Hometown News from Warren, Liberty Center & Van Buren

Friday, September 6, 2019

Volume 34, Number 31

Warren, Indiana Small Town... Big Heart!

www.warrenweeklyindiana.com

arren Vekly Your <u>Hometown News</u>paper

PRESRT STD **ECRWSS U.S. POSTAGE PAID** PERMIT NO. 51 **WARREN IN 46792**

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Thought for the Week: The best defence against misguided arrogance is a keen sense of humour. Kathryn L. Nelson

TOLEN RECEIVES FULBRIGHT AWARD

The U.S. Department of State and the J. William Fulbright Foreign Scholarship Board are pleased to announce that Amanda Tolen of Warren, IN, has received a Fulbright U.S. Student Program award to Spain. Tolen is a 2015 graduate of Huntington North High School and a 2019 graduate of



Indiana University. She will support the teaching of English at Castro Alobre in Pontevedra, Galicia, as part of a project to promote language development and cultural exchange. With her Fulbright English Teaching Assistantship, Tolen will provide native speaker interaction in the classroom, teaching students about both the English language and American

Tolen is one of over 2,100 U.S. citizens who will conduct this program, please see the research, teach English, and provide expertise abroad for the 2019-2020 academic year through the Fulbright U.S. Student Program. Recipients of Fulbright awards are selected on the basis of academic and professional achievement, as well as their record of service and leadership potential in their respective fields.

The Fulbright Program is the U.S. government's flagship international educational exchange program and is designed to build lasting connections between the people of the United States and the people of other countries. The Fulbright Program is funded through an annual appropriation made by the U.S. Congress to the U.S. Department of State. will take the cash donations governments and host corporations, and foundations around the world also provide direct and indirect support to the Program, which operates in over 160 countries worldwide.

Since its establishment in 1946 under legislation introduced by the late U.S. Senator J. William Fulbright of Arkansas, the Fulbright Program has given more than 390,000 students, scholars, teachers, artists, and professionals of all backgrounds and fields the opportunity to study, teach, conduct research, exchange ideas, and contribute to finding solutions to shared international concerns.

Fulbrighters address critical global challenges in all disciplines while fruit (peaches, pears, etc), building relationships, knowledge, and leadership in support of the canned mixed vegetables, long-term interests of the United States. Fulbright alumni have achieved distinction in many fields, including 59 who have been ravioli, etc), cereals/oatmeal, Center. awarded the Nobel Prize, 84 who have received Pulitzer Prizes, and 37 who have served as a head of state or government.

BOOK SALE

The Friends of the Warren Library will have their next book sale Saturday, September 7 from 10 until 2. The upcoming book sale will be October 5.

Hardback books will be 50¢, paperbacks 25¢, children's books 10¢ and DVD's \$1.00.

The library is located at 123 E 3rd St, Warren.

VETERAN FOOD PANTRY

VA Northern Indiana Veteran food pantry is accepting food items at their Marion campus for Veterans in need. If you are interested in supporting needs list below. Food item donations can be delivered to the Voluntary Service office, Bldg 124, Rom 109. Or locally you may drop items off at the American Legion in Buren by Sunday, Van Cash September 8. donations all be may Karen dropped off to Kirkpatrick at the Legion. She institutions, and purchase supplies on Sunday to deliver on Monday.

Supplies needed are Boxed macaroni & cheese, Boxed dishes (au gratin, potato mashed, boxed etc.), spaghetti/pasta and sauce, pack Tuna, canned/foil Salmon, Chicken or Beef, canned chili or stew, canned canned pasta (SpaghettiOs, granola or Nutri-grain bars, hygiene items, manual can

openers, paper/styrofoam plates and bowls, pasta, pasta side dishes (Knorr's etc), peanut butter & jelly, plastic utensils, pork and beans, pudding packs or canned pudding (shelf stable), rice side (Knorr's/Rice-adishes etc), Roni/Uncle Ben's reusable grocery bags, tuna chicken helper or hamburger helper.

CONCERT AT HCCOA

Switchback Band is an American music duo with several full-length recordings released, the earliest of which dates back to 1994. The music of the band falls into Americana the traditional Celtic genres. For over two decades, the musical partnership of Brian Martin FitzGerald and McCormack, known Switchback, has been entertaining audiences around the world with their unique American Roots music blended with Celtic

Switchback will be **COMES TO THE AREA** performing a FREE concert at Awana, a children's program the Huntington Senior Center, centered on the Gospel with MacGahan Huntington on September 13th at 10:00 am. Center This program is being brought Thursday, Sept. 5. Children to you in cooperation with aged 3 through eighth grade The Honeywell Foundation, may Parkview Hospital and Council on Aging Senior Center United Methodist

napkins, CEMETERY MEETING

Thompson Home Cemetery's annual meeting will be held on September 14, 2019 at 5pm at the Thompson Home Farm. Following the meeting, there will be a carry-in, with hotdogs, drinks & table service provided. Please bring your favorite dish and lawn chairs. Please let your family members know!

LIFEGUARD CLASSES

Heritage Pointe of Warren will be offering a shallow water lifeguarding class for anyone wanting to become a lifeguard. You must be 15 years old, and able to swim 100 yards front crawl, tread water with legs only for 2 min. and also retrieve a 10 pound object from 4 ft of water. If you are interested in more information please contact Stacia Perry at 765-348-7807. Classes will start mid September.

NEW AWANA PROGRAM

St., a high Scripture content, will Friday, be coming to the Liberty area attend. Huntington denominational program will Huntington be housed at the Liberty Church and will meet every

CONTINUED PAGE 3



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WARREN WEEKLY • Owner/Publisher: Nicki L. Zoda Mailing Address: P O Box 695, Warren, IN 46792 **Shipping Address:** 11850 W 900S 90, Marion, IN 46952

Phone: (260)375-6290 e-mail: editor@warrenweeklyindiana.com WARREN WEEKLY is a free paper for the Warren, Indiana area. It is distributed every Friday to rural postal patrons of Warren, Liberty Center, and Van Buren, Indiana. The Warren Weekly is available at Warren Market, Dollar General, and next to the Post Office in downtown Warren, along with various other businesses. The Warren Weekly is also available at Circle K in Van Buren. Total circulation is 3000.

It is sent anywhere in the Continental United States for three (3) months for \$12.50, six (6) months for \$24 or \$48 for one year. Mail name, address, and payment to WARREN WEEKLY at: PO Box 695, Warren, IN 46792. Or you can request a digital copy (by e-mail) at a cost of \$24 per year.

Deadline for news and/or advertising is 10 a.m. Tuesday, for that week's edition. Call if you need something in but won't have it here on time. Leave news and/or advertising at Town Hall or mail to PO Box 695, Warren or

WARREN WEEKLY will make every effort to see that all advertising copy is correctly printed. The firm assumes no financial responsibility for typographical errors in advertising, but will gladly reprint without charge that part in which an error may occur, provided that it is reported within five days of publication.

The publisher takes no responsibility for statements or claims made in any advertisement.

Kudos, Kicks & Karats

HYDRANTS NOTICED

email to editor@warrenweeklyindiana.com.

This is long overdue, but my family and I just wanted to say that we love all the colorful and creative fire hydrants around Warren. It was a great idea and all of the artists did a wonderful job! It just adds a fun touch to the town (: Thank you,

Kayla Ann S. Villanueva

School Mornings Don't Have To Be Chaos

from the American Counseling Association So what does the typical school morning look like in your house? Quiet conversation over a leisurely breakfast, everyone dressed and ready to depart on time, all their books, papers and lunch neatly packed and ready to go? No? Not quite? More like a minor riot with lots of stress? If so, it's time for a change.

There's no magic way to guarantee that the bedlam that marks those getting ready for school times in too many homes will totally disappear, but there are steps to take to help minimize the school-morning frustration, stress and anger.

You can start by not blaming the kids for all the problems. Make it clear that you're not happy with how you're acting (you know, that yelling and lecturing virtually every day). Tell them you want to change and you need their help in making it happen.

An important step is give the kids more responsibility. A kitchen timer, for example, is a great way to help young children finish that breakfast with time left to get dressed for school. For older kids, let them use an alarm clock, maybe on their phone, and have them agree to a "no-snooze-alarm" 2nd Worship...... 11:00 a.m. rule.

For both younger and older children there have to be consequences, discussed and agreed to ahead of time, if they don't stick to the time rules. They give up a favorite something if they slide back into the old ways. And you also need to set a consequence for yourself if you flip back into yelling and nagging to get them moving.

You can also make changes to move things along faster. No morning TV for starters and that cell phone can wait until after breakfast and getting dressed before it becomes the center of their lives.

Being more organized will also help. Have a designated place for backpacks and school books, and make sure they're in place before bedtime. School clothes get laid out the night before. Have a special in-box for school papers that need to be signed. If your child forgets to put the papers there after school, consequences should kick in.

CONTINUED PAGE 8



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ASBURY CHAPEL

UNITED METHODIST 8013W 1100S - 90, Montpelier

| Phillip Freel Jr, Pastor | | | | |
|--------------------------|--------------|--|--|--|
| Worship | 9:30 a.m | | | |
| Sunday School | 10:30 a.m | | | |
| Wed Carry-in & Fellowsh | nip 6:30 p.m | | | |
| DANIGUE CUDICTIAN CUUDCU | | | | |

BANQUO CHRISTIAN CHURCH

| 8294390 | UW 35 | | | |
|--------------------------|-----------|--|--|--|
| Harold Smith, Pastor | | | | |
| Sunday School | 9:30 a.m | | | |
| Norship | 10:30 a.m | | | |
| Bible Study | 6:00p.m. | | | |
| BOEHMER UNITED METHODIST | | | | |

Chad Yoder, Pastor Denise Heiniger, S.S. Supt. Sunday Worship 9:30a.m. **CENTRAL CHRISTIAN CHURCH**

Van Buren, Indiana 765-934-2199

Youth Group 4:30-7:30pm at SwitchUp Handicap Accessible Little Panther Preschool 765.934.2099

HEALING WATERS MINISTRY -5811 W 600 S, MT ETNA

Pastor Wavne Couch 260/515-2517

| 200/313-231/ | | |
|---------------------------------|-------------|--|
| Sunday Prayer | 9:15 a.m | |
| Sunday School | 9:30 a.m | |
| Worship Service | . 10:30 a.m | |
| Wednesday Bible Study | 6:00 p.m | |
| Sunday Evening Service | 6:00 p.m | |
| Daycare provided during Worship | | |
| DILLMAN UNITED BRETHREN | | |
| _ | | |

8888S 1100W-90, Warren 375-2779 Matt Kennedy, Pastor Worship Service 9:00a.m.

Sunday School 10:00a.m. HANFIELD UNITED METHODIST 101 N 400 E - Marion 765/664-8726

Timothy Helm, Senior Pastor 1st Worship...... 8:30 a.m. Sunday School 9:45 a.m.

THE NEW BEGINNING

SR 218. 2 1/8 mile west of Poneto Steve Sutton, Pastor 765/728-2065 for more info Sunday Worship...... 10:30a.m. Thursday Prayer Meeting 7:00 p.m. HERITAGE POINTE

Chaplains Gerald Moreland, Ginny Soultz & Dick Case Sunday Morning Worship 9:30 a.m. OTHER SERVICES BY ANNOUNCEMENT

Monday thru Friday Chapel Services 9:00 a.m. WARREN 1st BAPTIST CHURCH

727 N Wavne St. Warren 260-375-2811

office@warrenfirsbaptist.net Pator Rusty Strickler Youth Dir: Peter & Mindy Fairchild

Sunday School9:00 a.m. Sunday Worship10:00 a.m. Youth Group: Grades 5-12 ... Sun 11:30 Ekklesia (2nd Svc) Fri 7pm

HILLCREST

CHURCH OF THE NAZARENE 375-2510

Bus Service 375-2510 www.hillcrestnazchurch.org Sunday School 9:30 a.m. Worship 10:30 a.m. Evening Worship...... 6:00 p.m.

Wed. Midweek Service...... 6:30 p.m. SOLID ROCK UNITED METHODIST

Youth Group (Wed.)..... 6:00 p.m.

485 Bennett Dr, Warren, IN 375-3873

Paul Burris, Pastor Sunday School 9:00 a.m. Worship Service 10:00 a.m.

> LANCASTER WESLEYAN 3147 W 543 S, Huntington 468-2411

Doug Sharrard, Pastor Pam Thompson, S.S. Supt. Sunday School 9:30 a.m. Worship 10:30 a.m.

Wednesday: CYC/Teen/Adult Meetings 7:00 p.m. LIBERTY CENTER BAPTIST CHURCH

694-6622 Aaron Westfall, Pastor

Sunday School 9:15 a.m. Fellowship 10:00a.m. Worship 10:15a.m. Tues. Bible Study 7:00 p.m. Wed. Choir 6:30p.m. Monthly Meetings 1st Mon Ministry Team 7:00 p.m.

3rd Sat Mens Prayer Breakfast 8:00 am 4th Mon ABW1:30 pm

LIBERTY CENTER UNITED METHODIST CHURCH

Pastor Diane Samuels Morning Worship9:30 a.m. Sunday School 10:45 a.m.

THE CHURCH AT MCNATT

375-4359 Bill VanHaften, Pastor Lois Slusher, Supt.

Brittney Miller, Youth & Family Dir. Coffee Fellowship...... 8:30 a.m. Worship 9:15 a.m. Sunday School 10:30 a.m. Bible Study - Wed. 7:00 p.m.

> MT. ETNA UNITED METHODIST 260/468-2148 Sr 9 & 124

Rev. Michael Gallant - "Pastor Mike" Multi-Generational Worship 9:30 a.m. Fellowship 10:30 a.m. Sunday School 10:45-11:30a.m. Sunday Youth 6-7:30 p.m.

Come as you are for all services SALAMONIE

CHURCH OF BRETHREN

468-2412

Mel Zumbrun, Pastor Worship9:30 a.m. Church School 10:45a.m.

UNITED CHURCH OF CHRIST

375-2102

Pastor Scott Nedberg Youth Pastor Troy & Mindy Drayer Sunday Worship...... 9:30 a.m. Contemporary Service - Wed 6:30 p.m. Sunday School all ages 10:45 a.m. Youth Group-Wed 6:30 p.m. Communion 1st Sunday of the Month

VB CHURCH OF THE NAZARENE

765/934-3321 Parsonage Jeff Slater, Pastor

Jim Knight, Superintendent Sunday School 9:30 a.m. Adult Worship 10:30 a.m. Children's Church 10:30a.m. Evening Praise Hour..... 6:00p.m. Hour of Power (Wed) 7:00p.m.

VB UNITED METHODIST CHURCH

765-934-1431 Pastor Cindy Osgood

Worship Service 9:30 am Sunday School 10:30am Not Home Alone - Wed 3:00 pm Prayer-Bible Study (Thur) 7:00 pm UMW 2nd Wed 7:00 pm Little Ones Book Club 1st Tue 10:00 am Just Older Youth 3rd Tue 12:00 pm

www.vanburenumc.org WARREN CHURCH OF CHRIST

375-3022

Ethan T Stivers, Senior Minister Andrew Fisher, Youth Minister Liz Richardson, Childrens MinistryAsst.

Tara Bower - Secretary www.warrenchurchofchrist.org Fellowship9:15 a.m. Worship & Communion9:30 a.m. Sunday School11 to 11:50 a.m. Youth:

K-6th grade, Mon 6:15-7pm Jr/Sr Hi, Sunday 6-8pm WARREN WESLEYAN CHURCH

375-2330 6th & Nancy Sts. Warren

Rev. Allen Laws. Pastor Wesley Welch, Supt.

Sunday School9:30 a.m. Worship 10:15 a.m. Wed Bible Study 6:00 p.m.

FARRVILLE COMMUNITY CHURCH

11044 E 200 N, Marion, IN 765-934-3609 Pastor Al Soultz

Sunday Worship...... 10:30 am Sunday School Classes9:30 am Sunday Adult Bible Study...... 6:00 pm Thurs. Bible Study7:00 pm



AREA NEWS

MORE PAGE 1

Thursday evening from 6:15- Phone 260-375-2300. 7:30. The program will follow the Southern Wells School calendar in regards to vacation days and cancellations. Each meeting will be divided into three and small groups. For more information, call 260-273-0509.

HOMESPUN MARKET

Happy September! Mother tie breaker) Nature is knocking at our door with crisp air and John Morrison beautiful fall colors. Stop in and see the autumn door Dave Stamper pieces, grave saddles, glow in the dark trick or treat bags 70) winner: Steve Laymon and a variety of home décor accents.

Help us celebrate Homespun's anniversary! open house featuring gifts Yellow Tags and ideas for your holiday shopping. Come see us from 9:00 a.m. to 2:00 p.m. There the golf ball door prizes were will be door prizes and give Tom Jones and Larry Langdon. aways!

Don't forget True Envy Boutique's style show at the Everyone is Welcome! First Baptist Church on Saturday, September 14 from *A TRIP TO RHODE ISLAND* 2-4 p.m. Hope to see you there.

New product is arriving weekly! Visit our Facebook page which includes our new website address (under the "about" button).

If you need assistance when the store is closed please call Tamara at 260-228-0390.

Homespun Market at 427 North Matilda Street in Warren.....Hours Wednesday and Friday from

Sep 4 Noon

Sep 10 6:30p

7:00p

5:00p

Sep 4

Sep 9

SENIOR GOLF

Thursday August 29th Senior at Dogwood Glen Results:

1st Place: Dan Poulson, parts: large group, activity, Dick Bradford, Ez Harris, John Morrison posted a -5 score 31

> 2nd place : Jeff Souder, Mike Sheets, Steve Laymon also posted a -5 score 31 (Backed up from hole #9 for

Closest to #3 pin winner:

Closest to #6 pin winner:

Longest Drive on #7 (over Longest Drive on #8 (under

70) winner: Mark Laymon Thanks to the "Morrison first Family" for sponsoring this On Saturday, weeks golf ball prizes. There October 26 we will host an were 35 players with 2

> available, went which unclaimed. The winners of Remember: Sign up is @ 8:30 with tee-off @ 9:00....

Day #2 by Larry Ryan It's Father's Day! window seat on the bus was reserved for me today. Thanks to my wife. We left Hazelton, PA at 7:30am. and turned east on I-80 instead of heading north due to a reported traffic problem in Passed that direction. Wilkes-Barre exit where a former military colleague of mine resides. I hope that he is still alive. I predict that his

avoid the other option.

We passed one road-side doe who was analyzing her chances of crossing the Interstate highway successfully. Good luck. Our vehicle crossed the Delaware River into New Jersey at 8:45am. The bus followed the river for a while. We turned north on I-287 near Lake Hiawatha and entered New York state at 9:45am. Island below us in the bay.

The highway is also called skirts around NYC. We were fortunate enough to view the How Schools ARE Manhattan skyline through the haze.

entered The bus Westchester County, passed White Plains(a bland name), and crossed into Connecticut at 10:15am. Bypassed Old Grenwich, Stamford Station, and Glen Brook. passengers had a brief, long distance sighting of the north shore of Long Island through the lingering haze. Some intriguing business signs along I-95 were, "Romanic Depot" and "Honey Spot Lounge." Mmm!

The bus passed New Haven, Virtual CT which is home to Yale U. and the Trolley Museum, New London's Coast Guard Groton's Academy, and submarine base. A lot of people live in CT, but they don't out-number the trees.

After a tourist stop in Mystic, CT for lunch, the bus passed by Pawcatuk,CT(not to be confused with Pawtucut, RI)

10-6 and Saturday from 9-2, onerousness has helped him and crossed into the state of Rhode Island finally. Our ability driver bypassed Westerly, RI on I-95 to Hope Valley and exited on Highway 138 toward Newport. The bus traversed Narragansett Bay before twice reaching Newport. One bridge was a suspended, 2.2 miles long obstacle. There were several

I am looking forward to expanded

CHANGING TO IMPROVE STEAM LEARNING

(StatePoint) As STEAM learning has grown in prominence in classrooms across the country, so has the role of tools and resources facilitating this approach to

Here are five examples of how technology is supporting the integration of science, technology, engineering, arts mathematics classrooms today.

Lessons brought to life: reality in classroom has the power to immerse students in STEAM material more fully than ever before, while giving students with engineering proclivities the opportunity to create educational own content. As the cost of this technology becomes more accessible, a growing number of schools are benefiting.

· Visualized math: The to visualize mathematical concepts can support students' grasp of the material. And expanded features on the latest models of graphing calculators give students the ability to easily three-dimensional draw graphs such as planes, cylinders and spheres, and sail boats and a little, light view them from various house on the small, Rose angles in order to better analyze their shape. The features the New York Thruway and it exploring Newport tomorrow. improved catalog function of the fx-CG50 PRIZM graphing calculator, for example, includes a cross-section option and special zoom function, enabling students to further examine graphs for deeper analysis. Offering a color LCD with a full textbook-style display, students can even plot graphs over pictures of reallife scenes.

• Art lessons without the mess: New free and inexpensive educational apps give art teachers an opportunity to deliver lessons without the mess. From charcoal drawing to pottery to painting, the experience digital can faithfully replicate the real thing, so that young artists learn all the fine art principles needed to create a masterpiece.

 Accelerated music instruction: Research continues to support the vital role that music education plays in STEAM learning. And now, new tools are making it for educators introduce students to a wide scope of tones, rhythms and genres, and offer students an opportunity to learn at a pace that keeps them motivated. For example, the Casio CT-X700 portable keyboard for advanced beginners to intermediate players features a Step-Up Lesson system that displays proper finger placement notation, allowing users to easily learn songs. A USB-MIDI port connects to any Mac, PC, Android or iOS device so that the world of music is literally at the fingertips of students.

CONTINUED PAGE 4



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Celebrating 70 Years of serving the Warren Area

Sep 16 6:30p KBC Board Meeting at KBC Sep 18 7:00p V - Town Council Sep 23 First Day of Fall Sep 27 7:00p Heartstone Crossing at Riverside Park Bread of Life Food Pantry - Wed 2 - 4:00pm & 6 - 8:00p.m. at KBC Bargain Basement - Friday & Saturday 9 - 4 at KBC ; Cancer Support Group - 3rd Tuesday 6:30-8p.m. at Bluffton Regional South Campus

These Events Can Also Be Found at www.warrenweeklyindiana.com

SSF Planning Meeting at KBC

Community Calendar

Items listed here are open to the public. If there is an admission charge or

items are for sale or a donation is necessary, there is a one-time \$5 fee to

canceled, please notify WW.) Only event, place, time, and sponsor, for

events in Warren, and the surrounding area will be listed.

V - Town Council

W - Town Council

Events can be listed for as long as 6 months. (If an event is

W - Chamber of Commerce Luncheon @ KBC

AREA NEWS CONTINUED

MORE PAGE 3

• Better presentation: From sines and cosines to a map of the galaxy, no matter what subject is being taught, teachers know it isn't always easy to maintain the class's attention. But keeping students engaged is easier today, thanks to the latest generation of which offer sharper visuals and new educational solutions that help teachers maintain their momentum with modern, streamlined lessons. Those from the Superior Series from Casio save LampFree Projectors allow select teachers to presenter from anywhere in a classroom and project their device onto the screen, as well as control projection remotely using their own smart device anywhere in the classroom.

Today's students are not only deriving the benefits of integrative STEAM approach to learning, they have some of the coolest new tools to support their education.



THE 3 'D'S OF **DETERMINING YOUR** MEDICARE PART D PLAN

(StatePoint) Enrollment in Medicare Part D is on the rise. Having increased 12 percent since 2017, according to the Centers for Medicare & Medicaid Services (CMS), the projectors, popularity of prescription drug benefit may be due to the decline in the cost of basic premiums, projected to drop for the third year in a row.

Part D plans help people on the costs of prescriptions and knowing these three Ds will help you maximize those savings in

1. Drug Coverage: While Part D plans are approved by CMS, they're offered through private companies. So, as with any other type of insurance purchase, plans will vary in coverage and cost, allowing you to choose one that best fits your needs.

It's important to know that plans change year-to-year, so that covered your prescriptions in 2019, may not necessarily in 2020. Making sure the medications you take are covered by the

GOOD



you can afford will avoid plans offered in your area. costly surprises in 2020.

covered, but how. Each plan places covered drugs into tiers that are assigned a different copay; that's the out-of-pocket cost you pay Check the tier in which your enrollment, which runs from medication is covered.

2. Deductible: Don't rule out That's just one factor to need consider. For example, a \$0 enrollment will ensure you deductible deal may sound choose the plan that can best good until you realize your help your health and wallet medication is not covered. in 2020. When comparing plans, consider what experts call TIPS FOR PARENTS TO HELP the "overall cost," which includes the premium you pay monthly, the deductible you'll need to pay before your plan starts covering medication, and the copay. To estimate "overall cost," make list of your a medications. Then, check how each is covered by the plans available to you.

3. Due Diligence: If you're enrolled in a Part D plan, you'll receive an Annual Notice of Change (ANOC). All plans are required to mail the ANOC by September 30 and also post it to their website by October 15. That notice will inform you of the changes your plan will make starting January of 2020. Review this carefully.

If you're looking to add a Part D plan in 2020, start by making a list of the medications you take. On October 1 of every year, companies share information medications about what they're covering in next year's plans. You can then compare how medications you need will be covered and estimate the

This includes checking not to help you choose the plan checklist to compare plans is especially available roadmapformedicare.com, as well step-by-step instructions to help you Oct. 15 – Dec. 7.

> Empowering yourself now during open

TEENS MAKE THE MOST OF **DOCTOR'S VISITS**

(StatePoint) The transition childhood adolescence is a complex time for kids, but it's also a complex time for you, and you may find yourself unsure how to give your children more independence and when to stay involved. But when it comes to doctor's medical experts emphasize the importance of empowering teens to talk to their doctors one-on-one.

it's important for adolescents feel comfortable discussing their health care needs with their physicians," says Dr. Maria Trent, chair of the American Academy of **Pediatrics** Section Adolescent Health. "Often, it one-on-one conversations that teens are able to get the information and resources that they need to be healthy and safe."

When teens and young adults aren't sure if what they tell their doctors is confidential, they are less

<u>apa</u>) *Auto parts*

WARREN AUTOMOTIVE

128 N Wayne St ~ Warren

375-3401

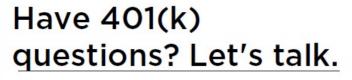
plan you choose at a price "overall cost" based on the willing to discuss sensitive topics or may skip care Want an easy-to-use guide altogether, suggests research published in the Journal of only if medications are that's best for you? A free Adolescent Health. This is true for report at adolescents who engaging in risky behaviors experiencing report psychological distress, when you fill a prescription. prepare for Medicare open meaning those who need care the most may not be seeking it from their doctors.

You, your teens and their plans on deductibles alone. with the information you'll doctors should work together to ensure that confidential, one-on-one care is a part of every visit.

> In an effort to increase the number of adolescents and young adults receiving preventive services, and to help you support your teen's journey towards independence and responsibility, here are some tips developed by the Adolescent Health Consortium, a collaborative effort between the American Academy of Pediatrics, American Academy of Family Physicians, the Society for Adolescent Health Medicine, and the American Congress of Obstetricians and Gynecologists:

- Understand the benefits of one-on-one time between "During routine doctor visits, adolescents and doctors and it priority. Confidential care is good for teens' health. If one-on-one isn't offered encouraged during the visit, consider volunteering leave the room.
- Prepare your teen for oneis only during confidential, on-one time with their doctors by explaining its purpose and benefits, and encouraging them to come to the visit with a list of questions to have answered. Let teens know that it's their bodies, their health, and their life, and that they should feel empowered to get the information thev need. Explain how patient confidentiality works, so teens feel comfortable addressing any health concerns they have.
 - Talk to teens about relationships, healthy choices, social positive media, as well as potentially

CONTINUED PAGE 6





MKT-5894I-A

Nicole Johnson, AAMS* Financial Advisor

2816 Theater Ave Huntington, IN 46750 260-356-7247

Edward **Jones**

MAKING SENSE OF INVESTING

GENEALOGY REPORT

Nix

G. of Mary Nix, 91, Huntington, IN, died Tuesday, Aug. 27, 2019, at 5:12 p.m. at Heritage Pointe of Warren.

Mrs. Nix graduated from Huntington Township High School. She was a member of SS Peter and Paul Catholic Church in Huntington.

She was born May 9, 1928, in Huntington County to Burr and Dessie Wiley Thompson. She married Kenneth C. Nix on May 8, 1948, and he preceded her in death on March 14, 1999.

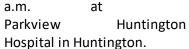
Survivors include two sons, Thomas (Nancy) Nix and David (Jo) Nix, both of Huntington; daughter, а Nancy Hower, of California; six grandchildren; and 10 great grandchildren.

A graveside service will be held Saturday, Aug. 31, 2019, at 10 a.m. in Mt. Calvary Tony Steinacker officiating.

Memorials are to SS. Peter and Paul Catholic Church Open Door, in care of Bailey- **SMITH** Drive, Huntington, IN 46750.

MANG

Ronald A. Mang, 72, of Warren, died IN, Thursday, Aug. 29, 2019, at 7:18



Mr. Mang was a graduate of Township Jackson School. He attended a trade school for mechanics in Chicago, IL. He was a member the McNatt United Methodist Church. He was a Wells County farmer, and repaired machines at Micr-Precision in Berne. He was a 50-year member of the Montpelier Masonic Lodge 600 F&AM, a member of the Fort Wayne Valley Scottish Rite and the Mizpah Shrine in Fort Wayne.

He was born March 7, 1947, in Grant County to Ralph R. and Lois Lloyd Mang. He Norma married VanWasshenova on March 10, 1990, in Wells County, and she survives.

Additional survivors are a daughter, Annette Marie

Roy W. (Ranay) King, of Fort Wayne; Arin (Greg) Brownstown, MI; grandchildren, Danielle M. Cody Worch, of Warren; and King, Richard D. Tyler, Jessica Tim Smith, of Indianapolis; M. Tyler, Ryan N. Tyler, and six great-grandchildren. Terrance D. Tyler and Aaron M. Tyler; and three great- by a son, Sam Smith. grandchildren.

Walker & Glancy Funeral with a Rosary recitation at 8 Howell, Mother - Geraldine daughter Park in Marion.

Diabetes Association, 6415 Castleway W. Drive 5635 W. 96th St., Indianapolis E. IN 46278.

Love Mortuary, 35 W. Park Donald E. Smith, 97, of Michael Bluffton, IN, and formerly of Howell, 81, of Huntington, IN, died Friday, Van Buren, IN, Aug. 30, 2019, at 4:10 am.

> Mr. Smith graduated from at 11:59 PM Huntington High School in on 1941, and served in the August United States Army in World War II in the European Theatre as a commander in the 777 Tank Battalion. He retiring in 1985 from Zimmer Warsaw. While by Memcor.

of the American Legion.

Goodmiller Smith. in Bluffton.

Larry (Paula) Smith, of former member of the Huntertown, and Michael Indiana Smith. (Patty) Indianapolis; a daughter, Lynn (Randy)Worch, Warren; five grandchildren, Windsor, NC, Michael J.

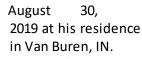
six Grissam, of Reading, MI;

Calling is Wednesday, Sept. 2019, from 6 p.m. to 8 p.m. at Special Friends - Cortney & 4, 2019, from 6 p.m. to 8 p.m. Deal-Rice Funeral Home- John Prater. Friday, Sept. 6, 2019, at 10 mass at St Mary Catholic Sister-Patty Strobe. a.m. at the funeral home, Church, 903 N. Jefferson St., with Rev. Bill VanHaften Huntington. Rev. Steven gather Post 2689.

Memorials are to St. Mary Indianapolis IN 46250, or Catholic Church, in care of Cemetery Chapel, with Rev. the American Cancer Society, Deal-Rice Funeral Home, 338 Washington Huntington, IN 46750.

HOWELL

passed away Friday, 30,



He was born on Wednesday, December 15, 1937, in Grant was an industrial electrician, County, IN. He married Joyce Howell on Tuesday, October 01, 1963 in Virginia. Michael Huntington he was employed was a high school graduate of Marion High School. Michael He was a lifelong member retired from the U.S. Navy of St. Mary Catholic Church, after 20 years of service. Mr. Huntington, where he was a Howell worked as a baker at member of the Holy Name Vogels Bakery in Hartford Society, and was a member City and at Walmart in survives. Angi was a 1979 Marion. He was a former graduate of Blackford High He was born Jan. 27, 1922, in member of Brown-Doyle School. She formerly worked Huntington to Ray and Dessie American Legion and was a at Frosty's, Kitco, Peyton's, He current member of the Metaldyne, Sheller Globe married Mary Lou Bowers on Marion American Legion Post. Oct. 2, 1948, at St. Mary Michael was a former Catholic Church, and survives member of the Van Buren Fire Department and the Also surviving are two sons, V.F.W. Post. He was also a of Firefighters Association.

Survivors include his Sons of Robert C. (Linda) Howell Sky (Christian) Fuller, of New Howell, Jr., Van Buren, IN,

Fairmount, Parsons, Linda (Pat) Collins, Lakeland, the Calling is Monday, Sept. 2, 7 Great Grandchildren, and Corner Church in Pennville.

to share

Main Street Van Buren at Kegerresis, 11:00 AM on Thursday, Carpenter, September 05, 2019 with the Carpenter, Lucinda Pastor officiating. Interment will Trinity D. Marcum. follow in the Van Buren Cemetery in Van Buren with by her Mother- Rita E. (Davis) the U.S. Navy conducting Military Rites.

SMITH

Angela R. "Angi' Smith, 58, of Pennville, IN, passed away unexpectedly at her home on September 1, 2019.

1961 in Hartford City, IN to Gary W. & Rita E. (Davis) Rogers. She married Timothy Raymond Smith on Mary 7, 1979 in Huntington, IN, he

Angela was born on March 18,

Tyler, of Phoenix, AZ; a son, Berlin, WI; Jordan Nordvik, of Daughter - Dawn M. (Eric) and Pennville Pantry. Angi IN, enjoyed being with her Brother - John (Sarah) Finch, family, computers and bird Marion, IN, Sisters-Roberta watching. She was a member (Phil) Corey, Marion, IN, of the Winchester Order of Eastern Star He was preceded in death FL, Denise (Gary) Cromer, American Legion Auxiliary. Upland, IN, 8 Grandchildren, Angi attended the Walnut

Angi will be missed by her husband Timothy R. Smith, and Thursday, Sept. 5, 2019, Huntington Chapel, 338 E. He was preceded in death son Timothy J. (Lydia Claire) from 2 p.m. to 8 p.m. at Washington St., Huntington, by his Father - James J. Smith of Montpelier, IN, Emily Rene' Home, 109 W. Windsor St,. p.m., and Tuesday, Sept. 3, Finch, Wife - Joyce M. (Nicholas) Ellis of Pennville, Montpelier. A service of 2019, from 9 a.m. to 10 a.m. (McDaniel) Howell, Daughter IN, step son Chad Carpenter celebration will be held preceding the 10 a.m. funeral - Michele R. Wallace, and of Portland, IN, father- Gary W. Rogers, Montpelier, IN, Family and friends may brother Jeff Rogers of Poneto, and IN, sisters Jaylyn (Chris) officiating. Interment will Colchin will officiate. Burial remember at Ferguson & Gaglione of CT, Jodie (Kenny) follow in the Grant Memorial will follow in Mt. Calvary Glancy Funeral Home 201 N Hummer of Montpelier, IN, Cemetery, with graveside Main Street Van Buren on Edwina (Dan) Ocasio of Memorials are to American honors presented by VFW Wednesday, September 04, Montpelier, in-laws Clyde & 2019 from 2:00 PM to 8:00 PM. Darlene Smith of Pennville, A service to celebrate his IN. 9 grandchildren Timothy life will be at Ferguson & W. Smith, Tiffany E. Smith, Glancy Funeral Home 201 N Talia M. Smith, Isaiah J. Chad Α. Cheyanne **Jasmine** M. Osgood Carpenter, Onan M. Ellis and

> She was preceded in death Rogers.

Family and friends may gather to share and remember at Walker & Glancy Funeral Home 109 W. Windsor St. Montpelier on Friday, September 6, 2019 from 1:00 PM to 5:00 PM. A service to celebrate her life will follow at 5 PM with Rev. Steve Rogers officiating.

Memorial contributions may be made to the Pennville Fire and/or Police Dept.



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AREA NEWS CONTINUED

MORE PAGE 4

sensitive topics, such as but time and dedication. substance use and sexually transmitted prevention, gender identity more. concerns.

healthychildren.org.

Experts say that confidential, recorder one-on-one care can help teens make the most of their inspiration. doctor's visit. As a parent, discussions between doctors need.

5 COOL IDEAS FOR SELF-IMPROVEMENT MONTH

(StatePoint) There's no good reason to wait until the new year to focus on selfimprovement. There's also no excuse. September is Self-Improvement Month, and a fine time to learn a new skill, take up an old hobby or set a goal.

Here are five cool ideas to try out over the course of the month:

• Start coding: Whether you want to switch careers and become a software or web developer or simply take up a new hobby, learning to code can open up a world of possibilities, while keeping your mind active and vital. And these days, free online tutorials available in dozens of programming languages, can help you get started

HRES IN Ltc. #AC69200019

- Learn to play piano: infection Learning musical instrument can improve and sexual orientation and focus, enhance memory and Regular reduce stress. For a fast-track communication at home can to playing songs skillfully, for change and growth. lead to greater trust and a check out the Casio CT-X700, bigger chance that teens will which features a Step-Up 5 REASONS KIDS SHOULD about health Lesson system to easily learn songs from the keyboard's More parent resources and built-in library. The display can be found at shows proper fingering and notation, and a six-track allows you to quickly capture your
- Set a reading goal: You you can actively promote don't have to be a student to complete a reading challenge. and patients that will allow Whether it's to read 5 nonteens to get the care they fiction books over the course of the month or get through that classic tome that's been sitting on your bookshelf for years, give yourself a reading goal to achieve this month.
 - Get outdoors: Spending time exercising in nature has powerful physical mental health benefits. Give yourself the motivation needed to get outdoors with a wearable device, such as the WSD-F30 Pro Trek Smart Outdoor Watch, which includes a built-in compass, altimeter and barometer, as well as a slew of fitness and nature apps designed to promote wellness and help you better appreciate your surroundings.
 - Start saving: If you don't have a savings account, think about opening one during the month of September. Make it painless by having the fund draw automated monthly payments from your

al Estate Services REAL ESTATE & FARM MANAGE 800.424.2324 | halderman.com HLS# SFC-1237# (19)

Long before writing up resolutions, celebrate Self-Improvement Month, perfect mid-year motivation

PLAY OUTSIDE MORE

(StatePoint) Whether it's dance lessons, computer projects, art class or yoga, kids these days are busy bees. And while such activities are enriching and fun, experts say that many kids aren't spending enough time doing something much simpler and every bit as important as structured programming: playing outdoors.

"Finding time for the kids to play outside can be such a challenge for parents," savs Keri Wilmot, a pediatric occupational therapist and an expert contributor TheGeniusofPlay.org. "As a parent I worry about 'stranger danger' or whether my kids will be able to navigate social issues on their Without own. spontaneity, playtime has lost some of it's fun."

Outdoor play is necessary healthy child development, according to The Genius of Play. The initiative, whose mission is to raise awareness about the importance of play and help parents make play a critical part of raising their kids, is benefits of sharing five unstructured outdoor playtime:

- Physical Development: Research has shown that physically active kids tend to be leaner and healthier, while an inactive childhood can lead to a sedentary (and likely unhealthy) lifestyle in adulthood. Furthermore, physical play builds gross and fine motor skills necessary for success in school and beyond. Hanging from the monkey bars, for instance, helps kids develop the hand muscles needed to grip a pencil.
- Risk-Taking: Through outdoor play, children are given the opportunity to step

without any tools required checking account. Then sit outside their comfort zones reduce back and watch your savings and try new things. While depression. ride without training wheels, According to a or the first trip down the big University needed to pursue a future that career, start a business, or handle life's challenges.

- games played outdoors can help build social skills and kids to directions. From games as visit TheGeniusOfPlay.org. simple as tag, to those with basketball, outdoors. communication. teamwork and other important social WHY CHILDREN SHOULD skills are developed during outdoor play.
- Problem Solving: Children's imaginations are often stimulated by the world around them. Being widens outside their horizons and can encourage kids to tap into their creativity in order to come up with solutions to challenges, such as learning how to build a sandcastle or figuring out different ages is not just a how to climb up a jungle gym.
- Reducing Stress: So much outdoor play involves activity, thrilling physical moments and a sense of freedom, all of which can boost endorphins, helping to lower stress levels and

anxiety Interestingly, taking risks won't always simply touching dirt when lead to success on the first creating mud pies or digging try, moments like a first bike for worms can be beneficial. study, slide in the playground, are types of "friendly" bacteria in critical for building the soil have been found to confidence and resilience activate the group of neurons produce serotonin, which contributes to a many feeling of well-being and happiness. So, don't be • Social Skills: Childhood afraid to let your kids get a bit dirty out there!

> For play ideas, expert advice follow and other play resources,

Playtime is essential for more complicated rules, like children. To promote health, 'Kick the Can," "Capture the happiness and confidence, Flag," and sports like soccer be sure some of it is spent

SPEND MORE TIME WITH THEIR GRANDPARENTS

(StatePoint) Play is important for everyone, no matter their and when grandparents, parents and children play together, that's where the real benefits of unstructured fun discovered.

"Play time with adults of chance for families to bond, these interactions with positive role models can help children develop a range of important social, language and problem-solving skills,"

CONTINUED PAGE 8



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AREA NEWS CONTINUED

MORE PAGE 6

expert contributor TheGeniusofPlay.org.

Adults benefit from play time too. As one grows older, the free unstructured fun with replaced with structured activities like sports, card and solving games crosswords. Time spent with youngsters can keep adults young and give them a chance to relive more carefree days.

whose mission is to raise about awareness the importance of play and help parents make play a critical three reasons why intergenerational play good for young children:

- collaborative, learn encouraging cooperation and favorite honesty.
- Spending time with older new! adults helps children understand how aging works, and and later accept their own
- Grandparents are storytellers and their wisdom and experience can open children's horizons further, as well as ignite imagination and creativity.

When it comes to adults, play intergenerational beneficial in the following ways:

- Children bring innocence, Association. joy and laughter to any situation, helping adults reduce stress.
- Active, busy play time can keep an older adult vital and healthy. Indeed, those that play with children burn more calories, experience fewer falls and become less reliant on walking aids, according to studies.
- Play time is good for an aging adult's mental and emotional health. Games can help seniors maintain cognitive skills and retain memory, and the quality time with children can prevent feelings of loneliness and boost positivity.

says Dr. Amanda Gummer, or somewhere in between, sportsmanship. child psychologist and an these three tips from The Genius of Play can help you advice and resources for make the most of the time families, together:

- Share your favorite games your grandchildren. intergenerational enjoyed in childhood is often From hide-and-seek to hula- beneficial to everyone along hoops, introducing them to the games you played years ago is a great way to connect and make new memories.
- Give children an opportunity to express themselves by letting them share their ideas for what According to The Genius of they want to play with you. Play, a national initiative They'll be more enthusiastic about participating if they to call the shots sometimes. In today's techsavvy world, grandchildren part of raising their kids, here might want to play with a toy that uses augmented reality is or teaches coding skills. This can be a great way to engage • Unstructured play tends to with them on their level and more about their activities. Plus, you'll be learning something
 - Let your grandchildren win game lose the sometimes. This is a great chance to boost self-esteem

Whether you're young, old while learning about good

For more play ideas, expert TheGeniusOfPlay.org.

play for the fun. Be sure to carve out play time for your family, with older relatives.

3 TIPS FOR FINDING A LOST Dog

(StatePoint) Dogs are important and adored members of their families, however, millions go missing every year. The reasons are varied and probably not all that surprising. A curious dog might jump over a fence or dig a hole under one. A pup might sneak out a door or gate inadvertently left open. Worn or broken leashes or collars could also allow a dog to escape your control.

Regardless of how a dog is lost, what matters most is getting your pup back home. Here are three important steps to take before and after a dog goes missing:

1. Before your dog ever goes missing, you can help protect Leverage your pup. innovative technology designed to reunite dogs with the people who love There's no doubt about it, them, like the recently launched Wag! Tag, a smarter dog tag from the dog walking and sitting app Wag! Pet can use parents particularly when visiting smartphones to scan the unique code found on the tag to create a profile for their important dog with information, such emergency and veterinary contacts, vaccination history, food and medicine allergies, and other relevant notes. If your dog ever goes missing, the person who finds your pup can scan the Wag! Tag with their smartphone to access the dog's profile and contact you. The additional information on the profile can help that person contact someone else if you're not available, as well as ensure

your dog receives good care

until you're reunited. "Our

love for dogs is what led us

to launch the Wag! Tag," says

Wag! CEO, Hilary Schneider.

"A smarter dog tag will help a

lost pup return home more

quickly by allowing a pet

parent to share a lot more

information than is possible

with a traditional dog tag."

Wag! is launching the tags by first providing them free to animal shelters and rescue organizations to help ensure that once rescue dogs find forever homes, they can be quickly reunited with their families if they ever go missing. The company has a long commitment to helping shelter dogs, donating a portion of its dog-walking proceeds GreaterGood.org's Rescue Bank. To-date, Wag! has provided more than 8 million meals to shelter dogs in the U.S. For more information, visit

tag.wagwalking.com/shelter.

- 2. Use social media to get out the word. Post to your own feed, asking friends and neighbors to share your post. Reach a wider audience by sharing your post on the pages of local community groups.
- 3. Of course, don't neglect the traditional tactic of pounding the pavement, asking your neighbors if they've seen your pup, as well as posting fliers in highlytrafficked areas in your community. Be sure to include a recent high-resolution picture of your pet. And of course, keep your eyes open!

You can imagine the heartbreak that a lost pup brings. Luckily, new technology as well as oldfashioned neighborly networking, can help ensure a happy reunion.

MORE PAGE 2

There's no perfect cure to school morning craziness, but making the kids shoulder more of the responsibility, and giving them a system to help make things more organized, can not only make that morning rush more civilized, but can also provide skills that will help them throughout life.

Counseling Corner" is provided by the American Counseling Comments and questions ACAcorner@counseling.org or visit the ACA website at www.counseling.org.



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