song birds coming to the feeder, have several different ones this year and still is good to see a bright red cardinal enjoying a feast.

Greatly concerned to have tulips coming up, have some that are about 2 inches high and not looking very healthy. I keep covering them over and they just keep growing. Have received several seed catalogs and is interesting to see what is new for the year. Not planning on much new things this year unless I have some freeze outs.

Inside the house on these cold nasty days I choose to start some major house cleaning and having a pitching party along with it. If I have not used it in 5 years time to part with it and if I need it later -- to bad. I am sure my kids appreciate my doing this, but am saving the last for the best sorting out the sewing room.

Working on a big quilt now so it will look like a war zone for quite some time, no need to try cleaning house there for a while. Just want to get the winter projects done, come spring and warm weather I plan to spend a lot of time out back absorbing the sun and doing a bit of garden chores.

Surfing the internet I found a recipe for potato cakes. Could not believe you needed a recipe for them, mom just kept left over mashed potatoes and what ever she had on hands was added to make due. Generally it was just eggs beaten and added then flour and fried. They were always pretty good. Here is what the recipe called for:

3 pounds potatoes peeled and cooked in salted water then drained and mashed, to this add shredded onion, 3 lightly beaten eggs, 1/2 cup flour, 1 teaspoon baking powder, salt to your taste and teaspoon dried parsley. Mix well and add about 1 tablespoon of this into a skillet with 2 tablespoon oil slightly flatten them and fry about 3 minutes on each side.

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ASBURY CHAPEL UNITED METHODIST

8013W 1100S -90, Montpelier
 Phillip Freel Jr, Pastor
 Worship 9:30 a.m.
 Sunday School 10:30 a.m.
 Wed Carry-in & Fellowship .. 6:30 p.m.
BANQUO CHRISTIAN CHURCH
 8294S 900W 35
 Harold Smith, Pastor
 Sunday School 9:30 a.m.
 Worship 10:30 a.m.
 Bible Study 6:00p.m.

BOEHMER UNITED METHODIST

Katy Close, Pastor
 Denise Heiniger, S.S. Supt.
 Sunday Worship 9:30a.m.
 Sunday School 10:45a.m.
CENTRAL CHRISTIAN CHURCH
 Van Buren, Indiana 765-934-2199
 Pastor - Ken Thompson
 Worship 9:30 a.m.
 Youth Group 4:30-7:30pm at SwitchUp
 Handicap Accessible
 Little Panther Preschool 765.934.2099
HEALING WATERS MINISTRY —
5811 W 600 S, MT ETNA
 Pastor Wayne Couch
 260/515-2517

Sunday Prayer 9:15 a.m.
 Sunday School 9:30 a.m.
 Worship Service 10:30 a.m.
 Wednesday Bible Study 6:00 p.m.
 Sunday Evening Service 6:00 p.m.
 Daycare provided during Worship
DILLMAN UNITED BRETHREN
 8888S 1100W-90, Warren 375-2779
 Matt Kennedy, Pastor
 Worship Service 9:00a.m.
 Sunday School 10:00a.m.
HANFIELD UNITED METHODIST
 101 N 400 E - Marion 765/664-8726
 Timothy Helm, Senior Pastor
 1st Worship..... 8:30 a.m.
 Sunday School 9:45 a.m.
 2nd Worship..... 11:00 a.m.

THE NEW BEGINNING

SR 218, 2 1/8 mile west of Poneto
 Steve Sutton, Pastor
 765/728-2065 for more info
 Sunday Worship..... 10:30a.m.
 Thursday Prayer Meeting 7:00 p.m.
HERITAGE POINTE
 Chaplains Gerald Moreland, Ginny Soultz & Dick Case
 Sunday Morning Worship 9:30 a.m.
 OTHER SERVICES BY ANNOUNCEMENT
 Monday thru Friday
 Chapel Services 9:00 a.m.

HILLCREST

CHURCH OF THE NAZARENE
 375-2510
 Bus Service 375-2510
www.hillcrestnazchurch.org
 Sunday School 9:30 a.m.
 Worship 10:30 a.m.
 Evening Worship..... 6:00 p.m.
 Youth Group (Wed.)..... 6:00 p.m.
 Wed. Midweek Service..... 6:30 p.m.

SOLID ROCK UNITED METHODIST

485 Bennett Dr, Warren, IN
 375-3873
 Paul Burris, Pastor
 Sunday School 9:00 a.m.
 Worship Service 10:00 a.m.
LANCASTER WESLEYAN
 3147 W 543 S, Huntington
 468-2411
 Doug Sharrard, Pastor
 Pam Thompson, S.S. Supt.
 Sunday School 9:30 a.m.
 Worship 10:30 a.m.

Wednesday:

CYC/Teen/Adult Meetings 7:00 p.m.
LIBERTY CENTER BAPTIST CHURCH
 694-6622
 Aaron Westfall, Pastor
 Sunday School 9:15 a.m.
 Fellowship 10:00a.m.
 Worship 10:15a.m.
 Tues. Bible Study 7:00 p.m.
 Wed. Choir 6:30p.m.
 Monthly Meetings
 1st Mon Ministry Team 7:00 p.m.
 3rd Sat Mens Prayer Breakfast 8:00 am
 4th Mon ABW 1:30 pm

LIBERTY CENTER

UNITED METHODIST CHURCH
 Pastor Daniel Schreck
 Assoc. Pastor Diane Samuels
 Morning Worship9:30 a.m.
 Sunday School 10:45 a.m.
McNATT UNITED METHODIST
 375-4359
 Bill VanHaften, Pastor
 Lois Slusher, Supt.

Nick Miller, Youth & Family Pastor
 Coffee Fellowship..... 8:30 a.m.
 Worship 9:15 a.m.
 Sunday School 10:30 a.m.
 Bible Study - Wed. 7:00 p.m.

MT. ETNA UNITED METHODIST

260/468-2148 Sr 9 & 124
 Rev. Michael Gallant - "Pastor Mike"
 Multi-Generational Worship 9:30 a.m.
 Fellowship 10:30 a.m.
 Sunday School 10:45-11:30a.m.
 Sunday Youth 6-7:30 p.m.
 Come as you are for all services

PLUM TREE

UNITED CHURCH OF CHRIST
 375-2691
 Jill Miller, Pastor
 Sunday School9:30 a.m.
 Worship10:30 a.m.

SALAMONIE

CHURCH OF BRETHREN
 468-2412
 Mel Zumbrun, Pastor
 Worship9:30 a.m.
 Church School 10:45a.m.

UNITED CHURCH OF CHRIST

375-2102
 Pastor Scott Nedberg
 Youth Pastor - Pastor Heather Parsons
 Sunday Worship..... 9:30 a.m.
 Contemporary Service - Wed 6:30 p.m.
 Junior Church 10:00 a.m.
 Sunday School 10:30 a.m.
 Youth Meetings-Wed 6:30 p.m.
 Communion 1st Sunday of the Month
VB CHURCH OF THE NAZARENE
 765/934-3321 Parsonage
 Jeff Slater, Pastor
 Jim Knight, Superintendent
 Sunday School 9:30 a.m.
 Adult Worship 10:30 a.m.
 Children's Church 10:30a.m.
 Evening Praise Hour..... 6:00p.m.
 Hour of Power (Wed) 7:00p.m.

VB UNITED METHODIST CHURCH

765-934-1431
 Pastor Cindy Osgood
 Worship Service 9:30 am
 Sunday School 10:30am
 Not Home Alone - Wed 3:00 pm
 Prayer-Bible Study (Thur) 7:00 pm
 UMW 2nd Wed 7:00 pm
 Little Ones Book Club 1st Tue 10:00 am
 Just Older Youth 3rd Tue 12:00 pm
www.vanburenumc.org
WARREN CHURCH OF CHRIST
 375-3022
 Ethan T Stivers, Minister
 Ben Renkenberger, Youth Minister
 Tara Bower and Melinda Haynes - Secretaries
www.warrenchurchofchrist.org
 Fellowship9:15 a.m.
 Worship & Communion9:30 a.m.
 Sunday School11 to 11:40 a.m.
 Youth:
 K-5th grade, Mon 6-7pm
 Jr/Sr Hi, Sunday 6-8pm

WARREN 1st BAPTIST CHURCH

Corner of N. Wayne & Matilda Sts.
 Pator Rusty Strickler
 Youth Directors
 Peter & Mindy Fairchild
 Sunday School9:00 a.m.
 Sunday Worship10:00 a.m.
 Youth Group: Grades 3-5 4-5:30p
 Grades 6-12 5:30 - 7p

WARREN WESLEYAN CHURCH

375-2330 6th & Nancy Sts. Warren
 Rev. Allen Laws, Pastor
 Wesley Welch, Supt.
 Sunday School9:30 a.m.
 Worship 10:15 a.m.
 Wed Bible Study 6:00 p.m.
FARRVILLE COMMUNITY CHURCH
 11044 E 200 N, Marion, IN
 765-934-3609
 Sunday Worship..... 10:30 am
 Sunday School Classes9:30 am
 Youth Group6:00 pm
 Sunday Adult Bible Study..... 6:00 pm
 Thurs. Bible Study7:00 pm

*Please Attend
 The Church of
 Your Choice*

AREA NEWS

MORE PAGE 1

through the Assessor's page, or from the Department of Local Government Website www.in.gov/dlgf/4971.htm.

All forms must be completed, signed, and mailed to the County Assessor's Office on or before May 15, 2018. No extensions will be granted. If you need assistance filling out these forms, someone from the County Assessor's Office will be available to help you. Questions, please call 260-358-4800. Please note the only door open to the public is located on the Jefferson Street side of the Court House, and upon entering the Court House you will be required to pass through a metal detector.

Mailing/Location Address: Huntington County Assessor, 201 N Jefferson St, RM 102, Huntington, IN 46750

Hours: Monday-Friday 8:00 am - 4:30 p.m.

MISSISSINewa BAND

The Mississinewa Valley Band is beginning its 19th year and will have its first rehearsal of the season on Tuesday, February 6 at 7:30 p.m. in the orchestra room at Marion High School.

We will be preparing for our "Springtime at the Phillippe" show that will take place on Tuesday, May 1 at 7:30 p.m. in the Philippe Auditorium on the campus of Indiana Wesleyan University.

We invite you to play in this prestigious community band that has been very successful in Grant County and surrounding counties. If

you play tuba, we have an instrument for you. For further information, call John Brane director at 765-934-2076 or 765-661-0574.

VALENTINE CABARET

You're invited to the Valentine Cabaret at Lighted Gardens, 10974 N State Rd 1, Ossian. Formal dinner, live entertainment, cash bar!

Come join us for an evening of incredible food, enjoyable local entertainment and a lovely environment.

Hors d'oeuvres at 6:00 pm, formal dinner at 6:30 followed by live entertainment and dessert.

Entree choice is Raspberry-Almond Chicken or Beef Tips with mushrooms and Burgundy Sauce.

Entertainment includes Joe Welches, Jeanette Lundeen, Megan Browning, Musiclectics and Joel Stoppenhagen & the Norwell Allstar Combo.

Tickets are \$35 and available at Ossian State Bank to be purchased by Friday, February 2nd.

For more information call 260.622.7097.

Sponsored by Ossian Revitalization.

HP Sports

Heritage Pointe Pool for the week of January 19, 2018.

Congratulations to winners last week who were Clyde Griffith and Kay Mounsey.

Runners-up were Larry Langdon and Shirley Mounsey. Great job guys and gals. There were 18 players this week. Good luck to all for next week.

Wi-Fi bowling this week. Winners were Bud Lee with 206, Floyd Minnich 177 and Dick Lintner with 147. Good job guys. Watch for results next week.

HONOR ROLL

Second Quarter Honor Roll students at Salamonie School are:

All A's

Grade 5 - Jackson Barlow, Kinzie Cobbs, Seth Gilbert, Javin Gray, Marcus Linker, Caden Moore, Cameron Moore, Kayda Newman, Molly Schindler, Joseph Shively, Haley Smith, Maleah Warpup, Allen Yohe.

Grade 4 - Emma Alford, Anna Clampitt, Olivia Crouse, Raylynn Eltzroth, Kendra Frame, Blaine Freiburger, Izabella Gareri, Hannah Helms, Keaton Jones, Evan Kern, Kendra Killen, James Linker, Ava Markley, Isabella Maul, Gunnar McCutcheon, Abigail Michaud, Jakira Morris, Reese Nightenhelser, Jayden Rittenhouse, Kirah Sheward, Dalton Stephan

Grade 3 - Noah Bolinger, Isaiah Bordeaux, Gag Clanin, Elsa Fortney, Abrielle Markley, Maddox McCool, Nora McDaniel, Elijah Richardson, Aubree Speidel, Hayden Yeiter

Grade 2 - Jackson Blair, Bella Claus, Addison Douglas, Bryce Gilbert, Mathias Hather, Zoey Hensel, Morgan Leffert, Kipton Newman, Rylee Pelphrey, Kellan Sahr,

Addison Stivers, Lincoln Stivers.

A's & B's

Grade 5 - Dylan Burkhardt, Brenna Cady, Brayden Cantrell, Evan Clabaugh, Cole Eltzroth, Landon Green, Aiden Justice, Isabella Leas, Braylyn Pelphrey, Abigail Scher, Lola Smith, Anna Spitler, Brodee Swaidner

Grade 4 - Shane Armstead, Donavan Cain, Lucy French, Kaitlynn Gardner, Ava Green, Miley Martin, Erika Moreland, Kael Spahr, Blake Stucky, Jordan Vandersaul, Garrett Yohe.

Grade 3 - Arianna Cain, Hayden Geese, Daniel Graves, Ky'son Holmes, Camron Jennings, Zayden Kratzer, Hunter Lewis, Aubrie Linker, Jeremy Oppy, Carson Shuttleworth, Zoey Taylor.

Grade 2 - Claire Brown, Landon Burns, Kenleigh Kratzer, Tucker Mann, Ruthie Mautz, Jessaca Michaud, Waylon Popp, Owen Poulson, Adaira Stockman, Ashrah Waldron

STAINED GLASS

WORKSHOP

Due to public response, a second day has been added to Salamonie Lake's stained-glass workshop. The original day is still set for Feb. 17. The additional workshop will be held Feb. 18 from 1 - 4 p.m., at Salamonie Nature Center.

Each participant will have a choice of creating a cheerful cardinal or blue jay.

Featured Indiana stained-glass artist Katy Gray, a 20-year veteran of the medium, will lead the workshop.

Cost is \$25 per person and includes all supplies. Checks should be payable to UWIS and mailed before the day's workshop to Upper Wabash Interpretive Services, 3691 S. New Holland Road, Andrews, IN 46702.

Advance registration is requested by Feb. 9 by calling (260) 468-2127.

Salamonie Lake (stateparks.IN.gov/2952.htm) is at 9214 West-Lost Bridge West, Andrews, 46702.

SENIOR LUNCHEON

The monthly Salamonie Senior Luncheon will be on Monday, Feb. 5, at the Salamonie Lake Interpretive Center.

The luncheon will feature Upper Wabash Interpretive Services volunteer, former employee, and current employee at the Fort Wayne Zoo, Nate Stewart. Nate will share some of his duties behind the scenes with a program called "Reptile Tour."

The program begins with a carry-in meal at noon. A main lasagna dish will be provided. Guests should bring a side dish to share, a beverage and their own table service. A \$1 donation will be accepted. Reservations may be made by calling (260) 468-2127.

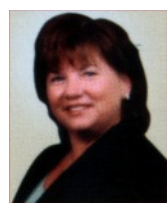
Upper Wabash Interpretive Services (dnr.IN.gov/uwis) is at 3691 S. New Holland Road, Andrews, 46702.

Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is canceled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.


Feb 5 5-6p Veteran's Banquet - Banquo Church
Feb 7 Noon W - Chamber of Commerce Luncheon @ Assembly Hall
Feb 7 7:00p V - Town Council Meeting
Feb 11 9-3p Second Sunday Market @ Knight Bergman Center
Feb 12 5:00p W - Town Council at Assembly Hall
Feb 14 VALENTINE'S DAY
Feb 19 PRESIDENT'S DAY
Feb 21 7:00p V - Town Council Meeting
Mar 5 5:00p Veteran's Banquet at Banquo Church

Bread of Life Food Pantry - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC
Bargain Basement - Friday & Saturday 9 - 4 at KBC ; Cancer Support Group - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus
These Events Can Also Be Found at www.warrenweeklyindiana.com



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AREA NEWS CONTINUED

FIGHTING THE WINTER BLAHS

from the American Counseling Association Yes, on a chilly winter day it can feel really good to curl up with a good book or binge on that favorite TV series. While such activities are enjoyable, they may leave you feeling worse if not balanced with other, more active parts of your life.

The "winter blahs," or "winter blues," are feelings of being depressed about the shorter days, colder weather, gray skies and fewer opportunities to be outdoors for fresh air and exercise. In most parts of the country winter means we have to make a real effort to go outside. And so we reach for that book or that TV clicker once again. Tempting, yes, but only in moderation.

Our physical activity level affects our well-being in a variety of ways. One way is the impact it can have on our waistline. Winter is the most common time to add a few pounds. We're often less active but usually don't really change our eating habits. The resulting weight gain doesn't improve anyone's mood.

There is also a very real form of clinical depression called Seasonal Affective Disorder, commonly referred to as SAD. Experts aren't sure of its exact cause, but SAD seems to be linked to the reduced amount of sunlight in the winter. It can run the gambit from mild

feelings of sadness to extreme depression that can lead to mood swings, anxiety, sleep problems and even suicidal thoughts.

While mild cases of SAD can be helped by getting more outdoor time in the sun, or getting treatments with special lamps that mimic sunlight, more severe cases should be treated by a physician or professional counselor, since that level of depression can involve serious symptoms.

The most effective antidote to the winter blahs is to get regular exercise. An ongoing exercise program provides many physiological benefits, including reducing the risk of cardiovascular disease, Type 2 diabetes, high blood pressure and several other health issues.

Exercise also improves mental health by increasing self-esteem, overcoming depression, reducing stress, and even improving memory and overall thinking, according to a variety of studies.

So don't let winter weather get the best of you. Find that warm coat. Slip on a pair of gloves. Go out for a walk every day, or head to the gym if the weather's too bad, and don't let the winter blahs win the fight.

"Counseling Corner" is provided by the American Counseling Association. Comments and questions to ACACorner@counseling.org or visit the ACA website at www.counseling.org.

IF BAD BREATH DOESN'T KILL YOU, SOMETHING ELSE WILL

A woman reading a magazine on the plane was so astonished by an article on life expectancy that she turned to the stranger beside her and said:

"Did you realize that every time I breathe, somebody dies?"

"Fascinating," the stranger said. "Ever try mouthwash?"

Perhaps a morbid discussion, but death is certain to visit everyone of us at some point. As I read an Associated Press article the other day about notable figures who died in 2017, I was reminded of that. People who we remember fondly have left this side of eternity.

We lost comedians Jerry Lewis and Don Rickles, both of whom gave generations of Americans something to laugh about. We lost country music stars Glen Campbell, Don Williams, Mel Tillis, and Troy Gentry.

The AP story included a long list of famous people from all walks of life, including:

Edith Windsor, a gay rights pioneer whose landmark Supreme Court case struck down parts of a federal anti-gay-marriage law and paved a path toward legalizing same-sex nuptials nationwide.

Hugh M. Hefner, the Playboy magazine founder who revved up the sexual revolution in the 1950s and built a multimedia

empire of clubs, mansions, movies and television.

Fats Domino, the amiable rock 'n' roll pioneer whose steady, pounding piano and easy baritone helped change popular music while honoring the traditions of New Orleans.

Richard "Dick" F. Gordon Jr., the Apollo 12 astronaut who was one of a dozen men who flew around the moon but didn't land there.

Charles Manson, the hippie cult leader who became the hypnotic-eyed face of evil across America after orchestrating the gruesome murders of pregnant actress Sharon Tate and six others in Los Angeles during the summer of 1969.

Della Reese, the actress and singer who in middle age found her greatest fame as Tess, the wise angel in the long-running television drama "Touched by an Angel."

David Cassidy, the teen and pre-teen idol who starred in the 1970s sitcom "The Partridge Family" and sold millions of records as the musical group's lead singer.

Jim Nabors, the Alabama-born comic actor who starred as TV's dim but good-hearted Southern rube Gomer Pyle.

Bruce McCandless, another NASA astronaut who was the first person to fly freely and untethered in space and was

famously photographed in 1984 flying with a hefty space walker's jetpack.

The entire list of notable people who died in 2017 was far, far longer, and serves to remind us that death will come for us all, unless Jesus comes first. It also should remind us that we need to be prepared for when death comes calling, ushering us into one of two destinations, heaven or hell.

The Bible is clear that Jesus is the way, the truth and the life and that no one comes to the Father except through Him. The good news is that Jesus has extended an open invitation to everyone to join Him. In fact, He seeks you out for a personal invitation.

"Behold, I stand at the door and knock. If any man hear my voice and open the door, I will come in to him and will sup with him and he me" (Revelation 3:20).

Roger Alford offers words of encouragement to residents of America's heartland. Reach him at rogeralford1@gmail.com.

Check the Classifieds



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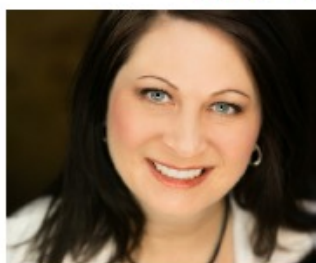
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GENEALOGY REPORT

DAVISON

Danny Davison, 68, of Myrtle Beach, S.C., passed away Jan. 15, 2018, at Embrace Hospice House of Myrtle Beach.

Danny was born April 27, 1949 in Bluffton, a son of Vaughn and Margie Richardson Davison. He was also preceded in death by his sister, Kay Sue Davison Hiester; and a grandson, Harris Davison.

Danny graduated from Lancaster Center High School in Bluffton, and went on to serve in the U.S. Navy. On May 6, 1972, Danny Married Connie Shepherd in Bronson, Mich.

Survivors include his wife, Connie; children, Carey (JoAnne) Davison of Loris, S.C., Veronica (Jeff) McKee of Conway, S.C., Paul Davison of Myrtle Beach, S.C., and Johnny Kay (John) Wizorek of Daytona Beach, Fla.; grandchildren, Danni (Greg) Ortmann, Krista Davison, Anthony (Saness) Davison, Brandon (Leslie) Goliff, Hope Goliff, Grace-Ann McKee, Zack Davison, Cooper Brown, Bo Brown, Noah Davison, Beck Davison, Spencer Wizorek, and Morgan (Devin) Kuhn; six great-grandchildren; siblings include Sandra (Gary) Conner of Missouri, Bonnie (Richard) Baumgartner of Warren, and Sally Norman of Bluffton.

A memorial service will be held at 11:30 a.m. Jan. 27, at Grand Strand Church of Christ, 2212 Glenns Bay Road Surfside Beach, S.C. In lieu of flowers, memorials may be sent to Embrace Hospice House, 175 Village Center Blvd. Myrtle Beach, S.C. Funeral arrangements have been entrusted to Grand Strand Funeral Home of Myrtle Beach, S.C.

BERGMAN

Ruth W. Bergman, 88, of Van Buren and with family surviving in Montpelier, died Sunday, Jan. 21, 2018, at Marion General Hospital in Marion.

She was born July 3, 1929, in Williams, Okla. She married Robert Lee Bergman April 29, 1948, in Santa Paula, Calif.

Survivors include two sons, Mike Bergman and Ron Bergman, both of Montpelier; a daughter, Judy (Monty) Quick of Van Buren; a sister, Flossie Simpson of Meridian, Idaho; seven grandchildren; and 19 great-grandchildren.

She was preceded in death by her parents, Grady and Wrenetta Hobbs Butler; her first husband, Robert Lee Bergman; and her second husband, Guy Hayes.

Calling hours are Thursday, Jan. 25, from noon to 2 p.m. at Walker & Glancy Funeral Home, Montpelier. A service will be held at 2 p.m. Thursday, Jan. 25, at the funeral home. Interment will follow in Brookside Memorial Park in Montpelier.

BOWMAN

Kevin W. Bowman, 50, of Liberty Center, passed away Saturday morning, Jan. 20, 2018, at his residence.

Born in Portland, on Oct. 29, 1967, to Lloyd and Irene Harrison Bowman, Kevin married Nicole Davis in Portland Oct. 9, 1999; she survives.

Kevin graduated from Jay County High School in 1986 and was a lifelong truckdriver, working for the past five years for Penske Logistics in Fort Wayne. His hobbies included football and motorcycles. He was a family man and a hard-worker, who also enjoyed having fun, especially spending time with his friends and family.

In addition to his wife, Kevin is survived by two daughters, Sheena Bowman of Winchester and Kasandra Swoape of Bluffton; two sons, Kyle Davis and Austin

Bowman, both of Liberty Center; five grandchildren, Kaylynn, Kaydence, Blake, Emily, and Aaron; three brothers, Edward (Tanja) Bowman of Bluffton, William Bowman of Bluffton, and Keith Bowman of Carlisle, Ohio; and five sisters, Lana Klarer of Berne, Darlene (Jeff) Murray of Wapakoneta, Ohio, Barbara Bowman of Portland, Regina Bowman of Berne, and Karen (Mitch) Grider of Milroy.

In addition to his parents, Kevin was preceded in death by a brother, Donald Bowman.

Visitation will be Thursday, Jan. 25, from 1 to 6 p.m., at Goodwin - Cale & Harnish Memorial Chapel in Bluffton, with a funeral service beginning immediately following visitation at 6 p.m. Rev. Larry Lane will officiate.

BLINN

Jerry Allen Blinn, 79, of Warren, IN, passed away unexpectedly

at 6:36 AM on Monday, January 22, 2018 at his home in Warren.

He was born on Saturday, November 19, 1938, in Grant County, IN. He married Rita Kathryn Bevington on Saturday, March 15, 1958 in the Dillman United Brethren Church. Jerry was a 1957 graduate of Jackson Center High School in Wells County.

He had worked for Allis-Chalmers in both Warren and Berne and Troxel Equipment in Bluffton. He was a member of the Mt. Etna Masonic Lodge #333, past master of the former Warren Masonic Lodge #246 and member of the Scottish Rite of Fort Wayne. Jerry enjoyed tinkering around on tractors, mowing his yard and

watching old westerns. He also very much enjoyed time spent with his grandchildren. Loving survivors include:

Wife - Rita Kathryn (Bevington) Blinn, Warren, IN, Daughter - Lisa Blinn, Bluffton, IN, Daughter - Diane (Dean) Kratzer, Warren, IN, Son - Steven (Cheryl) Blinn, Uniondale, IN, Sister - Rebecca (Robert) Hix, Marion, IN, Sister - Doris M. Blinn, Warren, IN, Brother - James (Jackie) Blinn, Warren, IN, Brother - John D. (Karen) Blinn, Warren, IN, Sister - Mary Lou Blinn, Fort Wayne, IN, 7 Grandchildren and 1 Great Grandchild.

He was preceded in death by his: Father - Merle A. Blinn, Mother - Ethel Marie (Foust) Blinn, Son - Jeffrey A. Blinn, Sister - Bonita Pearson and Brother - Samuel Blinn.

Family and friends may gather to share and remember at Glancy - H. Brown & Son Funeral Home 203 N Matilda St. Warren on Thursday, January 25, 2018 from 2:00 PM to 8:00 PM. A Masonic Service will be held at 7:00PM on Thursday evening.

A service to celebrate Jerry's life will be at Glancy - H. Brown & Son Funeral Home at 11:00 AM on Friday, January 26, 2018 with long time friend and Rev. Dewey Zent officiating. Interment will take place at a later date in the Van Buren Cemetery in Van Buren.

Preferred memorials: McNatt United Methodist Church, 8343 S. - 1000 W. - 90,

Montpelier, IN 47359 or Mt Etna Masonic Lodge #333, 5908 S. 594 W. Huntington, IN 46750

BIRTH

Sophia Grace-Kathryn Collins was born December 26, 2017 at 2:47pm at Lutheran Hospital. She weighed 7lbs 3oz and was 20 inches long. She is the daughter of Jenna Davis and Carl Collins of Zanesville.

Maternal grandparents are John and Christie Strait of Warren.

Paternal grandparents are Carl and Lodenia Collins (deceased), but we're from Peru, IN. She joins her brother Seth Davis (age 15) at home.

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AREA NEWS CONTINUED

A DOCTOR'S TIPS TO STAY
HEALTHY WHILE

TRAVELING

(StatePoint) Travel can sometimes feel more daunting than relaxing, between flight delays and bumper-to-bumper traffic. What's more, it has potential health impacts, including leg swelling and increased risk for cold and flu.

"Air travel, long drives, less sleep and added stress can weaken your immune system at a time when you're around more people and susceptible to illness," says nationally renowned natural health physician and best-selling author, Dr. Fred Pescatore.

Dr. Pescatore is sharing a few tips to help boost health while traveling.

Feed Your Immune System

Being around so many people in tight spaces means you may be more at risk of catching a bug. "Take precautions before boarding your flight -- wash your hands frequently, bring hand sanitizer with you and snack on antioxidant-packed vegetables like broccoli, carrots and sweet potatoes to keep your immune system strong," says Dr. Pescatore.

Fend off Fatigue

The American Sleep Association estimates that nearly 93 percent of travelers experience jet lag and it can be severe enough to interfere with vacation plans. "Sleep disturbances make you

feel tired, nauseous and irritable -- not a good combination with a packed travel itinerary," says Dr. Pescatore.

A peer-reviewed study shows that daily supplementation with the super-antioxidant, Pycnogenol (Pic-noj-en-all), reduces jet lag symptoms by nearly 50 percent. "Pycnogenol, a natural botanical extract from the bark of the French maritime pine tree, is a traveler's best friend. You can spend less time feeling fatigued and more quality time enjoying your destination," says Dr. Pescatore.

Boost Circulation

Long periods of immobility in a cramped space like a car or plane contribute to swelling and fluid accumulation throughout the legs. Known as edema, it can be uncomfortable and may feel worse after travel.

Dr. Pescatore recommends taking shorts breaks to move around on road trips and to stand up and stretch during long flights to keep blood circulating and reduce swelling. "Pycnogenol is also shown to promote circulation and studies show its benefits for reducing swelling and discomfort during long-distance travel. Again, it's a good supplement for travel," he says.

Pycnogenol is one of the most researched ingredients on the market with decades

of studies showing its benefits for a variety of health applications. It's available in more than 700 dietary supplements, multi-vitamins and health products worldwide. For more information, visit pycnogenol.com.

"Drink plenty of water, use a supplement for a beneficial boost and remember to enjoy yourself. Yes, even the travel to and from your destination can be fun," says Dr. Pescatore.

On your next vacation, ensure better health by taking simple steps.

5 CREATIVE GIFT IDEAS
FOR YOUR VALENTINE

(StatePoint) Looking to surprise your loved one this Valentine's Day with something a bit different? Check out these five creative gift ideas that will help make the day special.

1. Take a trip around the world with your taste buds. Cooking dinner for your partner on Valentine's Day is nothing new, but kick it up a notch with an "Around the World" theme. Pick some destinations you'd love to travel to and get into the kitchen together to create

their signature dishes. For extra points, track down drinks specifically found in those regions to pair with your food. You'll have fun experiencing new cuisine, and it may even ignite a spark to book a trip!

2. Make more time together.

Use some creativity to show your Valentine that you want to spend more time together. Pair a new timepiece with roses for a unique presentation. Consider classic fashion choices with Casio's Vintage timepieces, which feature stainless steel bands in different metallic color combinations, a daily alarm, hourly time signal and an auto-calendar, ensuring you are never late for a date.

3. Commission a custom family portrait. Whether you have kids, pets or it is just the two of you, a custom family portrait is a sweet gift and a great piece of artwork for your home. Find an independent portrait artist on a site like Etsy or put your own artistic abilities to the test and create the portrait yourself.

4. Create an at-home spa day. Get pampered without leaving the house. Book a traveling masseuse or create

DIY bath products like bath bombs or scrubs with essential oils. Create a spa-like atmosphere with low lights, candles and flower arrangements. Order dinner in afterwards and enjoy the special time together as relaxed as can be.

5. Write a love song.

Whether you write it yourself or pick a favorite that's personal to you, performing a love song is a touching way to show you cherish someone. Enhance your performance with a portable keyboard that makes learning easy, such as Casio's CTK-2550. It features 61 full-size keys, 400 high-quality tones and 150 built-in rhythms to ensure you have all the tools you need to create a beautiful musical number for the one you love. Or, connect to your iOS or Android device to use the free Chordana Play app, which uses the keyboard's display to show you how to play your favorite songs. Just download your favorite MIDI files, connect your device's headphone output to the keyboard's audio input, and explore an endless library of music.

ALTERNATIVE WAYS TO
MAKE COLLEGE MORE
AFFORDABLE

(StatePoint) A college education is one of the largest expenses you're likely to have in your lifetime, second only to buying a home. Unfortunately, the cost has increased dramatically in recent years.

Tuition plus fees at four-year public colleges jumped 71 percent over the last decade, forcing many would-be degree seekers to delay or even forgo attending college. For others, it's meant heading to school while taking on large amounts of debt.

Today, however, new solutions are popping up to address the college affordability crisis. Most people know about grants and scholarships. Students

CONTINUED PAGE 8

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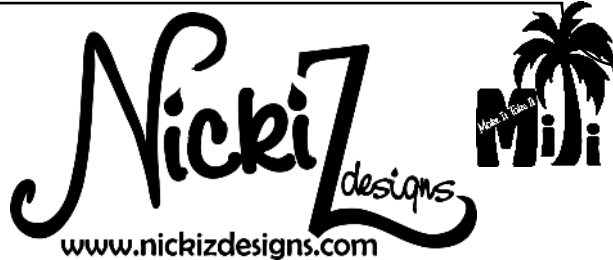
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AREA NEWS CONTINUED

MORE PAGE 6

can now also consider alternate paths to college credit, helping them graduate faster and more affordably, say experts.

Here's what you need to know:

- The average cost of a typical undergraduate college course is \$1,782. In high school, take as many Advanced Placement (AP) and College Level Examination Program (CLEP) courses as you can handle, increasing your opportunity to earn college credit and save money on tuition.

- The College Board's CLEP, while not as well-known as AP, is a 50-year-old credit-by-examination program accepted by more than 2,900 schools and universities. Check to see if the colleges you are considering accept CLEP credit, and then work hard to succeed on one or more of the 32 CLEP exams. CLEP courses and exams are rigorous, but shorter and not as challenging as AP.

- Consider new programs such as "Freshman Year for Free," an initiative developed by Modern States Education Alliance, a charity dedicated to making a college degree more affordable and attainable for everyone. Students can use Modern States' 40+ tuition-free online courses -- all taught by top college professors -- to prepare for the AP and CLEP exams.

- One advantage of CLEP tests is that they are offered every day at thousands of testing centers. AP exams can only be taken in high schools in May. Modern States is paying the AP and CLEP exam fees for the first 10,000 test-takers, making the program, which also includes free textbooks and practice questions, totally free.

"This is a great on-ramp to college and an opportunity to save both time and up to 25 percent of the rising cost of a degree," says Steve Klinsky, founder and CEO of Modern States Education Alliance.

To learn more, visit modernstates.org.

- Attending community college for the first two years and then transferring to a four-year institution offers another opportunity to cut costs. Dual-enrollment programs, whereby students take college courses at a city or community college while still in high school, are another great way to head to college with some credits under your belt.

More than one-third of Americans ages 30 and younger who haven't attended college attribute their decision to the high cost, according to a Federal Reserve survey. In fact, U.S. student loan debt stands at an all-time high of \$1.34 trillion. Don't miss out on an education or let it saddle you with debt. Seek out

alternative methods for earning college credits.

WINTER WELLNESS TIPS

(StatePoint) A busy lifestyle and cooler weather can take a toll on the body, especially for those who suffer from chronic aches and pains. Whether the cause of your pain is due to injury, stress, or poor sleep, there are many ways to feel better while avoiding future pain.

To stay well this season and naturally manage muscle pain, consider these tips from professional ballroom dancer Tony Dovolani, who's no stranger to the subject of pain management.

- Stretch. Stretching is not just for before or after a workout. Stretch throughout the day to keep blood flowing, particularly if you have a job that keeps you sedentary.

- Eat right. Your diet should include lean protein and healthy carbs. "And I eat my vegetables, too!" says Dovolani. "Mainly spinach, string beans and broccoli."

Figure out which vegetables you like best, and be sure to incorporate them into your diet.

- Hydrate, hydrate, hydrate! Water is necessary for muscle repair. Drink water throughout the day and especially when you're active.

- Apply heat. Heat is a timeless remedy, and it's clinically proven to relieve

pain associated with muscle tension and stress, helping to relax muscles and improve blood flow. The increased blood flow restores oxygen and nutrients to inflamed areas to help accelerate healing.

"After every rehearsal and performance, I use heat to soothe aches and pains and improve blood flow to my neck and shoulder muscles," says Dovolani, whose pain relief routine includes using The Sunbeam Renue Neck

Wrap. "It's great for providing relief to the back of my head, neck and shoulders."

Because it features an adjustable neck collar that contours to the shape of the neck of the user, it can provide high-level, concentrated heat for targeted relief.

Don't let aches and pains set you back. With a healthy, active lifestyle and simple, natural remedies, you can feel your best.

MORE PAGE 2

Serve with sour cream, bacon fried and crumbled green onion diced and shredded cheese. Golly I might need to try this deluxe version someday.

Have a great winter day.

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