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# Warren Weekly

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*Thought for the Week:* Wanting to be someone you're not is a waste of the person you are. Kurt Cobain



## WARREN RECEIVES COMMUNITY INVESTMENT GRANT

The Office of Community and Rural Affairs presented an award to the town of Warren on Wednesday afternoon at the 2017 OCRA Awards Ceremony held at the Indiana Statehouse, according to State Rep. Dan Leonard (R-Huntington).

OCRA awarded Warren a Place Based Investment Fund grant in the amount of \$28,000.

"The town applied for this grant with plans to bring a downtown park to its residents," Leonard said. "The park will provide a great space for events. This \$28,000 grant will help provide a public area for Warren residents to enjoy many new activities such as concerts, farmers markets and youth group meetings."

According to OCRA, the project is a collaboration between Historic Warren Inc., the Warren Chamber of Commerce and the Town of Warren.

This OCRA program supports community and economic development projects across the state. Initiatives that promote quality of life, improve tourism experiences, and develop multi-purpose gathering places are specifically targeted for the grant.

This is the fifth year for the competitive matching grant program. For more information on OCRA and the PBIF awards, visit [www.in.gov/ocra/pbif.htm](http://www.in.gov/ocra/pbif.htm).

## BASEMENT NEWS

1/2 off on Christmas items at the Bargain Basement Friday, December 15 and Saturday, December 16.

They will be closed December 22, 23, 29, & 30. See you next year.

## CLOSED SATURDAY

Gebhart's Floral Barn will be closed on Saturday, Dec 16th for a family event. We will resume regular business hours on Monday, Dec 18th.

## PLAT BOOKS AVAILABLE

A new version of the Adams-Wells Plat Books has been released recently and is available at the Purdue Extension Office located at the Wells County 4-H Park in Bluffton.

The new book is 104 pages and includes owner lists of most land tracts. It also includes township maps with acreage and owners.

Also included in the book are street maps for Bluffton, Ossian, Decatur, Berne, Geneva, and Monroe.

The plat book also incorporates color in the maps to highlight land that is state and federally owned.

The plat book also includes photographs by Deb Perry of Adams and Wells County landmarks such as the Wells County Historical Museum, Five Points School, Courthouse, Oubache State Park, and Limberlost State Historical site to name a few.

Published by Farm and Home Publishers of Belmont

## CANADY HONORED

The Warren Fire Department recently held their annual banquet December 3<sup>rd</sup>. At that time the members honored Scott Canady for his service to the community and the department. Scott retired from the department this summer after 27 years of service, joining in 1991.

We are grateful for his many hours and dedication devoted to the department. His expertise in many areas has been invaluable to the department through the years and will be missed, as well as his fellowship and friendship.



IA, the book is distributed by Purdue Extension – Wells County. Proceeds from the sales go to support the 4-H program. The plat book is available for a purchase price of \$30 at the Purdue Extension Office, 1240 4-H Park Road, Bluffton. Office hours are 8 AM – 4:30 PM, Monday through Friday.

## BEEF MEETING

Beef producers are invited to attend an upcoming meeting hosted by the Indiana Beef Cattle Association (IBCA) and

Purdue University Extension. This meeting will take place on Thursday January 4 at 6:30 p.m. in Columbia City, IN at the Ag Museum on the grounds of the Whitley County 4-H Fairgrounds, 680 West Squawbuck Road.

The meeting will feature great food and valuable information on beef issues from a Purdue Extension specialist. IBCA will provide an update on policy and programs.

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Things You Can Find at  
[WWW.WARRENWEEKLYINDIANA.COM](http://WWW.WARRENWEEKLYINDIANA.COM)

- \* Local Event Calendar \* Forms
- \* Archives of past Warren Weeklys
- \* Antiquity Tales - a new blog
- \* Classified & Subscription Forms

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WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at Warren Market, Dollar General, and next to the Post Office in downtown Warren, along with various other businesses. The Warren Weekly is also available at Hemmick's Hardware, Circle K and Time Out Tavern in Van Buren. Total circulation is 3000.

It is sent anywhere in the Continental United States for three (3) months for \$12.50, six (6) months for \$24 or \$48 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792. Or you can request a digital copy (by e-mail) at a cost of \$24 per year.

Deadline for news and/or advertising is 10:00 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time.

Leave news and/or advertising at Town Hall or mail to PO Box 695, Warren or email to editor@warrenweeklyindiana.com.

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

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## Kudos, Kicks & Karats

### OVERCOMING PANIC ATTACKS DURING THE HOLIDAY SEASON

By Chrysa Keenon

There's no doubt that the Christmas season can be stressful. It's easy to become overwhelmed from buying gifts, entertaining guests, standing in long lines in crowded stores, cooking meals, and attending parties. If left unchecked, these numerous responsibilities can build and lead to a panic attack.

As defined by the Anxiety and Depression Association of America, a panic attack is an abrupt feeling of fear or overwhelming anxiety that normally causes chest pain, trembling or shaking, difficulty breathing, nausea, sweating, and an accelerated heart rate. These attacks usually reach their peak in 10 minutes, after which they slowly subside. Pairing holiday shopping or a family reunion with one of these only doubles the feeling of helplessness. Ho-ho-ho becomes woe-woe-woe.

Whereas it seems impossible to get shaking hands and quickening breath under control in the moment, it can be done. Here are four simple ways to combat the feeling of panic and restlessness.

1. Take control of your breath. Panic attacks are often coupled with the feeling of breathlessness. While taking short, quick breaths to get more air into the lungs might feel like a solution, it's really causing more harm than good. Instead, by taking more controlled and slower breaths, you can combat the symptom of hyperventilation. First, inhale through your nose for about five to seven seconds. Then, hold the breath for three or four seconds. Finally, exhale through your mouth for about seven to nine seconds. Repeat this exercise about ten times, or until you feel calmed down.

2. Use self-affirmation. During a panic attack, your thoughts can spin out of control, usually taking a negative idea or phrase and repeating it over and over in a vicious cycle ("I'll never get it all done...I'm way behind schedule"). It's easy for your mind to blow things out of proportion and truly believe the world is ending. However, if you take the time to acknowledge what you're experiencing is temporary, you can remind yourself that it will pass. The feeling of impending doom can be replaced with a simple reminder that everything will eventually fall into place ("My relatives are coming to be with me, not to criticize my housekeeping...Okay, I can buy some cookies if there isn't time to make them").

3. Find a focus object. One technique to slow down your rapid thoughts is to find an object in the room and to focus

**CONTINUED PAGE 8**

#### ASBURY CHAPEL UNITED METHODIST

8013W 1100S -90, Montpelier  
 Phillip Freel Jr, Pastor  
 Worship ..... 9:30 a.m.  
 Sunday School ..... 10:30 a.m.  
 Wed Carry-in & Fellowship .. 6:30 p.m.

#### BANQUO CHRISTIAN CHURCH

8294S 900W 35  
 Harold Smith, Pastor  
 Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.  
 Bible Study ..... 6:00p.m.

#### BOEHMER UNITED METHODIST

Rev. Barry Humble, Pastor  
 Denise Heininger, S.S. Supt.  
 Sunday Worship ..... 9:30a.m.  
 Sunday School ..... 10:45a.m.

#### CENTRAL CHRISTIAN CHURCH

Van Buren, Indiana 765-934-2199  
 Pastor - Heath Jones  
 Youth Leader - Kelly Jones  
 Worship ..... 9:30 a.m.  
 Sunday School ..... 10:40 a.m.  
 Adult Bible Study ..... Sun 6:30p.m.  
 Youth Group ..... Sun 6:00p.m.  
 Handicap Accessible  
 Little Panther Preschool 765.934.2099

#### HEALING WATERS MINISTRY — 5811 W 600 S, MT ETNA

Pastor Wayne Couch  
 260/515-2517  
 Sunday Prayer ..... 9:15 a.m.  
 Sunday School ..... 9:30 a.m.  
 Worship Service ..... 10:30 a.m.  
 Wednesday Bible Study ..... 6:00 p.m.  
 Sunday Evening Service ..... 6:00 p.m.  
 Daycare provided during Worship

#### DILLMAN UNITED BRETHREN

8888S 1100W-90, Warren 375-2779  
 Matt Kennedy, Pastor  
 Worship Service ..... 9:00a.m.  
 Sunday School ..... 10:00a.m.

#### HANFIELD UNITED METHODIST

101 N 400 E - Marion 765/664-8726  
 Timothy Helm, Senior Pastor  
 1st Worship..... 8:30 a.m.  
 Sunday School ..... 9:45 a.m.  
 2nd Worship..... 11:00 a.m.

#### THE NEW BEGINNING

SR 218, 2 1/8 mile west of Poneto  
 Steve Sutton, Pastor  
 765/728-2065 for more info  
 Sunday Worship..... 10:30a.m.  
 Thursday Prayer Meeting ..... 7:00 p.m.

#### HERITAGE POINTE

Chaplains Gerald Moreland, Ginny  
 Soultz & Dick Case  
 Sunday Morning Worship ..... 9:30 a.m.  
 OTHER SERVICES BY ANNOUNCEMENT  
 Monday thru Friday  
 Chapel Services ..... 9:00 a.m.

#### HILLCREST

**CHURCH OF THE NAZARENE**  
 375-2510  
 Bus Service 375-2510  
[www.hillcrestnazchurch.org](http://www.hillcrestnazchurch.org)  
 Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.  
 Evening Worship..... 6:00 p.m.  
 Youth Group (Wed.)..... 6:00 p.m.  
 Wed. Midweek Service..... 6:30 p.m.

#### SOLID ROCK UNITED METHODIST

485 Bennett Dr, Warren, IN  
 375-3873  
 Paul Burris, Pastor  
 Sunday School ..... 9:00 a.m.  
 Worship Service ..... 10:00 a.m.

#### LANCASTER WESLEYAN

3147 W 543 S, Huntington  
 468-2411  
 Doug Sharrard, Pastor  
 Pam Thompson, S.S. Supt.  
 Sunday School ..... 9:30 a.m.  
 Worship ..... 10:30 a.m.

#### Wednesday:

CYC/Teen/Adult Meetings .... 7:00 p.m.

#### LIBERTY CENTER BAPTIST CHURCH

694-6622  
 Aaron Westfall, Pastor  
 Sunday School ..... 9:15 a.m.  
 Fellowship ..... 10:00a.m.  
 Worship ..... 10:15a.m.  
 Tues. Bible Study ..... 7:00 p.m.  
 Wed. Choir ..... 6:30p.m.  
 Monthly Meetings

1<sup>st</sup> Mon Ministry Team ..... 7:00 p.m.  
 3<sup>rd</sup> Sat Mens Prayer Breakfast 8:00 am  
 4<sup>th</sup> Mon ABW ..... 1:30 pm

#### LIBERTY CENTER

**UNITED METHODIST CHURCH**  
 Pastor Daniel Schreck  
 Assoc. Pastor Diane Samuels  
 Morning Worship .....9:30 a.m.  
 Sunday School ..... 10:45 a.m.

#### McNATT UNITED METHODIST

375-4359  
 Bill VanHaften, Pastor  
 Lois Slusher, Supt.  
 Nick Miller, Youth & Family Pastor  
 Coffee Fellowship..... 8:30 a.m.  
 Worship ..... 9:15 a.m.  
 Sunday School ..... 10:30 a.m.  
 Bible Study - Wed. .... 7:00 p.m.

#### MT. ETNA UNITED METHODIST

260/468-2148 Sr 9 & 124  
 Rev. Michael Gallant - "Pastor Mike"  
 Multi-Generational Worship 9:30 a.m.  
 Fellowship ..... 10:30 a.m.  
 Sunday School ..... 10:45-11:30a.m.  
 Sunday Youth ..... 6-7:30 p.m.

#### Come as you are for all services

#### PLUM TREE

**UNITED CHURCH OF CHRIST**  
 375-2691  
 Jill Miller, Pastor  
 Sunday School .....9:30 a.m.  
 Worship .....10:30 a.m.

#### SALAMONIE

**CHURCH OF BRETHREN**  
 468-2412  
 Mel Zumbrun, Pastor  
 Worship .....9:30 a.m.  
 Church School ..... 10:45a.m.

#### UNITED CHURCH OF CHRIST

375-2102  
 Pastor Scott Nedberg  
 Youth Pastor - Pastor Heather Parsons  
 Sunday Worship..... 9:30 a.m.  
 Contemporary Service - Wed 6:30 p.m.  
 Junior Church ..... 10:00 a.m.  
 Sunday School ..... 10:30 a.m.  
 Youth Meetings-Wed ..... 6:30 p.m.  
 Communion 1st Sunday of the Month

#### VB CHURCH OF THE NAZARENE

765/934-3321 Parsonage  
 Jeff Slater, Pastor  
 Jim Knight, Superintendent  
 Sunday School ..... 9:30 a.m.  
 Adult Worship ..... 10:30 a.m.  
 Children's Church ..... 10:30a.m.  
 Evening Praise Hour..... 6:00p.m.  
 Hour of Power (Wed) ..... 7:00p.m.

#### VB UNITED METHODIST CHURCH

765-934-1431  
 Pastor Cindy Osgood  
 Worship Service ..... 9:30 am  
 Sunday School ..... 10:30am  
 Not Home Alone - Wed ..... 3:00 pm  
 Prayer-Bible Study (Thur) ..... 7:00 pm  
 UMW 2nd Wed ..... 7:00 pm  
 Little Ones Book Club 1st Tue 10:00 am  
 Just Older Youth 3rd Tue ..... 12:00 pm

#### www.vanburenumc.org

#### WARREN CHURCH OF CHRIST

375-3022  
 Ethan T Stivers, Minister  
 Ben Renkenberger, Youth Minister  
 Tara Bower and Melinda Haynes -  
 Secretaries  
[www.warrenchurchofchrist.org](http://www.warrenchurchofchrist.org)  
 Fellowship .....9:15 a.m.  
 Worship & Communion .....9:30 a.m.  
 Sunday School .....11 to 11:40 a.m.

#### Youth:

K-5th grade, Mon ..... 6-7pm  
 Jr/Sr Hi, Sunday ..... 6-8pm

#### WARREN 1st BAPTIST CHURCH

Corner of N. Wayne & Matilda Sts.  
 Pator Rusty Strickler  
 Youth Directors  
 Peter & Mindy Fairchild  
 Sunday School .....9:00 a.m.  
 Sunday Worship .....10:00 a.m.  
 Youth Group: Grades 3-5 ..... 4-5:30p  
 Grades 6-12 .... 5:30 - 7p

#### WARREN WESLEYAN CHURCH

**375-2330** 6th & Nancy Sts. Warren  
 Rev. Allen Laws, Pastor  
 Wesley Welch, Supt.  
 Sunday School .....9:30 a.m.  
 Worship ..... 10:15 a.m.  
 Wed Bible Study ..... 6:00 p.m.

#### FARRVILLE COMMUNITY CHURCH

11044 E 200 N, Marion, IN  
 765-934-3609  
 Sunday Worship..... 10:30 am  
 Sunday School Classes .....9:30 am  
 Youth Group .....6:00 pm  
 Sunday Adult Bible Study..... 6:00 pm  
 Thurs. Bible Study .....7:00 pm

*Please Attend  
 The Church of  
 Your Choice*



# AREA NEWS

**MORE PAGE 1**

If you would like to attend the Area XI beef meeting, please RSVP to the Whitley County Extension office at 260-244-7615 by December 29. Note that the counties in Area XI include Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells and Whitley.

Cattle producers can keep up with the latest beef industry news on the Purdue Animal Sciences Beef Blog at <http://www.thebeefblog.com/>. It includes timely news, issues, and management tips that have the potential to affect the beef business and decision-making process. This blog was created by the Purdue Beef Team as an educational forum for beef producers and Extension educators.

For more information, contact Ed Farris, Agriculture and Natural Resource Educator, Purdue Extension – Huntington County Office, 1340 South Jefferson, Huntington by calling 260-358-4826.

**MODERN LIBRARIES MEET MANY NEEDS**

By Abigail Kessler  
Linda Lambert has been a librarian at Taylor University for 14 years—most of her career. She loves her job as a research librarian because she enjoys working with both people and books. When asked whether

libraries still have relevance today, she will respond immediately: “Yes, of course.”

Historically, libraries have focused on getting information to their patrons. When Lambert began, her job was mostly to find out obscure facts—country capitals, a business’s address, an eclipse of the moon. That’s changed since the inception of the Internet, of course. Today, libraries are still in the business of answering questions, it’s just that the questions have changed.

Folks today have Google to answer trivia questions, and sites such as Wikipedia help provide background information. But these sources sometimes can be shallow or not credible. A school library, such as the one at Taylor University, has shifted its efforts to fill that void. A large part of a librarian’s work on a campus has to do with helping students find reliable sources. This becomes more important as students advance in school. Students enrolled in graduate programs are much more likely to seek help from a librarian, Lambert explained, especially with their writing projects.

In public libraries, the questions have a much broader range. One day they will be about helping someone find instructions

on how to fix a car, and another day it will be about finding public records related to genealogy research. And of course, there will always be the routine questions, such as, “Where’s the bathroom?”

The role of a library largely depends on the community it serves, as well as the type of library it is. Public libraries, which are largely dependent on city and county governments for funding, do a lot to keep their patrons happy. Many have developed programs to better serve their community, such as sponsoring writing clubs, inviting famous authors to give talks, giving informative tours to scout troops or youth groups, and offering computer help to senior citizens.

A contemporary library’s main problem is relevance, and since the taxpayers in the area are pretty much in charge of the funding, if they feel that the library isn’t meeting the needs of the community, the funding will be less. Many libraries are responding to this by scheduling various programs for community members.

Take the St. Louis, Missouri County Library, for example, which has created a wide network of branches throughout southwestern Missouri. Not only have the branch libraries been renovated to have better

lighting, updated technology, and more reference materials, they have also initiated service programs in response to patron requests. The libraries have both a summer and winter reading program. They also hosts bridge clubs and Lego parties and classes on how to use the library’s newest resources. Thus, each library has become as much of a community meeting center as it is a place to acquire information.

Of course, a large metropolitan library is very different from a small town library, such as the Rees Pogue Memorial Library in Upland, Indiana, which is currently focused on pooling its materials with other local libraries through a system called Evergreen. This allows a smaller library to have access to limitless materials through a lending network.

“Yes, times are changing,” admits librarian Linda Lambert, “and Taylor University is now focusing on building a collection of online resources and teaching students how to use them. We are purchasing ebooks, ezines, online journals and databases. Our current website motto is. ‘A library today is much more than physical books and journals,’ and we live up to that.”

That being said, Lambert does believe that there will always be a desire for print

books. “There’s still a large demand for them,” she asserts. “Many patrons still prefer the heft and depth of a physical text.” A part of her job is circulating the library’s books in a system very similar to the system used to monitor magazine use. The ones not checked out very often are replaced with newer, more relevant books.

Is print dead? No, not by a long shot. But modern libraries are updating services and skills and even information delivery formats in a quest to meet the changing needs of the communities they serve. Their reservoir of information is more accessible than ever before.

Abigail Kessler is a professional writing major at Taylor University.

**PHARMACY HOURS**  
We wish everyone a Blessed Giving-Thanks to God for Christmas Season!

The Warren Pharmacy will be open normal hours Friday, December 22nd and Tuesday, December 26th, 9am - 5:30pm. Due to family events, we will not be open on Saturday, December 23rd nor on Christmas day December 25th.

You may call the Pharmacy 260.375.2135, and leave a message with your refill order and phone number.

We are grateful to serve the Warren community.

Forms are Available at [www.warrenweeklyindiana.com](http://www.warrenweeklyindiana.com) for Birth, Wedding, Anniversary, & Engagement Announcements, and Classifieds and Subscriptions.

## Community Calendar

Items listed here are open to the public. If there is an admission charge or items are for sale or a donation is necessary, there is a one-time \$5 fee to be listed. Events can be listed for as long as 6 months. (If an event is canceled, please notify WW.) Only event, place, time, and sponsor, for events in Warren, and the surrounding area will be listed.

Dec 18	6:30p	W - KBC Board Meeting at KBC
Dec 20	7:00p	V - Town Council Meeting
Dec 25		CHRISTMAS
Jan 1		NEW YEAR'S DAY
Jan 3	7:00p	V - Town Council Meeting
Jan 8	5:00p	W - Town Council Meeting in Assembly Hall
Jan 14	9-3p	W - Second Sunday Market at Knight Bergman Ctr
Jan 15	6:30p	W - KBC Board Meeting at KBC

**Bread of Life Food Pantry** - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC  
**Bargain Basement** - Friday & Saturday 9 - 4 at KBC ; **Cancer Support Group** - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus  
*These Events Can Also Be Found at [www.warrenweeklyindiana.com](http://www.warrenweeklyindiana.com)*



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## AREA NEWS CONTINUED

### FREE CALENDARS

The Warren Pharmacy has received Calendars for 2018. There are two choices of 2018 Appointment/Wall calendars. The Art of the Holy Land and Journey of Faith. They are available as a free gift at the Warren Pharmacy.

Each calendar starts with December 2017 with room on each day to write the important events that affect you and your family. Each day has a Bible verse to meditate on, so you can start your day with one piece of good news!

These complimentary calendars are provided at no charge by your healthcare professionals at the Warren Pharmacy.

### HP SPORTS REPORT

For the week of 12.01.17

Congratulations to winners last week who were Clyde Griffith and Dave Stamper.

Runners-up were Bud Lee and Dick Lintner. Great job guys. There were 18 players this week. Good luck to all for next week.

Wi-Fi bowling this week.

The winners were Bud Lee with a 195, Dick Lintner with a 172, Mary Dungan with a 165 and Floyd Minnich with a 160. Good job guys and gals. Watch for results next week.

### CHAUTAUQUA

Christmas cheer was evident in the 22 members and one guest present at the December Chautauqua Club meeting held December 1, 2017, in the Heritage Pointe Boardroom. President Suellen Jones welcomed the members and led the Collect.

Roll call was answered remembering the Snowiest Christmas. After the business meeting was held, Peggy Schweikhardt presented her Christmas program.

Our thoughts were directed toward Christmas and Christmas gifts. "The Christmas Child", by Max Lucado, was a very intriguing story of a young man who was visiting his hometown after a very long absence, Clearwater, Texas. The major attraction to the many German Immigrants in town was the Clearwater Lutheran Church. The young man found the Janitor in the Church who gave him some information about the town and its history as they viewed the beautiful carved wooden stable scene and the manger Chresch. Otto, a woodworker, was one of the German immigrants, and the one who had done this beautiful work. It seems that Otto gave Carmen, his dying daughter, the Baby

Jesus. Later, it turns out that Carman's mother gave the missing red cross of Jesus to Carmen's son. Now the question becomes "Where is the red cross of Jesus?" This intriguing story weaves the details very expertly, and leaves only one clue.

Sometimes finding one's way home for the holidays brings much delight, and also answers many questions.

This book is an excellent read in this Christmas season, and reveals "The Rest of the Story."

Peggy introduced her daughter, Shelly Huffman, who sang the beautiful "The Greatest Story Ever Told" for us. It was a reverent and meaningful rendition.

A word to the wise--"The happiest people don't necessarily have everything but make the most of everything they do have."

The next meeting is January 5, 2018, in the Calico Room.

Festive refreshments were served to Janet Beavens, Nancy Bonham, Freddie Couch, Barb Engle, Betsy Finley, Sharon Gephart, Jean Grasmik, Phyllis Hubartt, Suellen Jones, Colleen Oden, LuEllyn Pond, Jane Ruble, Peggy Schweikhardt, Mary Sell, Martha Shafer, Carolyn Sparks, Carol Spangler, Sandy Thompson, Kitty Throop, Betty Yoder, Joan Huffman, Ellen Laymon, and guest Shelly Huffman.

Merry Christmas to All.



### GRADUATES BASIC

U.S. Air Force National Guard Airman 1st Class Trae B. Jojola graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Jojola is the son of Troy and Starr Jojola of Bluffton, Ind., the grandson of Bill and Ruth Winkler of Huntington, Ind., and nephew of Mike and Monica Spahr of Warren, Ind., and Heath and Jessica Blocker of Bluffton, Ind.

He is a 2016 graduate of Bluffton High School, Bluffton, Ind.

nerves—for years I had made excuses for not donating, but I finally had mustered the courage to try. So, I sipped apple juice and nibbled some snacks as the nurse unhooked the bag and told me I was almost done. All that was left was filling a few small vials for testing.

And then black spots swarmed my vision.

My head felt odd as the spots increased, and I distinctly remember thinking, Huh. So this is what it feels like to be light-headed before I fainted (briefly). Once I woke up, we waited a few minutes before taking blood for testing. Afterward, I left, feeling a bit tired and confused. I had finally given blood, but it left me with a slight headache and an upset stomach; I wondered if I should do it again.

Another opportunity to donate didn't come until nine months later, after hurricanes razed the Gulf Coast and then shortly thereafter Las Vegas was rocked by a mass shooting. This was also after my grandfather had been diagnosed with blood cancer. I felt powerless, yet desperate to help distant people. I nearly forgot about the scheduled Red Cross visit to campus until my roommate texted me that morning. I hustled to where they were set up and signed up for a slot after lunch. The second time I donated, everything went smoothly. My blood came out at a steady pace, and I felt neither nauseous nor headachy nor light-headed. After donating a pint and eating a small snack, I left and went to class. I now donate regularly.

CONTINUED PAGE 6

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### THE GIFT OF BLOOD: A PERSONAL EXPERIENCE

By Kendra Smalley  
The first time I donated  
blood, I passed out.

Toward the end of my  
donation, my stomach felt  
funny, but I chalked it up to

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## GENEALOGY REPORT

### BENEFIEL

Ruth E. Benefiel, 92, of Warren, a former resident of Van Buren, Ind., passed away at



7:30 a.m. Wednesday, Dec. 6, 2017, at Lutheran Hospital in Fort Wayne.

She was born June 21, 1925, in Van Buren, to Herald I. Plummer and Mary Elizabeth Sanderman Plummer. She married James Artie Benefiel July 1, 1944, in Van Buren, and the two have shared more than 73 years of marriage.

Ruth was a 1943 graduate of Van Buren High School. She spent most of her life being a farm wife and raising her children. Ruth was very devoted to her family and will be remembered for her hard work and being very practical. She enjoyed gardening and the years spent traveling after retirement. She was a member of the Van Buren United Methodist Church and the Van Buren United Methodist Women.

Loving survivors include her husband, James Artie Benefiel of Warren; three sons, Glen (Rita) Benefiel of Warren, John (Connie) Benefiel of Sun City, Ariz., and Howard E. Benefiel of Bluffton; a daughter, Carol Sector of Marion; five grandchildren, Tony (Donna) Benefiel of Warren, John (Hope) Benefiel of Sun City, Ariz., Tracie Benefiel of Lake Harvasee, Ariz., Michele (Noel) McDonald of Hartford City, and Lora (Ron) Clarke of Hartford City; nine great-grandchildren and two great-great-grandchildren; and three sisters-in-law, Martha Plummer of Warren, Glenna Plummer of Bluffton, and Mary Newland of Anderson.

She was preceded in death by her father, Herald I. Plummer; her mother, Mary Elizabeth Sanderman Plummer; two brothers, John Plummer and Howard Plummer; and a sister-in-law, Dorothy Maxine Plummer.

Family and friends may gather to share and

remember at Heritage Pointe Applegate Chapel, 801 Huntington Ave., Warren, from 2 to 4 p.m. Sunday, Dec. 10. A service to celebrate Ruth's life will be at Heritage Pointe Applegate Chapel at 11 a.m. Monday, Dec. 11, with additional viewing one hour before the service. Chaplain Gerald Moreland will be officiating and burial will follow in the Gardens of Memory in rural Marion.

In lieu of flowers, please make memorial donations to the Van Buren United Methodist Church, 105 S. 2nd St., Van Buren, IN 46991, or Heritage Pointe, 801 Huntington Ave., Warren, IN 46792.

### PALMER

Jerry D. Palmer, Buren, IN, died at his home.



Mr. Palmer graduated from Purdue University, an electrical engineer through the ROTC program he joined the United States armed forces. He elected to go to jump school and served in Germany as an ordinance officer. After being honorably discharged from the army, he went to work for Indiana Michigan Power and remained in that field for 32 years, retiring in 2001.

After retiring, he worked as an electrical contractor on a part-time basis. Her completed more than 1200 skydives and received jump master certification. He also worked as a professional sound and light engineer. He first got involved with the Marion Easter Pageant in 1975 and served on the committee of the pageant, working sound, stage and lighting. He served on the Van Buren Popcorn Festival Committee and the Marion Philharmonic Orchestra board. He was involved in many festivals including the Marion First Fridays, Tipton Pork Festival, ABATE of Indiana, dance recitals and Hog Daze Motorcycle Rally.

Mr. Palmer photographed many events and managed 15 websites for Marion Easter

Pageant, MPO and Mississinewa 1812.

He was born Jan. 21, 1942, to Samuel and Esther Van Ness Palmer.

He is survived by a brother, Danny (Pat) Palmer, of Van Buren.

There will be no funeral or calling hours prior to cremation. A memorial to celebrate his life will be held Dec. 27, 2017, at 6:30 p.m. at the Van Buren United Methodist Fellowship Hall, 105 2nd St., Van Buren.

Memorials may be made to the Grant County Cancer Services.

### RUMPLE

Samuel Dahl Rumble, 72, of Wabash, IN, and having ties to Van Buren, IN, died Saturday, Dec. 9, 2017, at 5:15 a.m. in Van Buren, IN.



Mr. Rumble was a 1963 graduate of Van Buren High School and served as a sergeant in the United States Air Force from 1964 to 1968 and in the reserves from 1968 to 1970. In his early years he was active in the Van Buren Central Christian Church and Youth for Christ. He retired from General Tire (GDX) after working at the Marion and Wabash locations.

He was active in the Van Buren and Fairmount American Legions. He was the former Commander of Post 368 in Van Buren and lifetime members of both Post 368 and the Veterans of Foreign Wars.

He was born Dec. 1, 1945, in Grant County to Samuel W. and Mildred "Louise" Butler Rumble.

Survivors include three sisters, Anna Lou Saylor and Rhea (David) Carder, both of Marion, IN, and Elissa Crothers, of Van Buren; and a brother, Jon R. (Elizabeth) Rumble, of Marion.

Calling is Thursday, Dec. 14, 2017, from 10 a.m. to noon with a service to follow at noon at Van Buren Central Christian Church 201 S. 1st St., Van Buren. Rev. Ken Thompson will officiate.

Interment will follow in the Van Buren Cemetery in Van Buren.

Memorials may be made to Van Buren Central Christian Church or Gilead Ministries, 212 N. Baldwin Ave., Marion, IN 46952.

### WYATT

Earl Gene Wyatt, 58, of Huntington, IN, died Saturday, Dec. 9, 2017, at 2:02 a.m. at Parkview Regional Hospital, in Fort Wayne.

He was a truck driver and worked at Bunn Trucking, Hiner Transport and Rocky Riley Asphalt.

He was born April 12, 1959, in Huntington, to Joseph Eugene and Rose Marie Parker Wyatt.

Survivors include a sister Linda (Dan) Harrell, of Warren; a brother, Dan Wyatt, of Huntington; and a companion, Kimberly Rose Weaver, of Huntington.

A memorial gathering will be held at a later date.

Memorials to assist with funeral expenses can be sent in care of Deal-Rice Funeral Home, 338 E. Washington St., Huntington, IN 46750.



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### CAROLS AND MORE AT WARREN UCC

Join organist and Warren native

**Ted Gibboney** at the

**Warren United Church of Christ**  
202 E. 2nd St., Warren

for an evening of Christmas-based music on  
**Tuesday, Dec. 19 at 7 p.m.**

He will be joined by local talents Debby Sackett, soprano, and Mary Sell, piano, in a program of Christmas favorites old and new. Bring along your singing voice for some group caroling to help us all celebrate Christmas! Organ selections will include music by J.S. Bach, Siegfried Karg-Elert, John Rutter and Marcel Dupré.

Dr. Gibboney begins this Advent as Director of music for the Ascension & Holy Trinity Episcopal Church in Cincinnati, OH.

*Please join us for this special and festive occasion!*





## AREA NEWS CONTINUED

### MORE PAGE 4

There are many valid reasons to give blood. Personally, I wanted to help people in the midst of tragedies, but as a college student, I was unable to give financially. I knew the best way for me to reach others was by literally giving them a part of myself, even if it could cause me some minor, temporary discomfort. Other people may give because someone has asked them to, or they want to “pay it forward” in case a loved one needs a future blood transfusion. Some people give because of the personal health benefits. Time Health cites multiple studies indicating that donating blood can improve blood flow and help maintain balanced iron levels. Also, before each donation, donors are given a mini check-up, which includes checking blood pressure, body temperature, and iron levels. After the donation, blood is also tested for infectious diseases, such as hepatitis and HIV.

The American Red Cross website reveals that blood transfusions can be used in a number of cases. Thus, hospitals have blood at the ready for emergencies. Moreover, patients with sickle cell disease need frequent blood transfusions. Some cancer patients also need transfusions. Every two seconds, someone in the United States needs blood, which can only come from human donors. Moreover, only about 38 percent of Americans are eligible to donate blood, yet less than ten percent of those eligible actually donate annually.

I encourage eligible donors to put aside fears or

hesitations and to donate. Yes, there is the small possibility of passing out—I did. But I survived, and the second time was much better (practice makes perfect, right?). For those especially nervous, go with a friend, or bring a book or music. I also encourage asking the nurses questions about the process. To donate, simply go to the American Red Cross website and search for local blood drives. Donations can be made every eight weeks.

Kendra Smalley of Crystal Lake, Illinois, studies English and professional writing at Taylor University.

### HOSPITAL LAB ENHANCES SERVICE WITH TECH UPGRADES

For a hospital laboratory — which tests blood, tissue and other samples from patients — time is of the essence. Efficient and accurate processing of samples means physicians and care teams receive information they need to be able to provide quality care.

Asheet Chauhan, manager of the Parkview Huntington Hospital (PHH) lab, says that customer service goal of timely data delivery is always front-and-center for his staff. Technology offers them new and better tools to accomplish their work, and in 2017, the PHH lab has made significant upgrades.

Analyze this

This spring, the lab replaced its chemistry analyzer — a key piece of equipment — with a sophisticated, next-generation analyzer capable of performing more types of testing. This new analyzer has enabled the lab to provide quicker turnaround for some common tests that

previously had to be sent out of house for processing, such as CRP (C-reactive protein, a screening test for heart disease) and T-4, a thyroid function test.

“Faster turnaround is a significant benefit for our patients,” says Chauhan. “Obtaining results more quickly can also lead to faster diagnosis and beginning of treatment. The new analyzer is already making a big difference.”

In addition, the lab can now test for Troponin-T, a marker of tissue damage from heart attack that is used in assessing some patients’ cardiac risk. Former capabilities only allowed the lab to test for a different Troponin marker that had a five-day window for detection. Troponin-T stays in the blood for as long as 10 days, which means more time to detect, and possibly halt, heart muscle damage as the result of a heart attack. This is particularly important in cases where the patient did not initially recognize they were experiencing heart attack symptoms and put off going to the hospital.

Order up

In October, the lab installed the TAT (Turnaround Time) monitoring system. A 60-inch monitor prominently displays a list of orders being processed in the lab and updates their status in real time so urgent STAT and routine tests can be tracked. The monitor is visible to all personnel in the lab, so a quick glance can tell them whether a specific order is taking longer than anticipated and needs to be expedited.

Purchase of the TAT monitoring system was funded by generous donor gifts through the Parkview Huntington Foundation. PHH is the first Parkview hospital outside Allen County to implement the system.

In processing samples, safety is also important for the lab staff. If a test tube breaks during handling, a lab technician could potentially be exposed to a communicable disease, if one is present in the blood sample. A new automated blood analyzer has eliminated the step of having to transfer a blood sample from the original collection vial to a new tube for analysis. Not only does this drastically reduce the chance of human error, potential injury and sample loss, but it has also reduced the time for one test, which used to take as much as half an hour and now takes only about three minutes.

The lab is also capable of more sensitive testing for flu

and RSV, a common virus that causes cold-like symptoms in healthy adults but can pose a serious risk for infants.

All of these improvements translate into enhanced service for patients, physicians and care teams. Speedier results for hospitalized patients can impact care decisions in an even more timely way. Individuals who have outpatient testing done can obtain their results even faster, as can the local medical offices, nursing homes, and rehab facilities that also use PHH lab services.

According to Chauhan, the lab performed more than 150,000 individual tests in 2016; he estimates that number will exceed 160,000 in 2017 thanks to the new capabilities.

Quicker lab results via Parkview MyChart

CONTINUED PAGE 8

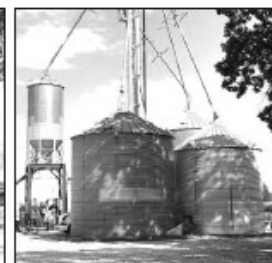
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Heritage Pointe of Warren is looking for a part time receptionist. Hours will mainly be Saturday/Sunday 9-3 with some holidays required. Please stop at facility to complete application or contact Carin Vickrey 260-375-2201 ext 4283 Director of Human Resources. 12.15

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## AREA NEWS CONTINUED

## MORE PAGE 6

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## GET ORGANIZED ONE 3X5 CARD AT A TIME

This is a sweet and inspiring letter from a successful, longtime SHE (Sidetracked Home Executive). It's so well written, it deserves to be shared (with her permission). Enjoy her humor and SHEness.

Dearest Pam,

You and Peggy came into my life in the early eighties. I sat in the middle of a big, beautiful new house after our tenth corporate relocation, indulging in a well justified tantrum. (I sometimes fear this will be the episode my three now, adult daughters will bring up at my wake.) Not a pretty sight. I enrolled the girls in their new schools that day and took myself

to a bookstore for purposes of covert procrastination. It was there where God lassoed me with a copy of Sidetracked Home Executives: from Pigpen to Paradise. Thank you. Thank you. Thank you.

Through your words and your humor and your stories you mentored me, gave me sanity one 3 x 5 card at a time, and were, well...my friends. The two of you reflected the relationship I had with my sister, except for the fact that we lived 1500 miles from each other. And I'd found myself again a stranger in a new city. I read every book you published again and again and sometimes remember your stories as things that happened to me. (Not a good sign.)

I am currently sitting on 70. (No, not miles per hour, years) and living in my tiny scaled down house, retired from my work as a therapist (undergrad & grad degrees from 6 different universities attained one 3 x 5 card at a time...thank you very much), with the man who drug me through fifteen more homes (did I really say that?) after that tenth beauty where you found me. We will celebrate our 50th wedding anniversary in May. (What was I ever thinking?)

The beauty I discovered in moving every few years is that there is no spring housekeeping—ever. It is also a technique for consistent clearing of clutter. There can be challenges...as when the relocation is because of the promotion that did not go through, or the sale of the

company, or the bottom drops out of the market...thank you 2008. So up and down the corporate ladder we've been, and you and Peggy have been with me all the way. There are many ways to live. It is just easier to manage a 3 x 5 card at a time.

We've also enjoy the blessing of enduring friendships and happy memories from every one of those cities and towns.

For a while, I gave in to the curse of the "corporate gods" who waited until you dressed your windows with shutters or shades, curtains or drapes. The curse? The minute the installers left the house, your husband would call and ask "so, what do you think about Dallas?" Better than looking out of one of those just dressed windows to see the Allied Moving Van pull up, I guess. (I've had it both ways.) However, I did learn that if I were to have magenta walls, or a gold ceiling in this life, I had to quit living for the buyer...personally I've been a crusader in the de-beiging of America...

In too many ways to count, you and Peggy have more influence in my life than anyone, ever. My own sister is also a huge beneficiary of your system, your plan and your humor. She still has the custom wooden box I gave her for her 3 x 5's. Now that we both move a bit slower, and visit the doctor more frequently, take meds and have the administrative duties of living past 65, your system is a God-send. (It also helps us keep our vanity intact: makes us look

like we remember a heck of a lot more than we do, we don't have to keep asking our family computer geeks how to pull up the calendars on our computers, we don't have to pull out our readers to see the screen on our phones.) If there's not a simple system out there for seniors, it is something you might think about developing.

One bite at a time and you can eat an elephant. (Sorry, I know they are an endangered species.) A box of 3 x 5 cards is a box filled with magic wands.

Sip your coffee and I'll sip mine.

Let's count the blessings of 3 x 5's.

Thank you, Thank you. Thank you.

More sincerely than you could ever know, Judith Robinson

For more from Pam Young, go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. All Pam's books are available on Amazon.

Warren Weekly archives can be found at [www.warrenweeklyindiana.com](http://www.warrenweeklyindiana.com)

## MORE PAGE 2

all your attention on that object. Think about the color, the shape, and size as compared to yourself. If possible, touch the object and take note of its texture and how heavy it feels in your hand. By using all of your senses, you can recalibrate yourself, and your anxiety will slowly subside.

4. Talk to a friend. While admitting to someone else that you're not okay is frightening, it's important to have the support of someone you love to help calm you down. Whether it's shooting a quick text or making a quick call, asking for help is never a bad thing. Talk to the person ahead of time and give him or her a list of ways you know will help pacify you, such as physical touch or repeating a phrase to you or sharing something humorous. By doing this beforehand, the person will know exactly what to say or do to help you through your crisis.

The holiday season can be challenging in more ways than one, but by knowing how to help yourself, challenging situations can become manageable. Remember that you're not alone, and you can get through this. Seriously...merry Christmas, okay? Take a breather.

Chrysa Keenon of Huntington, Indiana is a professional writing major at Taylor University and an editor of the school newspaper, The Echo.

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